

JOHN P. BETTON





*The Forrester Belton.*



Practice of medicine

by

Benjamin Rush.

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unhappy child

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# The Practice of Medicine

It is sometimes attended with faintness & a suspension of motion, weakness sometimes so great, as for the patient to be fatigued by the least motion; even speaking will tire him, again we see patients walking until just before death. It generally terminates in a few days, but it is sometimes protracted for several months. It is then called Dysentery or chronic dysentery. Dissections show the following marks in dysentery 1<sup>st</sup> no marks of disease this is noticed by Dr. Linnemann, the bowels in this case were diseased, beyond, Inflammation, we may suppose death to have come on before Inflammation could have taken place. 2<sup>d</sup> Inflammation, 3<sup>d</sup> a membrane 4<sup>th</sup> pustules on the Intestines, 5<sup>th</sup> tubercles 6<sup>th</sup> gangrenes, tho' this is rare, 7<sup>th</sup> the Inner membrane of the small Intestines abraded 8<sup>th</sup> diseased Liver 9<sup>th</sup> enlarged spleen, Dysentery submits to the laws of Epidemics & the remedies should be accommodated to the different forms, It is malignant, Inflammatory, Mild or typhoid & Intermittent, It prevails more in high than low situations, it appears in heights under which there is perfect







health, it affects country people more than those of the town, owing  
 to the continued use of cordials by the latter, it alternates every year  
 or two with the bilious or yellow fever, it changes in the same year  
 and in the same person alternates every year or two sometimes begins  
 as a dysentery & ends as a bilious fever, Dysentery sometimes prevails  
 in one part of the city, while the bilious fever exist in another, both  
 requiring the same treatment, It sometimes terminates in Ophthalmia  
 Dr. Clarkson informs us that it sometimes ends in salivation.  
 It is more fatal to children & old people than those of a middle  
 age. It spares no age nor will any mode of life be exempt from  
 it, It is more common among the blacks of the W Indies than the  
 whites. If it occurs in the beginning of a rainy season it is more  
 easily cured & vice versa, There is a disease in Guat in South  
 America which is similar to dysentery is called (Valuello  
 or Veho, it is cured by thrusting a piece or a whole lime up  
 the rectum, this is mentioned by Barron Humboldt. are there  
 remedies to prevent this disease, Yes, during its predisposition  
 a gentle purge will prevent it, purges of salt water will have the  
 same effect, I heard of a commander who carried his soldiers to  
 salt water every morning. & made them drink  $\frac{1}{2}$  a pint each  
 this practice was an effectual preventive to the disease, when  
 salt water cannot be obtained sulphat of soda may be







used. Bleeding with equal propriety, the remedies should be suited to the state of the system & the prevailing epidemic, when the system is prostrated below the point of reaction in the first stage of the disease all depletions should be avoided, Vomits, purges, &c. have frequently caused death in such cases the proper remedies are wine, bark, Laudanum, cordials, and cordial injections.

### Inflammatory state of Dysentery.

Here we must again be regulated by the pulse pain &c. If generally requisite, I have performed this operation from 1 to 20 times in a patient with success, this was when it preceded the fever. Dr. Clegborn always used to bleed when it came on with chilliness & with no discharge of bile. Purges are always proper & ought to be repeated often, Castor oil, Linseed oil, sweet oil, Chrysol of tartar, & sulphur are proper. the domestic medicines are fresh churned butter, milk in large draughts, Sir John Pringle recommends Calomel & rhei, but they should never be used untill others fail, to assist clysters should be used, Vomits have been forbidden if there is much nausea, they are necessary. Liners have been used salt water, sal soda alone cured our prisoners in Tripoly, are sweats proper; Dr. Monro speaks highly of them tho' I think them injurious unless they be pointed out by nature, diluting drinks should be used.





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flaxseed tea, Gum arabic, rice water, arrow root water & perhaps the following prescription which varies but little from what I have told you before will be the most valuable in dysentery. Mutton suet with milk, hazle nuts, tallow & starch, Chalk salt of tartar tallow & starch, gum arabic & Laudanum should be ingested. Blisters are proper to be applied, to the wrists or belly, the skin & bowels act on each other as antagonising muscles, I have heard of two cases of men who were cured of dysentery by being whipped. Opates should be given after the reduction of morbid excitement, if given before the pain is thereby increased, Opium should be given in small doses during the night & large during the night, towards the close of the disease it should run into an Intermittent form, Bark should be used if Chronic a salivation, the last has now become common, the practice must be varied &c. in different years. D<sup>n</sup> mentions that during 60 years practice he never saw the dysentery alike in a successive year, here I will propose two remedies often successful in this disease 1<sup>st</sup> Lying on the belly & 2<sup>d</sup> smoking tobacco, when it assumes a mild &c. is seldom proper, but cordials should be used when pain becomes periodical bark & Laudanum should be used, Remember Gentlemen what I told you a little while back that dysentery like the yellow fever changes every

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every year & that a change of the remedies are consequently necessary  
 It may cure this year & it may fail the next & purges takes its place.  
 The Spaniards on the missisipi river seldom recovered of a dysentery  
 while the americans are almost sure to recover, This is owing to the  
 influence of diet, as the spaniards had for their breakfast 4 pods  
 of pepper, one herring & a spoonful of sweet oil mixed, In cases of  
 great weakness the patient should not rise from his bed to evacu-  
 ate his fecis, a bed pan or old cloth should be used to receive them  
 in, The pain of tenesmus may be cured by an injection of Laud-  
 -anum & sweet oil each a table spoonful, Equal parts of  
 sweet oil & Laudanum applied to the anus spread upon a piece  
 of tow is useful in tenesmus, it acts like a charm in easing the  
 pain, the Chronic dysentery is cured by a salivation riding on  
 horse back &c. Dysentery ends 1<sup>st</sup> In health, 2<sup>d</sup> In Chronic diarrhoea  
 3<sup>d</sup> In palsy 4<sup>th</sup> In rheumatism 5<sup>th</sup> In dropsy, 6<sup>th</sup> In tetanus  
 & typhus, the <sup>most</sup> favourable symptoms are 1<sup>st</sup> a discharge  
 of dead worms, 2<sup>d</sup> suppression of urine, 3<sup>d</sup> fecis ultimately mix-  
 ed with blood, which shows that some vessels or vessels are bro-  
 ken high up in the intestines, Hemorrhages are more alarming  
 sunken countenance, restlessness Thiccup &c. & a squeaking voice  
 are all fatal symptoms, Is this disease contagious, Only by ex-  
 cretion, It is most certainly contagious from human mias-





muta. I deny that the dysentery ever spreads in a way similar to that in which the small pox is disseminated. I shall conclude my account of this disease by two remarks 1<sup>st</sup> that when left to itself it is generally fatal; 2<sup>d</sup> that there is no disease so completely within the power of medicine.

## Cholera Morbus.

This is a form of bilious fever, It is attended with a bilious discharge both upwards & downwards, it is also attended with cramp &c. it is excited by summer fruits, night of cold air &c. the remedies are to be suited to the reigning epidemic & the pulse & since the year 1793, I have bled children in this disease with great advantage, Opium in this state does harm, In a moderate state of the disease, cordials are serviceable, as warm toddy, pepper mint tea &c. & warm embrocations on the abdomen, hot drinks &c. milk will stop the vomiting when other remedies fail.

**Bilious Colic** This is known 1<sup>st</sup> by bilious fever being epidemic or preceeding it 2<sup>d</sup> by being ushered in with a chilly fit this distinguishes it from Cholice, 3<sup>d</sup> by a discharge of bile upwards & downwards 4<sup>th</sup> by the pulse being more or less tense or active, It has occurred in spasmodic cases in time of our yellow fever, the remedies are of purging the sections.

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## Introduction

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Blisters, warm bath, if all these fail then by a salivation, this last  
 unblocks the bowels as soon as the mouth is touched, thus Gentlemen  
 have I finished our account of the summer & autumnal disease  
 for the means of obviating the effects of miasma in producing  
 those diseases I refer you to the 4<sup>th</sup> vol of my Inquiries —

We proceed next in order to treat of Pulmonary forms  
 of fever, in which are included, Pulmonary, Catarrh, Influe-  
 nza & Pulmonary consumption. I first off

*Pneumonia Vera*. In this the pain is not  
 always confined to the side, it extends sometimes to the  
 shoulders & kidneys &c. 2<sup>d</sup> we see the disease very acute  
 sometimes without pain, 3<sup>d</sup> without cough as in the Yellow  
 Fever, this is the worst state no cough sign of Inflammation  
 of the pleura. In the most violent cases when the stomach  
 & lungs are very much excited they are diseased below the  
 point of reaction & sometimes below the point of sensibili-  
 ty & consequently a cough cannot be produced 4<sup>th</sup> the pul-  
 se is often depressed, the system is then prostrated below the  
 point of reaction, In this case the pulse is raised by V of which  
 indicates the necessity of depletion 5 a person once having  
 pneumonia is more subject to it afterwards this is by leav-  
 ing the lungs in a weak state & cold air & fever always

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always determines to a weak part. I attended a patient in the  
3<sup>d</sup> & 4<sup>th</sup> attack, it<sup>th</sup> it rarely occurs in countries uniformly cold  
or warm, In consequence of the uniform climate of Canada it  
is seldom there, Pneumony is a symptom of or is induced by  
gout; Influenza small pox, catarrh contusions of the breast  
gun shot wounds &c. Measles, dysentery & diarrhoea suddenly  
checked & repelled eruptions, suppressions of the natural sweat  
Glanders, Malignant fever falling on the breast. &c. The reme-  
dies are accommodated to the state of the system. Cer-  
tain states of the system require the loss of 8 $\frac{1}{2}$  while others  
require from that to 140 oz. Some authors say it is improper  
to bleed till after the 4<sup>th</sup> 5<sup>th</sup> 7<sup>th</sup> or 11<sup>th</sup> day but they are mistaken  
if it is necessary as long as the pulse indicates it from its ten-  
sion or fullness, or as long as there is a fever / more if one ne-  
cessary in contusions. I have taken upwards of 100 oz. of blood  
in two days & have bled 4 times in one day with the very  
best effects if not called sooner we may be called in its lat-  
ter stage, I have bled after the 5<sup>th</sup> day with advantage  
the state of the system alone should influence us.

Bleeding on the affected side is preferable to the other, the  
blood vessels being often more excited on one side than the  
other. The pulse will require bleeding even after an

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Abscess is formed or broken, for which when properly man-  
 aged it may be considered as a cure, the 1<sup>st</sup> 2<sup>d</sup> & 3<sup>d</sup> bleed-  
 ing will seldom be necessary. 2<sup>d</sup> laxative medicines these are  
 especially necessary when the disease is accompanied with  
 bile, Calomel, neutral salts & antimony, blisters if applied  
 at a proper time suspend the cough often in one night  
 recollect the unity of the skin & that diseases of the bowels  
 are often cured by blisters to the extremities, side breast  
 &c. after the 2 or 3 day or cuppings are proper if the sys-  
 tem be previously reduced, the blisters may be applied in  
 violent cases before the system is reduced to the blistering  
 point, as the stimulating effects to the whole system is coun-  
 terbalanced by the depletion it creates, diluting drinks  
 with seneka & antimonial pills are proper, also Opium  
 in small doses at first after the system is reduced, as soon  
 as the cough comes on give demulcent drinks such as flax-  
 seed barley water, apple water &c. raisins, barley, water  
 & a little nitre sweetened with honey is an excellent drink.  
 Are Expectorants proper? Horse radish tea, Oxymel of  
 squills are 2 good expectorants, & 10, provided it has been  
 sufficiently used, but when the arterial system comes to  
 sympathize with the Lungs also when it is not perform<sup>ed</sup>

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in due time Obstructions have to be place then expectorants  
 may be used, Emetics are proper, when there is much phlegm  
 they have snatched many persons from the grave; Cupping be-  
 tween the shoulders, Even when expectorants have been used it  
 would be proper to facilitate the discharge of matter or a D.  
 Sydenham expresses himself, "to draw the cough by the veins"  
 little blood coming from the lungs is unfavourable, a diarrh-  
 -ea is unfavorable, dissolved blood on the 5 day is alarming  
 on the 2<sup>d</sup> not so much, when the pain is on the left side it  
 is more dangerous but of a shorter duration, when the pain  
 passes to the arm or back it is favourable but when it de-  
 scends unfavourable. — The proper expectorants are, squil-  
 gum ammoniac & volatile salts. when delirium occurs  
 about the 5<sup>th</sup> day it is an alarming symptom, the tinct Can-  
 tharides with camphor so as to induce strangury has been  
 given in the last stage of the disease with efficacy.

*Pneumonia Notha*, this is known by a pre-  
 vious increase of debility, It occurs in springs after sickly au-  
 tumns & generally in old people, the lungs are suffocated or  
 engorged & I have called this engorgement an Apoplexy  
 of the lungs the pulse is soft weak and regular. this Pneu-

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monia & vera are sometimes blended together in this case  
 the pulse is tense. It is common 1<sup>st</sup> to old debilitated people  
 2<sup>d</sup> to drunkards. 3<sup>d</sup> It is more common in the spring & in  
 moist than dry climates & in south than north. 4<sup>th</sup> It comes  
 on more frequently in the night 5<sup>th</sup> It attacks & fixes in  
 one posture, I knew a Gent. in this city to be taken as he was  
 sitting up on his chair in a leaning posture upon the palms  
 of his hands & elbows from which situation he could not  
 raise himself 6<sup>th</sup> without a cough 7<sup>th</sup> sweat on the breast  
 and head 8<sup>th</sup> sometimes kills in a few hours like a prople-  
 xy of the brain (it is the apoplexy of the lungs) & sometimes not  
 for days. I once attended a Gentleman in the third attack  
 of this disease who died in 2 hours after the attack.  
 Dr. Galzell says he knew it among the negroes of the W.  
 Indies, there lungs are too weak to react to the state of  
 Inflammation 9<sup>th</sup> it is a symptom of gout, Pulmonary  
 consumption yellow fever & Influenza, Its cure consists  
 in copious & prompt U<sup>r</sup> of 20 or 30 oz should be taken at a time  
 from that to 100. In some cases one U<sup>r</sup> will be sufficient, but  
 here the pulse should be our guide, after U<sup>r</sup>. blisters to the  
 wrists breast side &c. & sometimes Vol alkali.

The blisters should be applied to the shoulders arms





at the same time, & assisted by sinapism in great depression, Laudanum should be given in large doses after the vapours of hot water or the smoke of resin received into the Lungs, they rouse the lungs from their torpor & prevent a second congestion taking place in them, hot water to the extremities, warm water poured up on hot Iron, & the vapour inhaled, I once had a patient with a violent attack of this disease, his respiration was very difficult, having no hot water now time to wait, I immediately poured water upon an Iron under his head & mouth & suffered him to respire it, in a few minutes I asked him how he felt? his reply was that he was a million times better — we are not however to expect that these diseases are easily distinguished from each, for they are often blended together.

## Bilious Pneumony

In this they are two morbid actions, one in the lungs & blood vessels & the other in the Alimentary canal, It is known by the redness of the eyes, sickness vomiting, black tongue a low pulse it often begins with a synocha & ends with a typhus & vice versa treacherous remissions or more properly prostrate paroxysms occur in this form of Pneumonia, the Synocha & typhus states in this form of Pneumonia are often so mixed & blended, that the indi-



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rations of cure are with difficulty discovered, a mixed treatment  
 partly stimulating & partly depleting are sometimes to be pursued  
 1<sup>st</sup> by prevailing in Epidemics of a bilious kind, 3<sup>rd</sup> by prevail-  
 ing late in autumn & in springs months after the prevalence of the  
 bilious fevers. There are two forms of this disease, the first with a  
 Typhosa pulse & the 2<sup>d</sup> with a typhus or typhoid pulse, the reme-  
 dies for the first are frequent & copious & much more so than  
 in Pneumonia Notha, there being too action to subdue instead of  
 one 2<sup>d</sup> after & the daily exhibition of purges with Calomel which  
 should be assisted with Clysters 3<sup>d</sup> vomits if the system should be  
 affected with bile 4<sup>th</sup> blisters &c. For the 2<sup>nd</sup> in which the system  
 is prostrated below the point of reaction & a great difficulty of brea-  
 thing, quick breath &c. weakness sweating &c. Snow and then a  
 soap bubble tension in the pulse occur, the remedies are Emetics  
 for free & cannot be used with advantage, gentle purges or gly-  
 sters cupping after which stimulants as wine, bark, Laudanum  
 Hol seltz, snake root, &c. should be used, I bled a student in this  
 disease in consequence of which he was evidently worse, I then  
 used cordials & cured him, I injured an other patient by & al-  
 tho' his pulse was active, I cured him by bark Laudanum &c.

**Catarrh** this arises from cold &c. It is an atmo-  
 spheric disease & derived from the sensible qualities of the air



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sudden changes from heat to cold & vice versa, from the operation of these vicissitudes it is most frequently in G<sup>r</sup> Britain & the U States it is hardly known in Russia, —

2<sup>d</sup> It is induced from the application of cold to one part of the body. 3<sup>d</sup> by cold applied when there is sweat. —

4<sup>th</sup> Cold when long applied tho' not intense. —

5<sup>th</sup> It is induced by fear, distress & vexation, Cold when uniform when combined with moisture will not produce it, this is a singular fact hence it is rare in holland, Many of the catarrhs of our country are brought on by sitting in a warm room with a current of cold air passing thro' it, after it is formed it is occasionally contagious. It affects the schneiderian membrane, Bronchiae, & pulmonary Arteries when it affects the first it causes sneezing, when the bronchiae coughing & when the pulmonary arteries abscesses, It is most dangerous and obstinate in the summer, Children as well as adults are affected by catarrhs, the former in consequence of a more copious effusion in the vital parts & being less able to bear them, fall often victims to it.

*Influenza.* This is often the precursor of the yellow fever & often succeeds it, It affects brutes also savages, in which it differs from Catarrh from cold which never affects the last. The remedies for Catarrh & Influenza, divide them—

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themselves into 2 kinds viz 1<sup>st</sup> those for the forming state & 2<sup>d</sup> those for the state when formed. the remedies for the forming state are Pediluvium, abstinence, apple water, vinegar & molasses, diluting drinks, when the disease is formed the remedies are v<sup>e</sup> according to the state of the pulse from 1 to 20 & if necessary, there are cases, where not only a tense but a ~~fast~~ soft pulse calls loudly for the lancet the v<sup>e</sup> not only cures the disease but prevents Pulmonary consumption, A catarrh from cold should never be neglected, 2<sup>d</sup> purges when there is an excess of bile 3<sup>d</sup> emetics 4<sup>th</sup> demulcents drinks & lastly opiates, These diseases as being one of the causes of pulmonary consumption should not be neglected, they often prove fatal to old people & those of debilitated habits, what worse would be than a cold, for death is nothing more than a very bad cold, In order to prevent these diseases flannel should be worn next the skin & the head, feet & neck should be kept warm, Cold Bath, exercise &c. are good.

## Pulmonary Consumption or Pneumonica. —

I shall here briefly sum up all I have to say upon pneumonica in a few ~~days~~ words —



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the remote causes of this disease, act 1<sup>st</sup> primarily upon the lungs such as wounds, Catarrh, Pneumony, Measles Asthma. 2<sup>d</sup> secondarily, such as fevers of all kinds Gout venereal disease &c. & 3<sup>d</sup> Symp-  
-ptomatically as diseases of other parts of the body as

It is nothing more than a protracted or chronic pneumony as other chronic diseases. It is 1<sup>st</sup> always preceded by debility, & this debility premedates the whole system, this is proved from all the causes which induce it (refer to my inquiries) when the lungs are affected it is only in consequence of general debility from cough pain, watchfulness & expectation, this I infer from first. The Lungs being a hardy viscus not producing consumption even when perforated by a ball or any other local injuries

2<sup>d</sup> those subject to the consumption are of a debilitated habit or a sedentary do &c. 3<sup>rd</sup> Infer debility from the symptoms appearing first in the whole system, such as watchfulness, head ache, diarrhoea, cold feet, weak appetite, burning in the hands &c. & these symptoms continue years sometimes without a cough 4<sup>th</sup> from attending its alternating with diseases of the whole system, as Rheumatism mania, &c. which are diseases of the system, this disease exist in the blood & feels the effects of it are 1<sup>st</sup> It excites a cough, a cough must bring on general debility before it



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Induces consumption, not from any violence done to the lungs.

2<sup>d</sup> Hemoptysis without cough, this last is a favourable symptom in the early stage, the blood is discharged without a tubercle which shews a general disease, the lungs are affected in consequence of fever. this fever produces an abscess (if there is no discharge in the blood vessels) in the bronchio & forms tubercles. There are few cases in which Hydatids & calculi are formed sometimes there is no tubercle formed & only a defluxion, why do the blood vessels empty themselves into the lungs? Because of the laxity of their texture disposing them to receive morbid action, & their continued exposure to cold & there being kept in a state of predisposed debility by talking &c. Sometimes the fever falls upon the trachea producing hemorrhagy catarrh &c. in this case I call it tracheal consumption which is known by a constant cough & black coloured expectorations, the cough is much more constant & the defluxion of mucus black, some persons sometimes have this defluxion for 20, 40, & even 60 years without falling into a consumption, Here the debility is partial & consumption cannot be produced without general debility. This I consider as a true theory, It is only in consumption that the effects have been mistaken for the cause.



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but in other diseases, we do not ascribe the water in the ~~head~~  
to hydrocephalus, Water in the brain & membranes in the tra-  
chea have been erroneously supposed to be the causes of Hydro-  
cephalus & Cynanche trachealis, It is high time, Gentlemen  
to harness the horses before the charriot of medicine instead  
of behind, it is time to ascribe effects to causes & not causes to  
effects, the Earth in our science has stood sufficiently silent  
for a long time, The Pulmonary consumption has assumed an  
intermediate form between it & Pneumonia, in this case it  
sometimes kills for in 6 weeks & is then called the galloping  
Consumption, but it more frequently continues 9-12 & 15 months  
It generally attacks under the age of 36 from that to 40 & 45  
& rarely at 60, children are not subject to it, Black & red  
haired people are more subject to it, also such as have invitable  
habits & vitualile blood vessels, the predisposition to consum-  
ption is hereditary but often a family disease & often exist  
in whole families even where no hereditary predisposition  
exist Dr. Craig has lost 5 children & him & his wife are except  
In the town of salem  $\frac{1}{3}$  that  $\frac{1}{3}$  of all that died in 1<sup>st</sup> months  
died of a consumption, those who have had the Intermit-  
tent fever are more predisposed to it than others, Moist & va-  
riable climates & countries predispose to it, especially







near the sea, shore where many more of the Inhabitants die -  
 the month of march in our climate is more fatal to consump-  
 tive patients from the variable temperature generally preva-  
 lent at that time. Diseases near the sea shore or in moist  
 climates require the lancet much more than those inland or  
 any countries. Moisture is not alone sufficient to induce it  
 this I infer from its being scarcely known in holland & cold  
 or very hot climates never produce but they are unfavoura-  
 ble to it when formed, few have recovered who have went from  
 Philadelphia to the W<sup>est</sup> Indies in this disease, D<sup>r</sup>. Blane says  
 a temperature from 30 or 40 is best for consumptive patient  
 authors divide it into the Inflammatory Pectic, & typhus  
 states, I have seen it in all its states even untill it preced-  
 ed death, 1<sup>st</sup> without a chill, 2<sup>d</sup> without a fever chill or  
 night sweats, 3<sup>d</sup> without cough, I have seen two fatal cases  
 of this the one complained of pain in his side & inability to  
 speak from pain only & the other in the head, It seems un-  
 necessary to produce fever that the air may have excess to  
 the pus,

11<sup>th</sup> Pulmonary consumption has been said to be contagious  
 from sleeping &c with persons affected with it, It may be  
 & is from inhaling the breath of those who have it.

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The following appearances shew themselves on dissection —

1<sup>st</sup> No appearance of disease at all. from the effusions of the bronchio being discharged in mucus, 2<sup>d</sup> sympathetic concretions, arising in the trachea in *Cynanchus trachealis*, 3<sup>d</sup> tubercles formed suddenly as in other parts of the body, 4<sup>th</sup> one or more superficial ulcers 5<sup>th</sup> Pus in the cavity of the thorax. 6<sup>th</sup> water in the lungs 7<sup>th</sup> Abscesses 8<sup>th</sup> chalky, siliceous & granulely concretions, 9<sup>th</sup> Ossifications of the arteries of the Lungs 10<sup>th</sup> certain substances being inhaled have been found there after death, 11<sup>th</sup> preternatural weight, tightness, hardness & lastly but one lobe have been found, besides these appearances the liver, heart, Stomach & arteries have been found diseased, a cough often continues for years, with a spitting of blood, where no fever is it does not ~~exist~~, kill

The remedies for it are of two kinds, 1<sup>st</sup> those for the forming state, & those for the disease when formed, the symptoms in the forming state is a weakness in the heart, a weak frequent & sometimes a tense pulse, other premonitory symptoms are a sense of fulness in the breast, difficulty in breathing, transient pain in the breast, &c. I have seen these causes continue sometimes for months without inducing it. For the forming state of and no regard is to be paid to the apparent weakness of the patient, women who suckle children should stop nursing

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2<sup>d</sup> tonics such as bark, steel wine & with tonic diet & salt meat  
 3<sup>d</sup> exercise such as riding on horse back, or in a carriage, 4<sup>th</sup> Cold  
 bath, 5<sup>th</sup> avoiding all exciting causes, by observing the premonitory  
 symptoms I have prevented many hundred consumptions,  
 when formed it is attended with synocha synochoid & some  
 times typhus pulse, the remedies here are such as are suited to  
 the system, changes of the pulse &c. I have heard of the pulse  
 to run to run thro' the different states of the pulse in this  
 diseases in as short time, I have known an active pulse & sig-  
 -y blood just before death, If the synochus or synochoid  
 is necessary it should be small & frequent it has been  
 performed 150 times with success, 2<sup>d</sup> a vegetable diet with  
 salted meat or fish, Milk is generally improper in this dis-  
 ease unless diluted, not more than a pint of liquid diet should  
 be taken in a day in this disease, 3<sup>th</sup> Nitric every day this  
 acts by transferring action from the blood vessels to the bow-  
 -els 4<sup>th</sup> blisters to the side & wrists, I would however prefer  
 them to the back, if to the arms they should be kept up high  
 on the joints, especially if it arises from secondary causes as  
 from gout & Rheumatism, 5<sup>th</sup> Emetics, spitting of blood  
 does not forbid their use, after the system is reduced  
 they are more particularly useful when they proceed

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from cold &c 6<sup>th</sup> a Salivation, it acts by a revulsive power & by destroying obstructions particularly in the spleen, it is our only & most radical cure 7<sup>o</sup> of those that were salivated in recent cases recovered, This remedy in this stage is generally a radical one, In spitting of blood it should not be forbidden but should rather be thought a symptom warning its exhibition. In the 2<sup>nd</sup> stage 2 in 3 & in the 3<sup>rd</sup> & last 1 in 10 who were salivated were radically cured. Blisters & mercury with antimonial powders are frequently used, It is to be regretted that mercury fails so often in producing a salivation, it fails oftener than it succeeds, In the hectic state salivation promises more good than in the typhus state, but it still promises more good in the typhoid state of the pulse, In the typhus state opium sometimes cures, perhaps when it does, it acts by its revulsive action on the brain, Mania being induced has cured it, garlic, tar pills, tea, cordials & the most nourishing diet, I will remark here that 1<sup>st</sup> the Cordials should be used only in the typhus & consequently the last stage of this disease, 2<sup>d</sup> when they render the pulse slower & fuller 3<sup>d</sup> They should be taken all day and all night 4<sup>th</sup> that the animal food is better than the bark, When the acute forms are reduced, travelling swinging &c are prop-  
-er



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In travelling regard must be paid to the vehicle, beginning with a carriage & then on horse back, also the climate & country, the sea shore should be avoided. Issues as curing the consumption, these may frequently do good, but I have known only one case completely cured by them, I pre for the perpetual blister from them, *Digitalis*, this is said to lower the pulse and consequently to increase absorption, I must however observe here that I have only seen one instance in which this was of service, I believe more good may be done by it in the south than in Pennsylvania, its effects are somewhat similar to Opium, it is given in a tense pulse, in this case its operation is slow & consequently of being of a more powerful nature is vastly preferable, 2<sup>d</sup>. eating plenty of sweet grapes has cured consumption, 3<sup>d</sup>. I once saw a cure from maliga grapes 4<sup>th</sup>. large draughts of the juice of cane, apple &c. 5<sup>th</sup>. fumigations by burning resinous substances, burning, narcotic substances as hemlock, henbane &c. & receiving the fumes into the lungs have said to have been of service, 6<sup>th</sup>. by breathing reduced air Dr. Priestley's daughter was cured of a consumption by the breathing the air of a same room in which a candle lived Dr. Beddoes says this was not from reduced



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air, but from the equal temperature kept up by the row, 7<sup>th</sup> frictions  
 have been used, they are more useful when combined with some sti-  
 mulating substance, the sympathy between the lungs & skin is  
 of an inverse nature, consequently clothing should be warm & par-  
 ticularly to the extremities, In proportion as debility is prevalent  
 throughout the system, so will be the increase of excitability of the Lungs  
 8<sup>th</sup> Stone rooms are spoken highly of, I have once cured with this  
 the heat should be from 70 to 80, 9<sup>th</sup> the hardships of a Camp  
 & Country life have frequently cured it, The causes of consumption  
 should always be had in view, If for example Rheumatism or Gout  
 have produced it they should be brought back, applying for in-  
 stance blisters to the toes for bringing back the Gout, Venery should  
 be strictly forbidden, for the lungs & the venereal organs sym-  
 -thize with each other, Letting in a current of air & talking should  
 be forbidden, all the exciting causes should be avoided, I have  
 known a cough suspended for 5 days by Silence & return upon  
 talking, The troublesome symptoms to be relieved are 1<sup>st</sup> Cough  
 this must be relieved by the medicines mentioned under catar-  
 -rh, As Opium, &c. 2<sup>d</sup> Pain in the side by U & salivation, 3<sup>d</sup> night  
 sweats, these originate in great debility which favours easy Excit-  
 ment to morbid action, the remedies are sleeping in flannel  
 & on a mattress frictions with Vol, alkali, Lime water &c.

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4<sup>th</sup> Swelled legs, these should be rubbed upwards, & in the morning only, also by blisters & punctures on the ankles, 5<sup>th</sup> difficulty of breathing by vol alkali, 6<sup>th</sup> Diarrhoea, by testaceous powders - Laudanum &c. they seldom check it but relieve pain, Death is produced in the following ways, in Consumption, 1<sup>st</sup> by sudden rupture of an abscess & a consequent suffocation, 2<sup>d</sup> by sudden rupture of one or more blood vessels 3<sup>d</sup> by a translation of the disease to the brain producing mania, 4<sup>th</sup> by Pneumonia vera supervening or Pneumonia Notha, this often occurs in those habits disposed to cold or Pneumony 5<sup>th</sup> in a sore throat, 6<sup>th</sup> swelled legs or thighs 7<sup>th</sup> Swelled face, 8<sup>th</sup> Inquest pains of space of the limbs, this is an effort of nature to throw off the disease, but it is too late, and induces the most violent & miserable deaths, 9<sup>th</sup> Diarrhoea & night sweats, —

### The Signs of Life and death are —

1<sup>st</sup> those who have a predisposition to this disease from ancestors are difficultly cured, 2<sup>d</sup> of the longest duration when originating from this disease, 3<sup>d</sup> Gout is unfavourable when translated to the lungs 3<sup>a</sup> Cold feet, obstinately so, or constantly so, we should keep them warm, 5 when calculi are expectorated the patient will seldom recover, 6 a cessation of cough without a supervening diarrhoea, is unfavourable. —

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I seldom see recover, but when the expectoration is greenish or well colored the patient may probably recover, 7<sup>th</sup> Eyes becoming lighter than natural unfavourable, 8<sup>th</sup> Lice & the hair falling off is unfavourable, a swelled face likewise so, a spitting of mucus in the beginning unfavourable, 9<sup>th</sup> a spitting of blood favourable in the beginning, but fatal in the last stage of the disease, 10 Rheumatic pains, without cough or less than usual is unfavourable, 11 Constant vomiting in the morning fatal,

The Prophylactics, are 1<sup>st</sup> warm dresses flannels &c. 2<sup>d</sup> If occasionally, 3 Bath taken in the interval of morbid excitement and pain & when there appears to be no need of its use, 4<sup>th</sup> Journey, change of climate & removing from situations exposed to the sea, I shall now speak of cough it being a species of consumption, — Cough, This differs from ~~cough~~ Catarrh in not having febrile action, It will often continue throughout the whole course of life, It is the local & primary one of which I speak It is of the utmost importance to distinguish the local from that which arises from general disease, This cough goes on sometimes so as to induce general debility & consequently reaction & consumption & death, this shews the necessity of curing it whenever it occurs, I have divided cough into, Pulmonary & Tracheal, the first is short & hectic produced by indirect as well as direct causes

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If comes on suddenly, the remedies are to be directed by the pulse & state  
 of the system, while the pulse is full & is proper, 2<sup>d</sup> abstraction of di-  
 et 3<sup>d</sup> emetics 4<sup>th</sup> long riding walking & standing in the open air, 5<sup>th</sup>  
 frequent & small draughts of cold water, I have cured it in myself  
 by rising from bed & standing with my back against a cold wall  
 the following remedies are sometimes efficacious, mallow, Bran &  
 flaxseed tea, liquorice mixture in the day a Laudanum & night  
 sleep must be had & silence is good, Sweet oil & lime juice aa  
 parts, a table spoonfull two or three times a day, Hyssop house hold  
 elecampane, lungwort each a handfull boiled with sugar to an  
 extract, I have found it to be an excellent remedy, white sugar  
 wetted in spirits & suffered to dissolve upon the root of the tongue  
 Pepper mint, lozengers, Burgundy pitch plaister applied between  
 the shoulders, syrup garlic or onions, mustard & house radish  
 renn tea, spermaceti, tea spoonful in Sugar, tar pills from 5  
 to 10 gr 3 times a day, Oil of Amber from 10 to 15 drops 3 times a  
 day, fever has cured it, keeping the feet warm to much cannot  
 be said of this last remedy, tincture of Asafoetida, smoke of wax  
 resin and the like, bathing the feet in cold water in the morning  
 & lastly a salivation. This local cough is to be distinguished from  
 Consumption by its being more sonorous, less hollow, & accompanied  
 with less expectoration than the former.

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we come next to the eruptive state of fever in which are includ-  
ed the Small pox, Measles, Erysipelas, Miliary fever Chicken  
pox & Phosphigus & first of the small pox —

Small pox it exist in all seasons of the year, states of  
the air &c. it has been computed that  $\frac{1}{6}$  of the human race died  
of the small pox when taken in the natural way, Let all milita-  
ry persons celebrate the name of Caesar, but let us never forget  
the name of Dr Jenner whose fame once not extended beyond  
the village. he it was who gave us the fine pox, which is attend-  
ed with the following advantages, 1<sup>st</sup> it requires no preparation  
of the system for its inoculation, 2<sup>d</sup> it may be used indiscrimi-  
nately in all seasons, It cannot be communicated when  
the thermometer is at 90, nor during the Harmattan winds in  
the east indies, 3<sup>d</sup> It is mild, 4<sup>th</sup> beauty is not in the least in-  
jured by it 5<sup>th</sup> it is not contagious, 6<sup>th</sup> carries off chronic dis-  
eases 7<sup>th</sup> it is never mortal unless attended with other dis-  
eases, the following precautions should be attended to, 1<sup>st</sup> never  
take the matter for vaccination till after the ninth day  
2<sup>d</sup> use a sharp lancet & make as small a puncture as possi-  
ble so that little blood may follow, the water should be  
suffered to evaporate before the matter is used or just up  
Limpid matter & not pure but should be used. —





The activity of the matter, is sometimes increased by first rubbing the arm before inserting it 3<sup>d</sup> when a seal is used it should be the first that is formed about the 8<sup>th</sup> or 9<sup>th</sup> day. It has been lately ascertained that a seal will keep the infection for one or two years, It is no objection that the small pox be inserted into the arm after it, when the vaccine & variolous matter is taken twice it arises from 2 causes 1<sup>st</sup> an Epidemic variolous disease prevailing so as to affect the atmosphere 2<sup>d</sup> the matter being of a more stimulating kind than that to which they were exposed. —

This happens as often from inoculation for the small pox. —

Here a tribute of respect is due to the Cow, after she has furnished us with meat itself &c. she again adds to her services by expelling from mankind the small pox. —

" Let Farmers & Planters venerate the Cough

" And all the human race venerate the Cow

**MEASLES**, this state of fever is raised by the atmosphere, the pulse is sometimes Synocha, Synochula & synochoid; Even typhus & typhoid, for a full account of the measles, I refer you to my inquiries, I have never seen a case of putrid measles, I will here make a few general observations, 1<sup>st</sup>

D<sup>r</sup> Willing says he has seen it taken twice, here he must have mistook the spurious & true & he has seen, susceptible erup<sup>-tions</sup>

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It is often attended with cough & diarrhoea, these are to be cured by the ordinary means. No satisfactory reasons have ever been advanced why this disease never affects but once.

### Erysipheletic state of Fever.

This attacks both adults & children, but more frequently the latter. It is brought on by poisonous substances, It affects the face, breast limbs &c. death is brought on by mortification, Persons once affected with it are apt to have it again, The remedies are V. S. Turgor, blisters to the inflamed parts cool air &c. when the pulse is typhus or mortification has begun administer, bark, Opium, avoid oily & saturnine applications. Flour sprinkled on the parts or places of eruption is much the best, this disease is sometimes the precursor of the military fever.

**Military Fever** - this is an artificial disease produced by hot regimen &c.

**Chicken Pox**, This is accompanied by little or no previous fever has few eruptions, scarcely more than 200 & those upon the back, it is however of consequence that we should attend to it for it has been mistaken for measles pox, the number of pox are small compared with what usually appears in small pox, they appear thicker on the back than any where else - In chicken pox the pox dry up much sooner than in -

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Small pox & all the symptoms are milder, the remedies are a gentle  
purgé low diet & if the pulse indicate moderate &c. —

*Temperities*, This is a rare state of fever, we now & then  
meet with it as a symptom of yellow fever, the remedies must be  
suited to the state of the disease, which you will easily know  
by adverting to the thirteen primary forms of fever. —

the come next to the angina states of fever, in which are  
included *Cynanche Trachealis* or what is called Croup or  
Whooping Cough, the scarlet fever, sore throat, the malignant sore throat  
& the different forms of simple Inflammatory sore throat  
& first of *Angina Parotidea* or mumps. —

this is a swelling of the parotid glands, the swelling is some-  
times translated to the testicles in men & the breasts in wo-  
men & sometimes from the testicles to the brain where it gen-  
erally proves fatal, It sometimes destroys the testicles by with-  
ering them away, this is prevented by applying a blister to  
the jaws when it first comes on & to the testicles, to prevent its  
affecting the brain when far advanced. —

*Angina Pharyngea*. this affects the phar-  
-ynx, & impedes deglutition & is the Inflammatory sore  
throat, the remedies for it in its forming state are wash-  
ing the throat with brandy & water & keeping it clean

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Hartshorn Gail internally - When formed the remedies are of purges  
vomits low diet &c.

*Angina Tonsillaris*, this affects principally the  
tonsils & is what is called the ulcerous sore throat, In its state  
gentle purges &c. purges are sufficient when formed. the tonsils  
should be punctured, I formerly bled in this disease, but do not  
know unless there is danger of suffocation, the loss of a few drops  
by puncturing the tonsils is better than general Bleeding -  
the Prophylactics are avoiding cold feet, keeping wool in  
the ears &c. It is said to be connected with Liver complaints  
when it is, it should be cured by the remedies here after  
to be mentioned for them.

*Cynanche Trachealis*, For a description of this I refer  
you to my Inquiries, I shall only deliver a few facts. —

1<sup>st</sup> it attacks children chiefly & sometimes rarely attacks  
children adults, —

2<sup>d</sup> It is generally induced by the sensible qualities of the cold  
air, like Pneumony &c. 3<sup>d</sup> It is sometimes a symptom of small  
pox measles of Fever, Rheumatism &c. Dr had the rheumatism  
translated to the throat & cataplasms brought (it) to the (back)  
throat which saved him, 4<sup>th</sup> It is situated in the trachea where  
it produces spasms & convulsions. —

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the appearances of these dissections are 1<sup>st</sup> No sign of disease in consequence of morbid excitement being so great as to transcend Inflammation 2<sup>d</sup> Inflammation in the trachea 3<sup>d</sup> Matter said to be mucus is said and really it is liquid 4<sup>th</sup> a Membrane formed from the coagulating lymph by Inflammation 5<sup>th</sup> small ulcers of the throat trachea, From its analogy to Inflammation of the Pleura & lungs it may be called tracheal & Pleurisy — Dr Darwin called it Pleurisy of the trachea, it has been called trachitis, It is a family disease —

The remedies are 1<sup>st</sup> prompt & copious & often repeated, the more so because the throat is so far out of circulation, Dr Physick once bled a child 4 months old 4 times with success, 2<sup>d</sup> Active Emetics, recollect here the sympathy between the trachea & stomach & the Physiological fact that children will bear stronger purges & oftener repeated than adults, 3 purges of Calomel & Jalap, Dr Physick gave  $\frac{1}{2}$  dram of Calomel to the same child if it should not yield repeat the Calomel, it creates a new action in the bowels & stomach & seldom affects the teeth Seneka is highly recommended in this disease it does good when it nauseates, Sobjest to it because Calomel is preferable, Blisters or Cataplasms applied to the throat, pediluvium — In the decline of the disease Opium —







It is more fatal when it succeeds other diseases & the danger greater when it is attended with a constant stertorous breathing. Eruptions are generally favourable, I will conclude this with remarking that this disease was formerly in its highest grade universally fatal & is seldom now so in any part of the United States, to the lancet aided & regulated by the principles of the unity of disease we are to ascribe the complete triumph over this formidable disease ~~~~

*Angina Suffocativa*, the symptoms of this are the same as in the malignant sore throat throat, the swelling extends down the bronchio & trachea & the patient dies of suffocation, a spontaneous salivation often relieves the disease, the remedies for it in its forming state are the same as in the *angina scarlatina* *angina*, the remedies when formed are of vomits, twice with mineral, preferable, sweats fumigations, blisters behind the ears, purges mercury &c.

I once cured a student with snuff, he was apparently struggling with death, but he frequently sneezed & discharged a quantity of mucus & pus from his nose & in 3 or 4 hours was able to sit up in bed, the prophylactics are the same as for the *Angina Suffocativa* ~~~~

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# Angina Scarlatina, or scarlet fever sore throat

This is of less Morbid action than the M.S.T. & less mortal  
 It is generally attended with ulcers & sloughs, Sydenham  
 says he saw but one case without sore throat or ulcers ~  
 In one case which I saw the skin could be pulled off from  
 the hands like an inflated glove, It sometimes kills in 6  
 hours tho' many hundreds recover without an alarming sym-  
 -tom It exists in the degree of morbid action from a flea bite  
 to the Plague Dr. Willing says that he has seen it termin-  
 ate fatally in Phrenitis & mania, Dr. Meberdon says that  
 delirium is a favourable symptom, the heat of the body is  
 greater in this disease than in any other frequently as high  
 as 190, It can be taken more than once and is contagious  
 from excrements & excretions only, the remedies in the  
 forming state are the same as for the next disease in its  
 forming state, when formed 1<sup>st</sup> if the pulse be strong &  
~~weak~~ tense, 2<sup>d</sup> Vomits which may be repeated, 3<sup>d</sup> Purges  
 4<sup>th</sup> Cold applications to the anus & legs, 5<sup>th</sup> Salivation  
 6<sup>th</sup> Blisters, fumigations when the symptoms are malig-  
 nant or the sore throat, Bark wine & Laud, in the last  
 stage, Pain & swelled limbs are favourable, I have  
 seen it terminate in swellings of the neck. ~







Ulcerations of the submaxillary Glands, a yellow skin is a fatal symptom. It was an atmospheric disease when it became Epidemic. When Emetics do not operate it is an unfavorable symptom.

**Malignant Sore throat,** This generally precedes the plague, it is frequently very fatal, It is attended with tedious discharges, It has been said to be contagious but this is a mistake, for it is not so except in the manner to be mentioned hereafter.

It affects Girls more than boys, & women more than men. Weakly persons more than robust, It favors of its being contagious it has been said that it could be taken but once, now & then it appears in the form of synocha, It is contagious only by an excretion of acrid matter beneath, &c. & kills upon the 3<sup>d</sup> 5<sup>th</sup> 7<sup>th</sup> days are the days in which the Malignant fever terminates the life of man, the remedies in its forming state is known by a Synochus pulse, stiff neck & the premonitory forms of fever, Emetics especially in its forming state, especially turpith mineral which never fails to strangle the disease in its forming state, when the disease is formed, 1<sup>st</sup> V is proper if the pulse be active or tense, 2<sup>d</sup> Vomits of turpith mineral which must be continued untill be reduced to typhus, 3<sup>a</sup> gentle purges strong ones are very improper, because the intestines are now very irritable - they are particularly harmful.

REPORT.



after the 1<sup>st</sup> day, 4<sup>th</sup> Bark afterwards with wine Laudanum & Mercury, How shall we account for bark & other stimulants their effects in this disease? Because it is a centrifugal disease & also of very weak morbid action, Blisters to the neck sweating &c. Linnigations of myrrh in vinegar, stimulating gargles, taking care to wash away all the filth & sloughs formed, the following formula I have found to be of great efficacy.  $\mathcal{R}$  Cayenne pepper powdered 3 teaspoonful, common salt 2 teaspoonful boiling water  $\mathcal{Z}$ vi<sup>iii</sup> boil them till it cool & then add vinegar  $\mathcal{Z}$ viii, a table spoonful to be taken every half hour by an adult, a deafness generally follows this disease, the skin & nails come off, the greater the swelling the less danger. A spontaneous sweating is always an favourable symptom, the Prophylactics are a low diet, gentle purges mercury and avoiding all exciting causes, are all these 3 last forms of sore throat the effects of different remote causes? I formerly believed they were, but I now believe they depend on one.

We now come to speak of the arthritic state of fever & point of Rheumatism, It may be brought on by debility from cold &c. the pain excited in the ends of the fingers by cold is a temporary Rheumatism? Rheumatism of the most Inflammatory kind occurs in Summer







it is increased near the sea shore. It alternates with Gout, Consumption & mania. It appears with scorbutic eruptions, It affects the joints & muscles & sometimes the bowels & lungs & eyes, Rheumatism is divided into acute & chronic, in both there is morbid excitement, There is rarely Inflammation in Rheumatism, it is not the effects of effused Blood but serum only, In the acute the pulse is *Synocha* & in the chronic *synochula*. In the acute the remedies are of copious both general & local. In the first stage it may be cured with local & only, but when the system begins to sympathize this will be ineffectual, consequently other remedies must be used as Purgers, neutral salts low diet blisters to the parts affected antimonial powder &c. Dovers powder from 10 to 20 grs at bed time has generally been preferred, it is not necessary to wait till all action of the Gout kind or tension of the pulse be reduced to give Dovers powder, Opium is an active medicine in it.

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Certain palliative local remedies in the chronic state as cabbage leaves, Mollasses, rubbing the place with mercurial ointment friction cool air, What would be the effects of cool air or ice in this disease, We must first speak from analogy of the Horse (foundered) In this case the horse is truly rheumatic the founder in the Horse, is nothing more than an Inflan-

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not only rheumatism in the legs & back, The causes of it are either violent exercise bringing on the debility or heating him & then suffering him to cool suddenly or eating too much as they may all be combined to produce it, The feet from exercise & being remote from the violence of circulation are predisposed to receive the disease, The issue in the forehead of a horse shows that it is a Rheumatic complaint, the remedies are to lead the horse into a marsh creek or any other cold place. again we see cold water cure the pain from cold fingers in children. Ask then might be the effect of cold water or Ice in this disease?

### Rheumaticula or Chronic Rheumatism

In this the patient can sit up & walk about the pulse is tense & small, the remedies are if it should be general & local, gentle purges low diet, blisters & lastly salivation, I have cured this when Gum Guaiacum failed, The limbs should be exercised as soon as possible, also in the next form Hygieft has recommended bath but I have taken no notice of this, for if we were to judge of its effects from other stimulants we should judge it improper, Both of the above forms of rheumatism may be avoided by shunning cold & habitual use of sulphur &c.

**Rheumatalgia** This arises from a half cured Rheumatism so worn out excitability, It is often attended with lame-

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ness of all the limbs seldom attended with fever, the remedies are Internal & External the last are the warm vapour & perhaps the sand bath.

Heat has different effects according to the medium at which it is applied, the vapour bath, should be applied especially when the rest have failed, when the system is roused from its torpid state the cold bath may succeed the hot, Frictions by the hand, flesh brush, Vol-tin's Gum Guaiac, Cayenne pepper & to the lb of spirits —

the Internal remedies are tinct Guaiac, phitolas, mustard & vinegar, cyder in which a red hot Iron has been cooled, salivation which is however too hard to be effected & a change of climate from a colder to a warmer, When abscesses are formed I have seen but few — never saw but one when hectic fever come on —

this sometimes produces abscesses in the joints, called by Dullin Arthro pousis, In these cases never prescribe without feeling the pulse for by the exhibition of tonics in Rheumatism it may suddenly change to Rheumatoides, & then to the more Inflammatory Rheumatism, On all these forms of rheumatism, I will observe that patient should use their medicines & use exercise as much as possible when morbid excitement is reduced, there are two facts in favour of exercise in this last —

I Have now to add that you are not always to expect the to find these forms of rheumatism, succeed each

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succeed each other regularly. the one often preceeds the other & they often blend their symptoms.

Gout For a full account of this I refer you to my Inquiries

*Tic Dolooureux*. This is

connected with gout & rheumatism, I have called it *Aura Arthritica*. It affects not only not only the cheek bones but the orbits of the eyes nose tongue, lips & legs. It has intervals of pain, It is excited by eating drinking & <sup>fitting</sup> intervals of pain, even by speaking, it sometimes last for 20 years, it is worse in the night than in the day, the pain generally last from  $\frac{1}{2}$  to a whole minute, I have heard of its ending in mania & apoplexy, All the cases that I have seen occurred in persons under 20 years of age, In Gouty people it has been cured by a return of gout to the feet, *tic dolooureux* sometimes disappears for months & longer - attended with a tic, sometimes the part is so exquisite that the least noise makes it worse, the parts when examined shew no marks of disease, It when it affects gouty people it is cured by the same means which cures Gout, 2 many cases have been observed at once and then not for many years so that it has been considered an Epidemic & produced by the atmosphere, from these observations - It is one of the *Tic* forms of disease. the pain is acute but not more so than





more so than in other disease, there are grades of pain this may be the first, The head it seems emits the highest tone of pain, Remedies for it, It has been rarely cured, but it is not, cannot be incurable, time will will insure us a remedy, 1<sup>st</sup> Blisters Austeres, electricity extract of cicuta, salivation & mora —

Those which have relieved are Opium Stramonium, Belladonna, Opium has done more good when combined with niter

Playing whist has relieved it? 6<sup>th</sup> the application of the magnet, destroying the nerve? Dr. Fildes saw a partial cure by the discharge of an abscess from the shoulder, 9<sup>th</sup> time has worn it down, What would be the effects of a drain from the head? gentle pleasurable sensations, as gentle frictions, Glysters? What would be the effects of applying Blisters to the feet, when we consider how many diseases make their attack through the medium of the feet, it is surprizing we have never paid more attention in expelling them through the same medium, We come next to the, Cephalic state of fever, under which are included the Phrenetic, Maniacal, Letargic, apoplectic state of fever & Paralytic states of Fever —

### 1<sup>st</sup> of Phrenetic

For an account of this see boohave & Cullen, It attacks the Brain, It and the maniacal state of fever, depend up —





in which the mind resides & consequently affects the Intellectual  
 faculties, they affect the brain partially, whereas the apoplectic  
 state the whole partially & the paralytic a part only all these  
 states have morbid excitement for their cause, the phrenetic  
 state of fever is produced 1<sup>st</sup> by causes acting directly upon  
 the brain as Insolation Perussion &c. 2<sup>d</sup> by causes acting upon  
 it thro' the medium of the brain other parts of the body, as  
 Plague of Fever Pneumonia Angina Cholera Membranoïds —  
 3<sup>d</sup> From translocation of morbid excitement in all its forms  
 to the brain. It sometimes succeeds suppression of urine the  
 pulse is sometimes of Synocha, Synochula, Synochoid, Typhus &  
 even typhoid & according to J. Hunter sometimes perfectly  
 natural, here the indications are to be drawn from the suffe-  
 ring of countenance &c. there is an Intolerance of light & sea-  
 nd great morbid excitement in the muscles & consequently  
 great strength & delirium, the phrenetic state of delirium  
 is known from Mania, by the diseased perceptions <sup>of delirium</sup> being uni-  
 form, 2<sup>d</sup> delirium is known by incoherent actions in Mania  
 & in delirium incoherent conversation, 3<sup>d</sup> In delirium the  
 fever is more constant & obvious & diffused through out the  
 whole body, it is shown in the pulse, <sup>Excite</sup> this suffocated in Mania  
 In mania, excitement is suffocated in the brain In de-

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In delirium the strength of the muscles are gone, They are not specifically different from each other, but different grades of the same disease, 4<sup>th</sup> delirious people rarely <sup>remember</sup> what they say or do, while in mania they remember what they say or do, 5<sup>th</sup> delirium when symptomatic has rational intervals 6<sup>th</sup> In delirium the subjects are numerous & general but not so in mania for they are confined to one subject, appearances upon dissection, 1<sup>st</sup> No appearances of disease, 2<sup>d</sup> Marks of Inflammation 3 suppuration 4<sup>th</sup> Gangrene of some of the membranes of the brain 5<sup>th</sup> Effusions of water in the ventricles 6<sup>th</sup> adhesion of the membranes.

The remedies when there is great morbid action are 1<sup>st</sup> of which is to be particularly more copious when the disease is produced by contusion, also cupping & Arteriotomy especially in the temporal artery 2<sup>d</sup> Purges & Blisters, dont use blisters till the disease is lessened & always first to the ankles & wrists, they either dont act at all from excess of excitement, or do harm, by causing a collection of blood in the head, if they are used before 4<sup>th</sup> Cold water or Ice kept constantly to the head, elevating the head silence darkness & wakefulness should be used, If from a suppression of urine it should be drawn off. If from piles they should be reduced, when from repelled eruptions they should be invited to the skin, Opium should be carefully avoided







Salivation when it arises from contusion is more especially useful when it arises from the Typhoid treat it as in those fevers with Opium. Maniacal state of fever, increasing when they increase & declining when they decline, this attends all the forms of fever, sometimes it attends the last stages of typhus, Autumnal fevers have several times appeared with symptomatic madness, the remedies should be the same as for the fever in which it occurs.

Lethargic state of fever, this is attended with coma &c the remedies should be regulated according to the system & pulse.

Apoplectic state of fever, this occurs in Plague, In tertians the remedies are to be suited to the state of the brain & system.

When the system reacts by blisters, purges, Clysters so that they may act by their quantity, stimulating cataplasms to the feet head and neck cold applications & salivation, when there is no reaction, Opium, Altho, wine &c when intermissions take place Bark should be given, when it assumes the typhus or typhoid form, the remedies should be as for these states of fever.

Paralytic state of fever, this is less common than the former, It occurs in Hemiplegia &c & generally affects one side, sometimes in the form of Paraplegia with suppression of urine, it is produced by cold sleeping upon damp ground &c. Remember I am not speaking of Palsy.

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Hydrocephalic or Phrenicula, This is either  
 Idiopathic or Symptomatic, It is Idiopathic when it comes from  
 contusions, blows or falls upon the feet, It is symptomatic when it  
 arises from all kinds of fever but especially from those of a Re-  
 mittent & Intermittent form, or when it comes from consump-  
 tion Worms &c. The worms may be expelled but the disease  
 continues from a wrong action, therefore the removal of the cause  
 is not sufficient for the cure of the disease, the symptoms  
 cease as soon as all these causes as soon as there is water in the  
 brain, the pulse full & tense, becomes very quick is the immedi-  
 ate forerunner of death, that the disease is simple morbid ex-  
 citement in the brain, Infer 1<sup>st</sup> from its usual causes, 2<sup>d</sup>  
 from its symptoms, 3<sup>d</sup> from the consequences of Inflammation  
 bringing on fever & the formation or effusion of water 4<sup>th</sup>  
 from the remedies to cure it of cold purges &c. It is some-  
 times chronic & sometimes very acute, It is produced by  
 a retention of meconium, coagulating lymph in the stomach  
 Eruptions Opium &c. children said to be over laid, die of this  
 disease, Hydrocephalus may be the consequence of some injury  
 done to the head tho it may not appear till some months  
 after the Injury, the following appearances upon dissec-  
 tion 1<sup>st</sup> a sound brain this has very much puzzled

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Physicians but they do not consider the immense force of the disease transcending Inflammation, this Morgagni takes notice that electricity & Hydrophobia do the same, 1<sup>a</sup> Inflammation so reduces upon the cortical part of the brain, 3<sup>a</sup> from a teaspoonful to ʒiv of water in the brain which does not always coagulate, sometimes this water is effused between the dura & pia mater, sometimes between the pia mater & brain, I have seen in some instances of water in the substance of the brain tumors as large as an egg have been found in the brain, after effusion has taken place I have cured by ʒj, when effusion takes place there is a sudden abstraction of pain, but the water soon re-acts & causes it to return, the pulse is quick.

The remedies are here 1<sup>st</sup> ʒj of this ought to be more copious here because there is no back door to the outbrain.

I have succeeded after trismus & convulsion have come on by ʒj of the blood may be taken by cupping, & with more advantage from the temporal artery scarification, in the occiput, 2<sup>a</sup> cold applications, acid purges as Ialap Calomel Rhei, Purg root should be particularly avoided as it increases the determination to the head. Blisters 1<sup>st</sup> to the legs 2<sup>a</sup> neck and heat the feet.

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should be very large & continued for some time, In one case the blister  
would not on the right side there not being sufficient excitabil-  
ity upon the other, Salivation, Mercury rarely affects the mouth  
of children, but when it does morification is apt to take place  
from the tenderness of their jaws & we should never attempt  
to salivate under 8 or 10, when an Intermittent type is of sum-  
-ed Bark &c.

Hydropic state of Fever, In  
which are included effusions of water (as accompanied with  
morbid action in the blood vessels) into the brain Lungs &  
cavity of the thorax, of the abdomen ovaria scrotum testicles  
& lower extremities, It is attended with dry skin, thirst  
quick & feeble pulse, white tongue, scanty urine, some-  
times high coloured & at other times pale, the effusion or secre-  
tion is the effect of preternatural action in the blood vessels,  
without fever or morbid action in the blood vessels, sav-  
ing from the rupture of a Lymphatic there is no dropy,  
water is the product of diseased action in the cavities  
of the ~~abdomen~~ body, Hunter says that Lymph. is secre-  
ted because it is not coagulable, It is brought on by ob-  
structions in the kidneys, water is found in the cavities  
whilst air is found in other parts, In all these cases



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morbid action precedes the effusion of water, this effusion is the effect of the impeded return of blood thro' the veins of the heart, the arteries to relieve themselves of their distention, throw out this fluid into the most convenient part or cellular membrane, Dropsy is seldom produced, in old people with swelled legs, because there is no morbid action in the blood vessels, this morbid action sometimes ruptures a blood Lymphatic & after this rupture the fever abates & changes the Pulse to Synochus or typhus, but this effused lymph reacts & produces fever —

The remedies must be suited to the state of the pulse & the system, In great morbid as when there is great Inflammatory diathesis, the remedies should be of Purges. These should be violent or drastic as the system indicates we should first give lenient as senna Manna Cream tart &c. & then if necessary we should give the lenient as Jalap Gamboge scammony Aloes &c. Low diet & even fasting has been of great advantage 4<sup>th</sup> Cold applications in different ways, 5<sup>th</sup> Heat applied by means of the sand bath, 6<sup>th</sup> Pear, 7<sup>th</sup> Travelling on foot 8<sup>th</sup> Diuretics, as digitalis squills &c. these deplete, but they do it circuitously there can't should not be relied upon wholly but if the pulse be tense &c. When there is weak mor-







morbid action, stimulants & tonics should be used as scurvy grafts alkaline salts, iron & mercury hot & cold bath also generous diet exercise travelling &c. Vomits & purges with other depletions should be avoided, We will now deliver a few remarks upon dropsy as they occur in different parts of the body?

**Hydrothorax.** This is known by a difficulty of breathing, sudden starting in the sleep dry cough palpitation of the heart & inability to lie on one side & sometimes on the other spitting of blood swelled legs, the pulse tense & full which is seldom subdued by V. Vertigo is a very general symptom this disease follows half cured Pneumony or neglected colds

The remedies for it when the pulse is full & tense & the blood is always sicc, altho' V. seldom lowers the pulse, yet it prepares the system for other remedies as diuretics which draw off the water by the kidneys, there are squill, Digitalis &c. one gr of squill to two of Calomel may be taken twice or thrice a day, Camphor may occasionally be combined with them, perpetual blister to the side, salivation &c. Purges are uniformly hurtful, this we know to be the case in all diseases of the breast, and ought not to be given unless costiveness require them Spitting of blood & the natural warmth

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of the extremities & pale urine are unfavourable symptoms

Sometimes the effusion of water takes place in the cavity of the pericardium & in the substance of the Lungs, the pulse is generally frequent & irregular, the remedies are the same as in Hydrothorax — — — — —

**Ascites**, This takes place when there is a collection of water in the whole cavity of the abdomen or only in cists. Dropsy of the cists are known 1<sup>st</sup> by a greater collection of one side of the belly than the other 2<sup>d</sup> It is most common to women, 3<sup>d</sup> It comes on gradually 4<sup>th</sup> There is little or no swelling of the legs 5<sup>th</sup> Purges act feebly & the water effused, by tapping has an oily appearance 6<sup>th</sup> the belly has only a small surface in this but a large and uniform one in dropsy of the belly which follows epidemics, remitting & Intermitting fevers, in which a fluctuation perceptible & to which tall men are more subject than encysted dropsy, Its fluctuation is less perceptible, and in all encysted dropsies you cannot draw off the whole of the water the remedies are 1<sup>st</sup> by when there is a tense pulse & which is still more indicated when the legs are swelled, 2<sup>d</sup> Purges they are more useful in Ascites, they may be either lenient or drastic, these last are dangerous in old obstructions of the viscera with languid pulse, Gamboge becomes less drastic







by being boiled in water & then combined with crystals of tartar, 3<sup>rd</sup>  
 sometimes where there is tumour of the abdomen, 4 diuretics ʒiv of mixture  
 to a quart of water ʒi of which taken 3 times a day is of great use  
 in morbid action, Juniper berries, Squills & digitalis, sometimes  
 weak diuretics are better than weak strong ones, as parsley tea wa-  
 ter melon seeds &c. Spontaneous sweats are of great service, blisters  
 to the ankles, there is great danger of mortification from them when  
 the has been reduced to low, frictions with sweet oil & salva-  
 tion, if the liver discovers itself to be diseased a jeton to the right  
 side, when there is weak morbid action the remedies should be  
 the contrary to the former, when ascites is accompanied with  
 amarasca punctures, scarifications when they are to be used make  
 them about the ankles or calves of the legs, keeping the pati-  
 -ent in a recumbent posture & in bed with a belt round his body  
 tapping this sometimes procures relief in recent cases & in chro-  
 nic cases sometimes prolongs life, but I have seen it hurtful  
 by taking off the stimulus of distention & producing death  
 the matter drawn has the following appearances, 1<sup>st</sup> Serum of  
 a pale white colour, 2<sup>d</sup> of a yellow green coffee colour, when  
 green or yellow it denotes the liver to be consumed, 3<sup>d</sup> like  
 milk mixed with it, 4<sup>th</sup> a milky fluid only, 5<sup>th</sup> a gelatinous  
 brown matter, I have seen 2 cases where two different fluids

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were discharged from two different orifices, & Lastly Blood & it has been proposed to inject Spt Minderi or wine into the cavity of the Thorax in order to inflame the parts & thereby produce adhesion. The following are the signs of Life & death from the water drawn. 1<sup>st</sup> water of a rosy appearance with a brashish or winous taste is unfavourable 2<sup>d</sup> clear water unfavourable 3<sup>d</sup> foetid 4<sup>th</sup> yellow shows the liver to be affected 5<sup>th</sup> water with a red or brishish tart sediment is unfavourable 6<sup>th</sup> Jaundice & diarrhoea are unfavourable restlessness lax or chilly fit after tapping is always unfavourable.

Dropsy of the Ovaria, this may exist many years without inconvenience to the patient, it is commonly discovered on one side only, a salivation is the only remedy.

Dropsy of the Uterus, the water is sometimes discharged before & sometimes after delivery, the remedies are Purgers &c.

Dropsy of the Scrotum, in this the water is to be discharged by puncture, Physick lectures.

Anasarca, this is generally the effect of fever or intemperance, a recumbent posture is proper, & the patient should constantly lie so, the legs should be rubbed, digitalis is of great use in this species of dropsy. Blisters & punctures to the

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It then follows — The next comes to the nephretic state of fever

*Nephretic state of fever*, this is an affection of the kidneys & is sometimes symptomatic of the Gout & yellow fever. It arises from a translation of morbid excitement to that part the urine is often pale sometimes copper coloured or black & sometimes a total suppression of secretion & excretion of urine from an engorgement of the kidneys, the remedies must be suited to the state of the system they are of purges & cold air, demulcent drinks and warm bath & salivation —

*Diabetes* It generally affects adults but sometimes children, the symptoms a quick pulse, or feeble & sometimes a full pulse, heat thirst pain in the head giddiness palpitation of the heart, morbid appetite, yellow colour of the eyes diarrhoea, dullness of the senses, constant sense of sweating upon the tongue, this disease is an increase of urinary discharge the palpitation some months & years are precursors to this disease, the remote causes producing this disease are debility, as cold, humors streaming to an excess the debilitating poisons of the mind, It is known by a pain in the testicles from the kidneys, Acids may produce it, 36 $\frac{1}{2}$  of urine yeilded 7 $\frac{1}{2}$  of sugar, the urine is sweet and pale & putrefies sooner, on dissection the kidneys appear swelled &

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Spongy Hemits a sour smell, the sweat & saliva more sweet & the stomach & Liver shew the disease, when the sweat is acid it is owing to acetous fermentation, This saccharine diarrhoea is nothing more than an incomplete animalization of the food, there is great morbid excitement in this disease & hence the remedies are 1<sup>st</sup>, the blood in all cases shews great marks of disease, it is effervescent than the blood of healthy persons it generally exhibits a sly coat, always a full bounding tense pulse, as it is a chronic disease it should be used as an alternative for which it should be taken in small quantities & often, allum & Rhei dovers powder, Una Ross, combined with Opium bark & lime water are good 2<sup>d</sup> Emetics, purges low diet, afterwards album whey, bark exercise, oil of amber, garlic & tar pills

Bathing salivation and frictions with oil have been recommended; There is a great difference between the state of the system reduced by V & that brought on by the blood wearing down the excitability of the blood vessels, the distressing thirst is to be relieved by drinking natural water sweet oil should be taken to blunt the appetite or tobacco used, & reduce the daily quantity of blood.

Hæmorrhagic state of fever. In which are included discharges of blood accompanied with morbid

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action in the nose &c. the symptoms are chill heat thirst & frequent pulse. I will here a few propositions deliver, 1<sup>st</sup> all spontaneous Hemorrhages are preceded by debility in the arterial system, in common with all general diseases 2<sup>d</sup> this debility is produced by all the causes producing fever & by the aliments exceeding the exertions. It occurs chiefly at puberty when a separation of growth takes place & when the body does not require all the blood it contains for its support, 3<sup>d</sup> Hence a plethoria is induced 1<sup>st</sup> by an excess in the blood vessels after laxity 2<sup>d</sup> from excess of blood from the loss of a limb, 4<sup>th</sup> Hemorrhages are from the veins at the age of 37 & afterwards when they have gained the plethoria from the arteries, The Hemorrhages are from the veins when it comes from the Liver Spleen, stomach &c. Hemorrhages from the Lungs & nose in youth are from the arteries In this there are some exceptions, I divide them into Hemorrhages of great morbid & weak morbid action, they may be known by the state of the pulse, The only passive hemorrhage we have is that from slight wounds or any deficiency of coagulium in the blood It is sometimes a family disease & is only relieved by pressure only, the disposition to bleed from the slightest injury sometimes runs thro' a whole family, the causes are remote & Exerting both of which are divided into general & partial







First such as are general, namely heat & cold, viz. tudes from heat to cold & from cold to heat, any thing increasing the action of the blood vessels as exercise contusion & the menereal appetite &c. often produce Hemorrhages from the Lungs & nose

2<sup>nd</sup> such as are partial, viz. coughing sneezing cold feet &c. these Hemorrhages have been said to be epidemic, are there any hemorrhages which would be improper to cure? Yes, when there is a disposition to apoplexy, mania pica, leprosy & tetanus it would be improper to stop them, hemorrhoidal hemorrhage sometimes prevents leprosy & itch, the general remedies in great morbid action are 1<sup>st</sup> Cold air immersing the body in cold water this acts by abstracting morbid excitement 3<sup>rd</sup> rest, 4<sup>th</sup> Laxative purges, 5<sup>th</sup> nitric, 6<sup>th</sup> Passch. sat. allum Galls, Common salts when from the lungs 7 Ligatures 8<sup>th</sup> blisters to the lower extremities & abdomen, When there is weak morbid excitement, bark, wine, Nitric Acid. in preference to Clinic of venous, when from obstructions of the spleen, Mercury, & caustic applied to the region of that viscus &c. the Prophylactics are temperance gentle exercise of the foot, & second Tonics

Cristaxis or hemorrhage from the nose, this is sometimes a symptom of fever, when it occurs in the





in the beginning of fever it is favourable & not always to be checked  
 a sense of fulness is felt in the nose & commonly, Anger, pinching of the  
 nose, falls, contusions, bandages around, sometimes produces it, also by  
 the determination of the blood to the head at the age of puberty  
 The remedies are 1<sup>st</sup> If the pulse be tense, a recumbent posture  
 rest cold applications to the head, neck & acetum as the 2<sup>d</sup> a plug up  
 the nose & blisters to the neck, If all these fail use astringent Tack  
 Return 3<sup>d</sup> 1 to 2 adone, when it is suppressed bleed purges low diet  
 4<sup>th</sup> should be used to prevent stricture

**Hæmoptysis** or hæmorrhage from the Lungs, This is  
 known by a redness of the cheeks, small cough with a discharge,  
 sometimes from the trachea, difficulty of breathing oppression at  
 the heart &c. By looking into a glass the patient can sometimes  
 discover its source, the discharge of blood is sometimes from the  
 trachea & fauces, Its causes are external violence, heat cold laugh-  
 ing lifting great weights &c. I will here deliver a few remarks 1<sup>st</sup>  
 3/4 of all proper hæmorrhages occur in the night, 2<sup>d</sup> long & con-  
 tinued speaking of equal never produces hæmoptysis, 3<sup>d</sup> It  
 seldom follows the cause producing it there is an Interval from  
 one to 30 days, 4<sup>th</sup> In all habits disposed to Consumption the hæp-  
 othis prevents the disease, the more copious the hæmorrhage  
 the more certain will it prevent it, 5<sup>th</sup> the discharge is

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of blood is sometimes so copious as to cure an apoplexy of the lungs & sometimes  
 to suffocate 6<sup>th</sup> Hemoptysis is a local disease, this is when it is unattend-  
 ed with general debility this is seldom fatal 7<sup>th</sup> less dangerous in old  
 declining people than in young 8<sup>th</sup>, those subject to this disease sometimes  
 live to an ~~extreme~~ advanced age, 9<sup>th</sup> when it occurs in youth it is sel-  
 dom dangerous 10<sup>th</sup> in Chronic hemoptysis the lungs have Polipi  
 11<sup>th</sup> according to cullen viscerous Hemoptysis is seldom fatal, as in  
 the piles & seldom terminate in Consumption, 12<sup>th</sup> while that pre-  
 ceding consumption is always favourable & frequently cures & on  
 the contrary that succeeding it is always fatal, It is sometimes  
 a local disease & confined to the pulmonary division of the arteri-  
 al system, the Remedies are 1<sup>st</sup> If accommodated to the state of  
 the system, The Lungs are sometimes engorged & then require more  
 bleeding than at any other time thro' the pulse be natural 2<sup>d</sup> Con-  
 salt & in some cases may be used before 1<sup>st</sup> be given in spoonfuls  
 Cold applied to the scrotum 3<sup>rd</sup> Vegetables, acids, 5 Opium 6<sup>th</sup> Allium  
 7<sup>th</sup> Sacch saturne 8<sup>th</sup> blisters to the wrists first then to the neck  
 & breast & gentle purges to avoid irritation from the bowels, In he-  
 moptysis of weak morbid action, the remedies are salt, Henbane  
 Bullish oil from 6 to 10 drops this has proved successful when  
 all other remedies failed, Oil Amber from 10 to 12 drops, Opium  
 in large quantities, cordial drinks & diet, Emetics are of great





service, too much cannot be said of blisters applied to the wrists & salivation  
 the action of the Mercury on the mouth & throat suspend all morbid  
 action in the lungs, what would be the effects of exciting Inflamma-  
 tion upon the skin by means of Op. Turpentine, to prevent a return  
 of it gentle purges & avoiding all exciting causes, going to an uniform  
 climate also occasional bleeding, it is by a full pulse and fullness  
 at the heart, when the pulse is typhus, bark &c. this should only  
 be used when every symptom of Hemoptysis is absent, & it should  
 not be taken when there is a sense of fullness about the ~~breast~~  
 Breast, Dr. mentions that a woman was cured by an attack of fever  
 this acts by equalizing excitement,

### Hæmatemesis or a

Hæmorrhagy from the stomach, This is known by a sickness  
 & oppression at the stomach, the blood discharged is generally black  
 & sometimes from the liver & spleen, Sometimes a membrane is dis-  
 charged like that in the croup, sometimes a hectic fever follows  
 it, it's generally fatal, If red blood is discharged it is dangerous but  
 less so when black, sometimes the discharge is from the anus, the  
 remote & exciting causes are 1<sup>st</sup> obstructions of the Liver & spleen  
 2<sup>d</sup> hard drinking, 3<sup>d</sup> acids taken into the stomach, 4<sup>th</sup> hard  
 substances taken into the stomach & cold applied, 5<sup>th</sup> obstruc-  
 tions of the menues, 6<sup>th</sup> suppression of piles 7<sup>th</sup> Conception. —





Of the violent operation of an Emetic, sometimes the hemorrhages is so great as to forbid it & at other times it is necessary as in suppressed menses when there is too much action, the stomach is sometimes so irritable so as to reject medicines of all kind, I have stoppt it by giving a table-spoonful of salt, rose leaf tea, vinegar Laudanum with a little water cold water by glysters or mouth allum, Tack, sat, If the allum does not do good stop giving it immediately, Its return should be prevented by strict abstinence &c. shoudly search into the state of the Liver & spleen, if obstructions be there remove them, to prevent it mild diet rest &c.

*Melena* or a discharge of blood from the liver, I have seldom cured this & never in dumbarks, It generally succeeds obstructions, Remedies cold, & astiring cut medicines —

*Hæmorrhagy* from the intestines, this happens in dysentery the remedies are if the pulse be tense & an Injection of Lead & cold water into the rectum —

*Hæmorrhagy* from the kidneys & bladder, there may arise from calculi, hard riding & cantharides, It is a symptom of malignant fever the remedies are of common salt Glysters of Laudanum & keeping the patient in a recumbent posture, cold applications &c.

*Hæmorrhagy* from the hemorrhoidal vessels when profuse the remedies are cold water sacc h sat, Allum & Gall applied





to the part glysters & a diet affording few foods a resorbent pos-  
ture &c.

Hæmorrhagy from the uterus, this occurs after the separation  
of the menses & after delivery & intemperate venery & often exci-  
ted by the heat of stoves, the remedies are 1<sup>st</sup> of accommodated to  
the state of the system, next cold applications to the regio pubes  
effluve applied in large quantities to the same part, Laudanum  
in large doses, sacch saturni, blisters to the thighs are of great ef-  
ficacy Salivation &c.

Its recurrence is pre-

vented first by occasionally if it occurs in pregnancy 2<sup>d</sup> by  
eating small quantities of vegetable food & using meat that is  
salt exclusively 3<sup>d</sup> avoid climbing up stairs &c. the bark  
is a good prophylactic, when it arises in the form of a lochia  
a child applied to the breast or sucking will do good, when  
the pulse is languid bark steel &c.

Hæmorrhagy from wounds *Physick's lectures*

Hæmorrhagy from the skin, occurs in malignant fevers  
blisters &c. the remedies are internal tonics & astringents  
externally. Hæmorrhagy from the nipples yield to gentle  
& external astringents.

Of those misplaced states of fever in which from the  
remote cause or from pre-disposing debility, morbid-

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action is thrown chiefly upon the blood vessels into the other parts of the body. It is either general & local, there are the Gastritis & Enteritis states of fever which have no place in our syllabus, they are frequently produced by poisons & acrid substances swallowed the remedies the same as for poisons —

Hepatic state of fever—The Liver is the great in which all the filthy matters of the body are thrown, we first speak of Hepatitis, that this is a contracted & suffocated bilious fever. Infer 1<sup>st</sup> From their occurring during the bilious fever, 2<sup>d</sup> from their occurring in places subject to the bilious fever, 3<sup>d</sup> from their attacking robust young men & even more than women 4<sup>th</sup> It never affects under puberty 5<sup>th</sup> from being excited from heat cold & intemperance 6<sup>th</sup> from its affecting new comers in the W India Gold Inhabitants in the chronic form & with suppuration similar to the yellow fever, the premonitory symptoms are depression or preternatural spirits, the symptoms when the disease is formed are an increased appetite soreness of the stomach & vomiting, the stomach is always affected, a pain in the right or left shoulder, the pain is in the right Hypochondriac region but sometimes in the left & there only in women, —

1<sup>st</sup> the pain is increased by pressure upon the ribs —  
2<sup>d</sup> increased by a full inspiration. —

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3<sup>d</sup> the cough is dry weak & hollow, these are the three symptoms w<sup>h</sup> distinguish them from other coughs —  
 a pulse full, tense, or languid, dysnocha, dysnoctus fortis, dysnoctus la,  
 & sometimes natural, more affected, active upon the affected side  
 a difficulty on lying upon the left side more so when the pain  
 is upon the convex part of the liver, green or bloody stools, yel  
 low urine when its coming on, an inability to sneeze, sometimes  
 comes on without pain, sometimes there is an absence of pain  
 & fever, these symptoms as the disease is acute or chronic, or ac  
 cording to the seat & sometimes the chronic changes into the a  
 cute & vice versa, this disease comes on without any of the a  
 bove symptoms nor is its existence known till after death —

The remedies are, 1<sup>st</sup> copious & in its acute & frequent do in its  
 chronic often, this is more necessary because as no disease  
 runs more rapidly to a crisis, so none requires the aid of Mer  
 cury more now sooner, 3<sup>d</sup> salivation, this should be done  
 in order to prevent suppuration & if it cannot be excited  
 it is to be feared that a suppuration is going on, Mercury was  
 formerly supposed to act as a specific, but it is now known by  
 exciting an action in a less vital part, 3<sup>d</sup> purges there are the  
 cated by nature, Clysters are necessary to supply the place of  
 obstructed bile 4<sup>th</sup> Blisters applied early & frequently





particularly to the region of the liver when the disease is chronic  
 5<sup>th</sup> Opium in cases of great pain, 6<sup>th</sup> Issues & caustics applied  
 to the side of the liver are of the greatest advantage, The liver rarely  
 mortifies but frequently suppurates & the matter is discharg-  
 ed 1<sup>st</sup> externally 2<sup>d</sup> Internally into the duodenum, 3<sup>d</sup> into the  
 abdomen 4<sup>th</sup> into the thorax, or into the substance of the lungs  
 by suffocating the diaphragm, 5<sup>th</sup> into the pericardium, 6<sup>th</sup>  
 into the stomach & into the colon & kidneys, the matter discharg-  
 ed is bile mucus & pus with blood & a mixture at times appa-  
 rently heterogeneous, It is fatal when discharged into the abdo-  
 men, thorax & pericardium, the happiest discharge thro' the bil-  
 iary ducts, 2<sup>d</sup> mentions a case of the matter being drawn off from  
 the abdomen by tapping, when the matter points outwards  
 thought to be encouraged, by making an opening with a lan-  
 -cet, because when it opens it externally death is generally  
 the consequence, when suppuration takes place try to make  
 it discharge thro' the duodenum, for this purpose an  
 Emetic is best, an abscess does not always terminate as soon  
 as it is formed, & often leaves a pain in the side which is af-  
 fected by changes in the weather.

### Hepaticula or Chronic hepatitis

This when moderate is apt to terminate in obstructions

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which should be cured by the same Medicines as from other cau-

## Diabetes of the Liver.

This is a preternatural secretion & excretion of bile, its causes are 1<sup>st</sup> Intemperance, in the use of ardent spirits, 2<sup>d</sup> Intemperance in eating high seasoned food, 3<sup>d</sup> violent exercise 4<sup>th</sup> Violent passions of the mind 5<sup>th</sup> sea sickness & heat, hence in warm climates & hot weather so many diseases of the Liver 7<sup>th</sup> Madness & Gout often produce it, 8<sup>th</sup> diseased uterus &c. these stimuli produce sickness at the stomach & puking of bile, Diarrhoea, colica morbus, in consequence of exciting a preternatural action in the liver, which action according to its degree produces yellow, grey, dark, limpid red viscid matter which concretes into Gall stones, Turpentine style is also discharged, this diabetes of the liver is often confined to the duration of the causes which excited it, but it is sometimes chronic continuing for many years.

The palliative remedies are of gentle purges & emetics which should be used cautiously, a small tea cup of water taken in the morning fasting, Blisters these I have used with great advantages, the radical remedies avoiding all the causes of the disease particularly Ardent Sp. fat food &c. & living upon rice potatoes in small quantities





lean meat & chalybeate waters, have often made cures, frictions  
 balneal to affect the mouth & change of climate, If the stomach  
 be affected with dyspepsia, all the remedies for that disease are to  
 be used,

**Diarrhea**, diarrhoea of the liver or what has been  
 called hepatic flux, here the appetite & digestion are unimpaired  
 the liver throws out its contents in a crude state, the remedies  
 are depletion & a spare vegetable diet.

We next come to the disorders of the liver & first of **Jaundice**

This is caused 1<sup>st</sup> by inspissated bile, 2<sup>d</sup> calculi in the ductus  
 communis coledochus, 3<sup>d</sup> from spasm in the duct, 4<sup>th</sup> from  
 pressure in tumours in adjacent parts, of wind as in Cholera, 5<sup>th</sup>

Inflammation of the sinuses of the liver 6<sup>th</sup> Intermittent  
 & remittent fevers, Gall stones of bile are found from the size  
 of a pea to that of a walnut & of a bile colour, They press the  
 duodenum & are the cause of great pain, which pain is not con-  
 stant but goes & comes on, it is increased by a full meal  
 This pain does not arise from the sensibility of the Liver which  
 is very insensible, the gall stones may often remain years with-  
 out pain, the jaundice is known by a yellow dark or pale co-  
 lour of the whole body particularly the whites of the eyes —

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In the dark colour of the eyes body which constitutes black jaundice the bile is absorbed, It is known by a severe pain in the region of the stomach, when it begins shills sometimes attend, the other symptoms are debility, depression of spirits, slow fever, but more frequently a natural pulse & heat of the body, Diarrhoea continues & indisposition to motion, the remedies are to be accommodated to the cause & symptoms, if there be fever & tense pulse bleed, If it arises from spasm of the biliary ducts, Opium &c. if from obstructions or viscosity of the bile, Emetics purges, mercury Pulvis Tinctorum, &c. If from Gall stones, alkalies & soap lime juice &c. If it arises from a torpor of the cystic duct, shocks of electricity, the paroxysms are relieved by  $\frac{v}{j}$  Opium & a vegetable diet, dandelion &c. A Potash & Gum arabic  $\frac{aa}{\text{Zss}}$  Castile soap  $\text{Zi}$  & lb1 brandy, a wine glass to be taken every two hours, a discharge from the hemorrhoidal vessels is a favourable symptom in the early part but not in the latter part the liver is sometimes paralyzed & from a defect of secretion produces continuance, but it may throw its bile into the duodenum so as to produce colic &c. Vomits should be used cautiously purges are more proper Blisters are excellent in all diseases of stomach & bowels, nitric acid & a salivation Sometimes from some irritation there is a discharge of wa-

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too for many years &c.

*Hepatalgia* the symptoms are pain  
& continuance &c. remedies, caustic to the region of the stomach, fric-  
tions & stimulating applications, cold bath Calomel in small do-  
ses, Chalybeates & tonics &c.

Appearances upon dissection after diseases & disorders of the  
liver, Inflammation, adhesion of the liver to the adjoining parts  
abscesses sometimes communicating with another in the lungs  
great enlargement & congestion of blood, diminished size, par-  
tial or general, scirrhus or scrophula, great dilatation of the  
biliary ducts, worms in the substance of the liver, only one  
case of a mortification of the liver upon record, Gall stones  
produce Inflammation & Inflamm<sup>n</sup> gall stones, *Hepatitis* *He-  
patalgia* & *hepatalgia* *Hepatitis*.

## *Diseases & disorders of the Spleen*

the spleen has been found engorged with blood after death  
the spleen seldom, suppurates or inflames. & never mortifies

It is sometimes ruptured & enlarged,

Remedies of Mercury, frictions, caustic to the region of the  
stomach & spleen &c.

## *Memorroidal state of fever or Piles*

This is discovered by a quick pulse, pain in the head

Journal of the



back & loins & rectum with effusions of serum & blood, It affects  
- children <sup>Esps</sup> more than adults & women more than men, It is produ-  
ced by continence, acrid purges as aloes and continued use of bitter  
hard riding &c. I have seen it induce gonorrhoea benigna & dy-  
-suria, it is sometimes a symptom of cough,

The remedies are 1<sup>st</sup> of general & local, the last by leeches &c.  
as the part affected is so far from the general circulation that  
It must be carried to a great length, 2<sup>a</sup> a horizontal pos-  
-ture of the body 4<sup>th</sup> lenient purges as butter nut pill, sul-  
phur &c. 5<sup>th</sup> aliments affording little fecis, 6 a bread & milk  
poultice applied to the part with a little lead water, 7<sup>th</sup>  
Cold applications to the part.

When the disease is subdued the following medicines  
should be used 1<sup>st</sup> warm water locally, 2<sup>a</sup> molasses 3<sup>th</sup>  
ointment of tar & lead 4<sup>th</sup> stramonium ointment which sho-  
uld be prepared as follows R of the leaves in August, hogs  
lard & a little bees wax, Gumth sacch sat, Opium, galls powder  
-ed & sweet oil, this disease ends in what is called bleeding  
piles, 2<sup>d</sup> in suppuration, 3<sup>d</sup> in Inflammation & ulceration  
of the rectum composing the disease called fistula in ano,  
4<sup>th</sup> In indurated tumors which are either internal or exte-  
-nal & produce difficult stools & sometimes consumption

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5 prolapsus And 6<sup>th</sup> in mortification, these are all cured by bf. when the tumours are very large extirpate them with the knife, the Prophy lastics are leucient purges, frequent ablutions of the anus with cold water & avoiding all exciting causes &c.

**Ophthalmic state of fever** this is a disease of the whole system, the worst kind is that unaccompanied with Inflammation, Its remote & exciting causes are all those producing fever as marsh miasmata &c. hence their greater prevalence during the time of Bilious epidemics, 2<sup>d</sup> a general determination of blood to the head in fevers of any kind, 3<sup>d</sup> It is produced by acrid matters translated to the eyes from any disease, as measles, small pox &c. 4<sup>th</sup> from diseases in other parts affecting the eyes by association as bile in the stomach &c. in this way the nervous virus acts upon the eyes, unless by touch, 5<sup>th</sup> certain effluvia acting chemically or mechanically the 1<sup>st</sup> are the juice of onions miasma, fætor of privies, the 2<sup>nd</sup> are pieces of hair, sand & Iron &c. 6<sup>th</sup> great light applied to the eyes as reflection from snow &c.

the remedies are 1<sup>st</sup> darkness 2<sup>d</sup> of both general & local, when it prevails in the time of an Epidemic, general blood letting should be preferred, If entirely local blood drawn from the





from about the eyes, being so far from the general circulation, that  
 it would participate but little in the loss of blood, In prescribing  
 regard must be had to the climate, 3 gentle purges 4 very low diet  
 5 blisters behind the ears 6<sup>th</sup> cold water to the eyes, when the mor-  
 bid excitement is in a good measure reduced 7 removing all excit-  
 ing causes, when morbid excitement is gone, stimulants are proper  
 beginning with weak ones first, a solution of Salt bark & water  
 the following recipe is a good R Sulphas Zinc  $\mathfrak{z}\mathfrak{i}$ , sacch. sat,  $\mathfrak{z}\mathfrak{i}\mathfrak{i}\mathfrak{j}$   
 & water  $\mathfrak{lb}\mathfrak{i}$ , & this Gum Opii  $\mathfrak{z}\mathfrak{i}$  Galla  $\mathfrak{z}\mathfrak{i}\mathfrak{i}$  water  $\mathfrak{z}\mathfrak{i}\mathfrak{i}\mathfrak{i}$  as an ex-  
 ternal applications, the vapour of turpentine, Lapis Calman-  
 ris with fresh butter, Dr L recommends blue vitriol & vol-  
 ammon & camphor  $\frac{aa}{400}$  an & this mixture is to be put into  
 a pint of boiling water, Demulcents as quince seed & the pith of  
 saffawas to wash off the acrid humours, when the soreness arises  
 from an inverted hair extract it, when from Iron use the mag-  
 net, when from a suppressed Gonorrhoea, an irritation should  
 be excited in the urethra, If all these fail a salivation should  
 be excited more particularly when it arises from the venereal  
 virus, when it becomes periodical bark will be proper, when  
 from a translocation of the disease, endeavour to bring it back &  
 cure it, to prevent relapses, avoid all exciting causes, the pain  
 is dull acute or jumping.

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# Odontalgia or tooth ache

This is a pain of one or more of the teeth, it is sometimes the first symptom of Typhus. It occurs from Scrophula, exposure of the nerves in the teeth to cold, the is dull acute or jumping. It is sometimes so great as to produce slight madness the teeth are affected with a violent Inflammation, this I infer, 1<sup>st</sup> from their being furnished with arteries, from pain occurring in sound teeth & one tooth beginning to decay in consequence of the acid matter. According matter destroying the <sup>other</sup> teeth 2<sup>d</sup> the tooth ache is more powerful in hot climates subject to Inflammatory diseases, 3<sup>d</sup> It occurs generally in the inflammatory periods of life 4<sup>th</sup> In seasons producing Inflammatory diseases & in which the weather changes from hot to cold, the direct causes are change from hot &c sugar salt & animal food are said to produce & all such substances which wound or corrode the teeth, but sugar does not affect sound teeth tho' it may decayed ones when it touches the nerve, the indirect causes are dyspepsia Rheumatism scrophula &c. sometimes the Gums tonsils, & parotid Glands are affected - when the disease subsides in the Gum an abscess is formed the disease may affect the opposite jaw by sympathy when it affects one near it, it causes it to decay.

# Chloroform or Carbolic Acid

6

This is a powerful antiseptic and is used in the treatment of various diseases. It is also used as a disinfectant and is very effective in killing germs. The following are some of the uses of Chloroform:

- 1. As a general antiseptic.
- 2. In the treatment of wounds and ulcers.
- 3. In the treatment of burns and scalds.
- 4. In the treatment of skin diseases.
- 5. In the treatment of eye diseases.
- 6. In the treatment of ear diseases.
- 7. In the treatment of nose diseases.
- 8. In the treatment of throat diseases.
- 9. In the treatment of lung diseases.
- 10. In the treatment of liver diseases.
- 11. In the treatment of kidney diseases.
- 12. In the treatment of bladder diseases.
- 13. In the treatment of rectal diseases.
- 14. In the treatment of female diseases.
- 15. In the treatment of male diseases.

The following are some of the precautions to be taken when using Chloroform:

- 1. Do not use it in a confined space.
- 2. Do not use it in the presence of fire.
- 3. Do not use it in the presence of children.
- 4. Do not use it in the presence of pregnant women.
- 5. Do not use it in the presence of nursing infants.
- 6. Do not use it in the presence of persons with asthma.
- 7. Do not use it in the presence of persons with heart disease.
- 8. Do not use it in the presence of persons with kidney disease.
- 9. Do not use it in the presence of persons with liver disease.
- 10. Do not use it in the presence of persons with skin diseases.
- 11. Do not use it in the presence of persons with eye diseases.
- 12. Do not use it in the presence of persons with ear diseases.
- 13. Do not use it in the presence of persons with nose diseases.
- 14. Do not use it in the presence of persons with throat diseases.
- 15. Do not use it in the presence of persons with lung diseases.

The following are some of the symptoms of Chloroform poisoning:

- 1. Dizziness.
- 2. Headache.
- 3. Nausea.
- 4. Vomiting.
- 5. Diarrhea.
- 6. Stomach pain.
- 7. Weakness.
- 8. Fatigue.
- 9. Irritability.
- 10. Depression.
- 11. Anxiety.
- 12. Fear.
- 13. Confusion.
- 14. Loss of consciousness.
- 15. Death.

The following are some of the treatments for Chloroform poisoning:

- 1. Fresh air.
- 2. Warm drinks.
- 3. Stimulants.
- 4. Emetics.
- 5. Cathartics.
- 6. Antidotes.
- 7. Supportive treatment.
- 8. Symptomatic treatment.
- 9. Palliative treatment.
- 10. Curative treatment.
- 11. Preventive treatment.
- 12. Reconstructive treatment.
- 13. Restorative treatment.
- 14. Rehabilitative treatment.
- 15. Supportive treatment.



The remedies are extraction, this is sometimes unavoidable then bleeding from the Gums should be done, but if it causes general inflammation then general bleed will be proper 2<sup>d</sup> Purges vomits, Cordials, blisters behind the ears, a toasted fig applied to the tooth Opium, Ol. mace &c. when the disease proceeds from debility & continuance of Indigestion a Glass of brandy or wine held in the mouth or a full meal will stop it, applications of poultices hot rags, Opium, tobacco mustard &c. tinct. Canthar. will destroy the nerve. when the pain ceases a Gum boil often takes place, extracting the tooth should not be delayed for it will corrode others by its matter, sometimes it ends in scrofulous swellings, extraction is then the only remedy; others remedies for stopping the tooth ache are filling & stopping up the hollow with lead Gold &c. destroying the nerve with caustic hot Iron &c. Sometimes abscesses are formed in the upper & lower jaw, then the teeth must be extracted 1<sup>st</sup> because the matter collected around the teeth is of a specific nature, 2<sup>d</sup> because mastication is impaired by it & consequently degeneration 3<sup>d</sup> because this matter transmits morbid excitement to every part of the body 4<sup>th</sup> the tooth ache produces Rheumatism Gilepsy & obstruction of the menses &c. all of which are removed by extraction. —





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I will give a few directions how to preserve the teeth, 1<sup>st</sup> extract the milk teeth as soon as possible after they are loose that room may be given for the growth of the rest, 2<sup>d</sup> remove the decayed teeth immediately as they become troublesome for they tend to destroy the other teeth by not allowing them motion, for the teeth require exercise as well as the eyes. Even those teeth above or below from which teeth have been extracted decay sooner than others for want of exercise 3<sup>d</sup> since acids corrode the enamel particularly unripe fruit should be avoided. 4<sup>th</sup> Let the head & jaws be kept warm, 5<sup>th</sup> wash the jaws with cold & the teeth with tepid water 6<sup>th</sup> wash the teeth after every meal, 7<sup>th</sup> avoid the alternate use of hot & cold applications to the body of the teeth 8<sup>th</sup> never use them for preternatural uses as crushing nuts biting threads &c. 9<sup>th</sup> Carefully remove tartar from the teeth & avoid tooth powders to much friction &c. the best tooth powder is  $\frac{1}{3}$  bark  $\frac{1}{3}$  Gum Myrrh,  $\frac{1}{3}$  Charcoal, the practice of extracting a tooth and placing it in the mouth of an other this is a bad practice for the root will decay & cause much pain a dry tooth is much better, 2<sup>d</sup> fastening in pieces of gold or silver this is called procting 3<sup>th</sup> tying in an artificial tooth, 2 or 3 sets should be kept & changed every 2 or 3 years





*Otalgic state of fever*; this is a misplaced state of fever appearing by pains in the ears & is most common among children, now & then it follows the Influenza, the remedies are by purging blisters behind the ears Land & the vapour of brown sugar into the ear by means of a funnel Chocolate oil &c. If it tends to suppuration poultices of bread & milk onions &c. behind the ears, if the abscess breaks detergent injections should be used, sap of hickory &c. & generally prevents suppuration.

### *Cystic state of fever*

This consist in a great discharge or suppression of urine with much pain & fever the appetite is generally unimpaired the neck of the bladder is generally the seat of the disease it has been called catarrh of the bladder, Its remote causes are direct & Indirect as hard substances irritating the parts irritating Injections &c. & acrid substances swallowed as Cantharides, from calculi suddenly descending, from goat the intemperate use of venery, I have known it brought on by Injections of sacch sat, the remedies are first of general & local the last by means of leeches to the perineum, & in its acute stage prevents all the chronic consequences as stricture or an enlargement of the neck of

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Bladder, 2<sup>d</sup> gentle laxatives 3<sup>d</sup> blisters 4<sup>th</sup> cold water or Ice to the perineum, when the catheter failed, the catheter should be used if possible. As 5<sup>th</sup> demulcent drinks, I have seen 2 cases of Gout relieved by it. after this remedy a suppression of urine takes place from debility. & there tonics are proper, I have heard of one case being cured by an attack of fever, this shews the necessity of exciting the whole system.

**Opthous state of fever.** This is never a primary state of fever it is an effort of nature to relieve herself by depletion, It generally occurs in the first month of the -fancy & is caused by acrid matters in the bowels or the common atmosphere & a retention of mesonium &c. It may be prevented by purging gentle with molasses, magnesia &c. like. It sometimes attend epidemics & sometimes comes on in the close of consumption, diarrhoea & other diseases of the chronic form, in which it is generally fatal, when it comes on in acute pleurisy it is generally favourable, I have seen it terminate in Cynanche Trachealis; the remedies must be regulated by the pulse & state of the system also the season & the reigning Epidemic if the pulse be tense & purges &c. should be used as Calomel, then blister & astringent gargles as Alum & honey, myrror sage tea & bark.





# Scrophulous state of Fever:

This has long been supposed to be a specific disease confined wholly to the Lymphatic glands, but it is originally an arterial disease & thrown on the glands, It is a misplaced state of fever & sometimes secondary in this it resembles the jail & yellow fever, It is an Epidemic of barbadoes & is called a glandular disease It attacks different glands sometimes the testes, mesenteric glands, Lung Axilla rectum, liver Eyes, bladder ovaria intestum & sometimes the teeth & even bones when it is called rickets

that it is a misplaced state of fever I infer 1<sup>st</sup> from the remote & exciting causes which are miasmata, heat & cold succeeding each other 2<sup>d</sup> from its symptoms cold & hot feet swelled & black gums & its sometimes suddenly inducing death, It is sometimes fatal & the blood drawn without size, 3<sup>d</sup> It being originally a febrile disease, I infer from its affecting all ages colours & sexes habits &c It is more common among children than adults 4<sup>th</sup> like other diseases of hot climates its effects animals as well as man, 5<sup>th</sup> I infer from its being produced by unwholesome water, It is a disease affecting two systems the arterial & lymphatic, resolution, suppuration & Gangrene are the forms in which it terminates? the premonitory symptoms are a white smooth swelled face







pain in the bones, unusual vivacity in children, tubercles are very different from scrophulae? the remedies must be accommodated to the state of the system, if the pulse be tense or full. If is proper also purges low diet, &c. especially, if the inflammatory symptoms occur, but when the system is not excited, Bark sal soda, sea water, Calomel with or without opium, Cicuta gr. i three times a day increasing daily, Galls & brandy, generous living exercise &c. bandages applied to the limbs a change of climate, In no disease is a change of medicine as this, It will be necessary to change a half a dozen times on some occasions, the tumours should be left to open themselves unless near a bone or blood vessel, the sore should be treated according to their various appearances, Cold water & Electricity have been used with success in this disease.

Goutre. This is a swelling of the thyroid gland & is said to be scrophula, It is misplaced in Intermittents & Remittents, this I infer 1<sup>st</sup> from its arising with or accompanying sore eyes, 2<sup>d</sup> from its occurring among houses dogs & pedigrees, 3<sup>d</sup> from its having increased by moisture & least felt in dry summers & winters 4<sup>th</sup> It seldom attacks persons after the 25<sup>th</sup> year of life 5<sup>th</sup> it attacks all persons in all countries 6<sup>th</sup> men are less subject to it than women, 7<sup>th</sup> it is worse in time of pregnancy 8<sup>th</sup> It is attended with pain & swelling 9<sup>th</sup> It goes off itself, children, some







-times are born with it when there mothers have had no previous symptoms of it, no cure has yet been found for it. Bark, mercury salts & depletion have not been sufficiently attended to in this disease, a sea voyage has been of great service.

**Scurvitic state of fever,** I consider this as a state of fever, 1<sup>st</sup> from the remote predisposing & exciting causes, which produce fever, as cold moisture & marsh miasmata, It requires cold below 66 to produce it fresh meat, without bread & vegetables produce it, Salt meat, & tea & chocolate produces it, Kaino miasmata produce it, 2<sup>d</sup> from its symptoms which are pains in the limbs, without a quick pulse, sometimes the pulse is full tense, feeble & intermitting, 3<sup>d</sup> from its being attended with death early sometimes, 4<sup>th</sup> from its appearing in the seasons in which autumnal Epidemics appear, 5<sup>th</sup> In cramp, it appears before the cramp fever occurs, I believe the foetid breath is owing to the abstraction of oxygen & in short **sewer** is an epitome of all fevers they all conspire to shew themselves in this, the remedies are of the blood is florid sizz and dissolved as in other fevers. the size of the spleen after death hemorrhages & the inefficacy of bark all shew the necessity of the lancet. 2<sup>d</sup> fresh vegetable diet 3<sup>d</sup> 2/3 of nutre dissolved in two

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pounds of Vinegar, the patients are sometimes unwilling to take any thing in this disease? but they should be compelled to eat in this case. It has been cured by emotions of the mind all these act by changing the nature of the fluids, where the system is reduced Cordials & Bark are proper. From hemorrhages prevailing in this disease & the bark failing to cure. V. has been recommended.

The prophylactics are 1<sup>st</sup> Acids. Sourcrout. lime juice &c.  
2<sup>nd</sup> fermented liquors as beer &c. 3<sup>rd</sup> Sugar, tea & Coffee. Capt. Forest says that meat salted & put away with bones in it is more apt to produce scurvy than that having the bone taken out as meat always begins to putrify near the bones. 4<sup>th</sup> Milk diet. land air lessening the force of the sea air. 5<sup>th</sup> Cleanliness 6<sup>th</sup> Avoid sleeping near the sides of a new built ship.

sleeping in a high situation as the second story of a house  
7<sup>th</sup> Flannel worn next the skin. Cheerfulness —

### Convulsive state of Fever.

Fever from all its causes often produce convulsions. Children are more subject to this state of fever. Tetanus has been known to be a symptom of Malignant fever. In an epidemic in the upper part of this state Tetanus accompanied every case. Convulsions are often excited by the motions of the patient

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by a slight touch & speech sometimes \* The Remedies are Vif.

All those remedies suiting the disease or fever of which they are symptoms, Oil of Amber, asafetida &c. Tetanus Under this state of fever is sometimes general & <sup>other</sup> at times remitting & intermitting.

### Hypochondriacal & Hysterical states of Fever

Concerning these I have but little to say & will observe that like other states of fever, they must be treated according to the state of the symptom. In the Hypo-chondriacal state of fever the brain is principally affected & there is a death phobia. In the Hysterical there is a disposition to shed tears a Cough & rising in the throat called Globus Hystericus, pale urine? the reme-

edies for these states of fever of which they are symptoms or the prevailing epidemic, direct our remedies to the primary state of fever chiefly, If the patient is confined the fever is the original disease. If in our prescriptions we should adhere strictly to those medicines which act specifically upon the nervous system as Asafetida Bark wine Opium, Vol, Sals, Hope should always be excited death phobia.

### Cutaneous state of Fever.

This is a suffocation of fever upon the skin, hence there is no furrowed tongue &c.





it is a *febris extraversa* in opposition to *D. I. febris introversa* —  
 it is a misplaced state & arises from causes producing bilious fever  
 & often under the same circumstances, the prickly heat arises from  
 the same causes hence persons are said to be safe while the dis-  
 ease is out, but not so when it strikes in.

That leprosy is a misplaced state of fever I infer from its con-  
 tinuing while malignant fever prevails, the reason that it has  
 vanished, is in consequence of agriculture cleanliness &c.

I infer it further from the morbid action or affection which oc-  
 curs when it retrocedes, It often produces some throat before  
 death. I knew a case in which it terminated in consumption.

The patient previously lost his eye sight by a violent  
 Ophthalmia. It is distinguished from the eruptive state of  
 fever, by the parts being suffocated in the skin in the for-  
 mer, In this disease the blood vessels are not to be over look-  
 ed, they are constantly connected with the skin?

The remedies are by purges, low diet or sweating medicines  
 according to the state of the system.

Of diseases as they appear in the blood  
 vessels & nervous system / in which are included the  
 muscles nerves brain & mind / & the alimentary ca-  
 nal predominating more or less according to the circum-





stances in each of them. — & first of —

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**Apoplexy.** — This is a suppression of all voluntary motions, while the heart, arteries, continue, their functions the sleep of apoplexy is known by its coming on suddenly & by its being more profound there is frequently snoring & the greater the snoring the more profound the sleep, The peristaltic motions of the bladder continue with the actions of the heart & lungs but the sphincters of the bladder & anus cease to act, there is frequently a numbness of the arms, The pulse is Synocha, Synochus, depressed, intermitting or slow, sometimes so slow as to beat only 7 or 9 times in a minute, & slow pulse is always more dangerous than a quick one & a pale face more than a red one, the remote causes are Intemperance in eating and drinking, excessive exercise of the understanding, Indolence Insolation, or what is commonly called a stroke of the sun, apoplexy from Insolation in countries very warm is unknown, the exciting causes are numerous, as exercise that is violent to the whole body, loud & continued speaking &c. impure air as azote &c. when the blood is extravasated on the brain it is generally fatal on the second attack, Some fits of the apoplexy destroy without leaving marks or vestiges of their visits, Joy electricity anger, most frequently the function of the brain is destroyed by pressure on it from effused fluids —



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Cullen has divided apoplexy into sanguiferous & serous, but this division, is hypothetical & the practice therefore dangerous, The stimulus of water is the same, both in symptoms & cure, as that of blood, It is said to kill upon the 3<sup>d</sup> attack but drunkards have had to the 10<sup>th</sup> & others only until the first day, before they are destroyed? that those only in the decline of Life is only subject to it it is wrong for I have known the young to have it, that "short-necked people have it only" I have seen it in long-necked, women are less subject than men probably from the measures & less exposure to cold. It is sometimes hereditary it occurs about the vernal & autumnal Equinoxes that at any other time? Its precursors are, 1<sup>st</sup> elevated excitement, snowing in persons not accustomed to it, giddiness, drowsiness, numbness in one or both arms or side, head ache night more, unusual & distressing dreams, absence in Gout of persons accustomed to it, blindness over the eyes, the face is sometimes so effused that I have called it the facial Apoplexy &c. When these symptoms occur the physician should be alarmed 16 or 20 oz of blood should be drawn, abstinence or a purge will arrest the approaching fit, But sometimes it comes on without any precursory symptoms, this is in consequence of a vessel bursting in the brain? & it is generally fatal, when a Physician is first called in let him clear the room of all



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unnecessary attendants, for the least vitiated air is like poison to  
 apoplectic patients, next loosen tight ligatures or bandages, from  
 the whole body? elevate the head, strictly forbid functions or vol-  
 untaries to the head, when it proceeds from contusions & is to be mo-  
 re copious for it is then more copious than at any other time? the  
 success attending & depends often upon the promptness it is ta-  
 ken, for this purpose both arms should be bound up, Blood  
 should be taken from the carotids if practicable, cupping &c.  
 as an haem in this disease is often of great consequence, ought  
 not to be improperly used? when the pulse is depressed or  
 Intermitting, the Rivenian method is to be preferred, that is  
 to abstract blood by scarifications & I suppose great benefit  
 may result from putting leeches up the nose, In this state of  
 apoplexy, general & profuse Apoplexy will often kill, we should  
 therefore take blood away gradually, open a vein take blood  
 then tie up & so on; thrusting a quill up the nose so as to  
 produce Hemorrhage, a table spoonful of common salt  
 2<sup>d</sup>. Vomits, for this purpose a feather is best especially when  
 worms or acrid matters are present, 3<sup>d</sup>. Copious purges &  
 Clysters & the urine drawn off by a catheter? cold water  
 or Ice applied to the head, which should be previously  
 shaved, when all these fail blisters & sinapisms to the



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to the extremities but not to the head, because the head may be above the blistering point, while the extremities are ~~above it~~ below it. Cataplasms of mustard, cauterizing to the neck, & clysters, a shock of electricity, frictions intense light & acute sounds in the ears, hallowing according to the excitability. —

The unfavourable signs in this disease are, 1<sup>st</sup> when it attacks young men under 30, it is most fatal to children, 2<sup>d</sup> when one side is convulsed, 3<sup>rd</sup> few recover when the patient raises his hand to his mouth, 4<sup>th</sup> absence of chill, 5 absence of a full bounding or slow pulse or fever is generally dangerous in the first stage 6<sup>th</sup> an Intermitting pulse after 4<sup>th</sup>. 7<sup>th</sup> a pale face

8<sup>th</sup> sweating of the face. without pneumonitory symptoms it is generally fatal, a chilly after apoplexy from a blow is alarming, absence of fever or when it comes on late in the disease is alarming. The favourable symptoms are 1<sup>st</sup> fever or a quick pulse 2<sup>d</sup> a general sweat, palsy in one side, stupor or drowsiness which are easily removed by caustic &c. —

The preventatives are temperance in eating & drinking the absence of usual or accustomed stimuli often induce congestions, hence those who are accustomed to eat supper must not go to bed with an empty stomach, Indigestion — the food of all kinds is to be avoided &c. —







*Ingriden's* garlic is often very good, gentle & proper exercise, sleeping upon a mattress is useful as it prevents us from sleeping too much upon the back or side too long; avoid the suppression of any discharge from any sore, drains from the head are proper avoid continence as sulphur is the best purge as it acts altogether upon the fœces, Drunkenness is a form of Apoplexy. Fear & terror have effected a cure.

**Palsy.** Its remote & proximate causes are the same as in Apoplexy. Its premontory symptoms are nearly the same as in Apoplexy. A Gent, a day before the attack failed in spelling tho' an excellent scholar, It sometimes affects the muscles & veins of one side only, it is then called, *Hemiplegia*, when it attacks the lower extremities *Paraplegia*, It depends upon a want of excitement & attacks the muscles & nerves, *Rheumatalgia* sometimes ends in this disease, I have then called it *Rheumaplegia*. The bowels are always affected when the limbs are. It is sometimes a symptom of *Hydrocephalus Internus* & is always a bad sign, Sudden pressure upon the nerves always but gradual pressure will seldom produce it, It attacks all ages & sexes, after the 50<sup>th</sup> year we are more subject to it, The pulse on the affected side is more full than upon the sound one.



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I have seen a case where the pain was more acute upon the sound side  
 & the tongue white upon one side & another where there was no  
 taste, a disposition to laugh is often seen, The pulse is more full  
 upon the affected side, frequently a disposition to shed tears.

Palsy affects all the mental faculties but mostly the memory.

The memory is affected in the following order 1<sup>st</sup> words, 2<sup>d</sup> Ideas  
 3<sup>d</sup> time & place, Hysterical & Hypochondriacal patients are often  
 affected with it an Inability to speak arises from 3 causes 1<sup>st</sup>  
 an affection of the head 2<sup>d</sup> Palsy of the tongue 3<sup>d</sup> oblivion of lan-  
 guage, when there is marks of oppression in the blood vessels,  
 blood should be drawn gradually, some months often prove tedious  
 death, when the brain is affected the remedies are of purges  
 blisters to the limbs, head & neck, warm bath after depletion

this should be below animal heat, issues in the arm or seton  
 in the neck, Salivation 2 or 3 times repeated if once fail, this  
 ought to be used carefully & cautiously after 60 years of age —  
 the exciting causes &c when the symptoms continue long  
 without & the mental faculties or tongue are not affected we  
 have reason to suppose the brain is not affected — Electricity  
 often cures to be useful must be repeated often, or when the  
 pulse is low, tying down the healthy arm in order to determine  
 the blood to the affected arm, tying ligatures around the



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Affected limb when tumors exist. Case of a Schoolmaster tying ligatures between the elbow & the wrist of his Scholars to prevent a shaking of the hand in writing. The first Symptoms of recovery are 1<sup>st</sup> In the voice 2<sup>d</sup> In the speech & 3<sup>d</sup> in heat but I have seen the reverse of this *namely* sweat first &c. sweating of the affected side Unfavourable. Palsy is known to affect the nerves & muscles from a long continuance of symptoms. when it affects these the medicines are external or internal. The external are frictions with the hands flesh brush &c. warmth applied by vapour or sand bath Cold bath, weights applied to the affected side beginning with a pound gradually increasing. The internal are empyreumatic oils as tar, turpentine, Oil of amber, Cayenne pepper. hartshorn Oil & Cantharides &c. Pains in the limbs sometimes attend Convalescents & it is a favourable Symptom, Intermittent or other fevers sometimes cure it. Insibility of the affected side is Unfavourable, It is now easily cured whether recent or from Colour, such as the effects of Epidemics, easily cured when the upper limbs are affected only, easily tho' slower when accompanied with Dysentery. The Prophylactics are the same as those for Apoplexy. Care should be taken that the patient does not lie too long on one side, or sit too long with one side to the fire, I







have generally heard those affected with the Palsy say that they were accustomed to lay on the affected side to this however I know one exception & only one. The blood drawn when there appears to be great depression should be small in quantity & as often repeated as necessary. It sometimes happens that an injury done on one side produces its effects on the other.

### Catalepsy.

This is induced by a moderate pressure on the brain. It has a tendency to Apoplexy but is not attended with falling down. The Remedies are V.S. & afterwards strong & specific Stimuli according to its Cause. I once knew it brought on by love & the young man who had it was cured by the presence of the Lady whom he loved.

### Coma

This is a disposition to sleep longer than Natural or Usual. It often attends fever is an inferior grade of apoplexy. Dr. Willing says he knew a fit to last for 26 days & another from August to January & nothing could wake them. It is proper to treasure up the extremities of Nature what would be the effects of Gentle Stimuli, a whisper will awaken when loud Conversation will not, owing to the whisper being in Union

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with the excitability of the system. The Remedies are *Op.* to be regulated by the pulse. Purge. Cataplasms to the feet &c. & avoid all the exciting causes.

### Wakefulness.

This occurs in fevers & nervous affections. In some fevers wakefulness will often continue weeks without any injury to the system. It is a premonitory sign of madness. It is sometimes induced by strong Coffee, tea, peruvian Bark &c. Dr. Willis says it is attended with flatulency or belching. studious men are most subject to it. Popeau was very subject to it in the latter part of his life. It proved fatal to W. M. Bridge. It most generally attends the decline of life owing to the second Childhood at which time the excitability is so great that a grasshopper is a burthen. The Remedies are  $\frac{1}{2}$  *Op.* when the pulse is tense & there is a throbbing in the temporal artery. Case of a man sleeping better after *Op.* than for 7 years before it acts like a charm in inducing sleep. The repetition of this cures nervous irritability. Case of a Lady cured of impending insanity by *Op.* 2<sup>d</sup>. cupping. Purge. absence of sleep gentle labour lying down. In this whole young I have often walked down the excitement low diet blisters to the ankles & neck Complete





Darkness, profound silence lying on the back but this would be unsafe if the system be much reduc'd sitting up warmth to the feet by bricks & bottles of warm water Concentrating the mind & can to one thought or sound: Counting in the imagination 100 backwards. Contemplating a flock of sheep leaping a fence one by one. listening to water dropping into a bason or off the eves of a house, or on it. Contemplating a field of wheat just before harvest waving before a gentle breeze, listening to theolian harp. Monotonous sounds induce sleep by wearing down the excitement I not before by reflex sensation when the system or brain is below the sleeping point the Remedies are 1<sup>st</sup> Opium beginning with small doses. 5 drops of Laud. will often induce sleep when 30 would not 2<sup>d</sup> Asafadita will often succeed when Opium fails. 3<sup>d</sup> eating suppers 4<sup>th</sup> a glass of wine, eating is of more effect than than a powerful stimullies by its stimulus being gentle & durable 5<sup>th</sup> Jumping out of bed & walking about the room this equalises the excitement by throwing it to the feet Peiluvium: the light of a Candle, of the morning throwing off the bed clothes warm bath. Rocking in a Cradle, it gently stimulates the brain Recollect the bloodvessels brain & Muscles in this disease are to be rais'd or reduc'd to the sleeping point.





Sleeping on one side by increasing muscular motion 5<sup>th</sup>

Customary sounds. Case of a watch maker formerly mentioned  
 lay of hops under the head going to bed & rising at the same  
 hour No new or interesting subject should be introduced into  
 Conversation in the evening & the patients spirits should  
 be kept up by giving the history of those who have recovered

**Vertigo.** It occurs when the venous Plethora succeeds  
 to the arterial It has the following grades — 1<sup>st</sup> a turning round  
 of the head 2<sup>d</sup> trembling of the head, 3<sup>d</sup> Fear of falling 4<sup>th</sup> Tai-  
 ntus Aurium, apoplexy, The mind is generally unimpaired & the  
 the memory — this is various in its appearance & causes It oc-  
 curs with or without sickness, with or without noise in the ears  
 with or without blindness. in the young, It attacks chiefly in the  
 decline of life, it is induced by a cessation of the menses, at-  
 tacks when riding or walking, but its worst grade is when it at-  
 tacks in the recumbent posture, because that is the posture gen-  
 erally proper to cure it; It is sometimes a symptom of Gout  
 & Rheumatism & frequently a precursor of the palsy, It af-  
 fects the eyes & terminates in apoplexy, 5<sup>th</sup> the remedies are  
 of & cupping when head ache succeeds their exhibition.  
 which is also an excellent symptom, pruritus ignis Cold to  
 the head & warm to the feet





... excellent remedy but never given with a tense pulse  
 It is prevented by closing eyes. The local Causes are, wounds, Contusions  
 Obstructions of the brain. General Causes, strong tea & coffee  
 tobacco. tight ligatures Plethora from all its causes. Gout.  
 Epilepsy & Fevers of all kinds. Symptomatic Causes, worms, bile  
 extra quantity of Faeces in the intestines. The bowels are excellent  
 outlets for all diseases of the brain. low diet, excitement remov'd  
 all exciting Causes especially ligatures Coffee & remov'd. Coffee in  
 this disease uniformly hurtful. also. Tobacco.

### Head Ache

This affects all ages above puberty & sometimes Children from 14  
 to 8 or 10, women are more subject to it than men in the ratio of 10  
 to 1. It often arises from Gout. It is often cured at 40 by the exchange  
 of the arterial for the venous plethora, Changes of Situation of Labour  
 of the mind have frequently cured it. It is frequently periodical  
 occurring weekly monthly twice a year or annually. I once  
 saw it occur every Sept<sup>r</sup>. Only. I have known it to continue through  
 the whole course of a very protracted life of 87 years. The remote &  
 exciting Causes act directly on the brain & indirectly through the  
 medium of the blood vessels, nerves mind, senses of the stomach  
 The remote Causes acting directly on the brain are malconformation





of the head. Contusions, Decayed teeth abscesses in the ear maxillary or frontal sinuses &c. 1<sup>st</sup> Those acting indirectly on the brain thro' the medium of the blood vessels are 1<sup>st</sup> Fevers of all kinds 2<sup>nd</sup> From the Gout this is known by its occurring in the Gouty periods of the spring in those persons accustomed to Gout in person, born of a Gouty family &c. I once knew a Gouty headache of 15 years standing alternate with the Gleet. 3<sup>rd</sup> Rheumatism from Cold 4<sup>th</sup> Heat & Cold, succeeding each other. From the Strife w<sup>h</sup> takes place between the Arteries & veins between 36 & 40. 5<sup>th</sup> From occurring at puberty 6<sup>th</sup> at the Change of Arteries for veins puberty. 7<sup>th</sup> From a suppression or Copation of the Menses, a separation of Liles. 8<sup>th</sup> From leaving off any customary evacuation or discharge. 9<sup>th</sup> Costiveness from the piles or Condylomata. 10<sup>th</sup> Ligatures produce it or tight dresses on the head or feet. II Those acting thro' the medium of the nerves indirectly on the brain are 1<sup>st</sup> certain states of the air. as Moistures dryness or winds. Thunder & lightning. I once knew a lady who could tell the approach of Thunder & lightning by a head which she experienced at its approach 2<sup>nd</sup> Impressions in parts of the body conveying pain to the head as standing too long on the feet. 3<sup>rd</sup> Sleeping & waking at unusual hours---







**III<sup>d</sup>** The Causes which act indirectly on the brain thro' the medium of the mind are hardships, hard study, & sudden & violent Passions **N<sup>th</sup>** The Causes acting on the brain thro' the medium of the senses are Odours, looking looking at intense light or, how-  
=erful brights &c. **V<sup>th</sup>** the Causes acting indirectly on the brain thro' the medium of the of the stomach are indigestible ali-  
=ments as Cheese, butter & full meals, &c. But effects thro' these Media are often combined to constitute headache which has the following marks 1<sup>st</sup> It appears in the whole 2<sup>d</sup> In the Sinciput or Occiput only, 3<sup>d</sup> over the Orbits of one or both eyes this according to Dr. Blackson arises from the in the stomach, Numerous are the Causes are many pass through life without any headache, I have known it to go off with the rising & come on with the setting sun. In some it occurs in the Spring or Autumn. but most generally in the Winter & then its seat is in the arterial system Dr. Boerhaave says the seat of the pain is in the Dura Mater, 4<sup>th</sup> dull pain. 5<sup>th</sup> Acute pain, 6<sup>th</sup> There are often distinct exacerbations or remissions, 7<sup>th</sup> Attended with a sense as if the Sutures were shutting or opening. 8<sup>th</sup> With the scalp too sore to be touched these pains with all their seats &

V



Grades continue sometimes for years without any abatement  
 The Remedies are different as they arise from different Causes  
 hence no one Remedy is proper at all times when it arises from  
 Malconformation little can be done however it can be palliated  
 by small & repeated N<sup>o</sup>. Punges. Cupping, Blisters deep  
 Scarifications in the Scalp & even incisions down to the  
 periosteum used by Dr. Physick with Success. These are all  
 proper if used in time will certainly prevent the Use of the  
 trepan. Labour & a Change of Occupation have cured it  
 a fall on the Ice cured it in a Lady in this City  
 when it arises from decayed teeth or abscess in the  
 Maxillary sinus let the tooth or teeth be extracted  
 & the abscess healed If it arises from indirect Causes  
 acting on the brain thro' the medium of blood vessels  
 or from fever accommodate the Remedies to the State  
 of the fever if from a prevailing Epidemic treat it as  
 such if it be intermitting bark will be of service if from  
 Gout & Rheumatism treat it accordingly keeping  
 Continually in view that there is no back door to the  
 brain & that it requires twice the Quantity of blood  
 to be drawn than any other part would when not

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It ends in blindness deafness loss of memory, giddiness  
palsy. apoplexy hydrocephalus and sometimes madness.  
The gradual abstraction of stimulus is necessary by V.  
Cupping Purges. Emetics. Blisters first to the limbs  
then to the head & behind the ears abstinence from ani-  
-mal food. Cold to the head. Salivation & incisions down to the  
bone. When V. fails to cure directly use Mercury. Cupping &  
losing only 8 oz of blood have present wit. If it arises from  
heat & Cold a gradual abstraction of heat on the appli-  
-cation of Cold to suit the state of the system if in  
Liberty, from the Striae between the Arteries & Veins  
If from Condylomata they should be cut off if from  
repelled eruptions restore them. small & repeated V. If  
from the Cessation or Obstruction of the Menses small V.  
Gentle Purges snuff to incite or increase the nasal disch-  
-arge. If from other diseases substitute issues & if from  
Costiveness. Purges & if from ligatures Remove them when  
the head aches proceed from the beginning or with  
weak morbid action the Remedies are Opium. Rorrie  
Vol. Tinct. Guaiac. warm applications to the head  
Sediluvium garlic salt. or burgundy pitch to the feet







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or what is better common shoemakers wax; Inhaling the steam of hot water, or hines not stimulatives, local sweats to the head & lastly a salivation, when the head is affected through the medium of the nervous system, the remedies are of when the blood vessels are brought into sympathy, cold applications to the head & all the remedies for hysteria, when from the mind & senses, the exciting causes are to be particularly avoided. When through the medium of the stomach vomits purges, tonics &c. Indigestible aliment of all kind should be particularly avoided. —

Intoms are in perfect vision. In Periodical head ache, the ears affected with imaginary sounds, troublesome dreams, & sudden increase or diminution of the appetite, cold & dry feet are the symptoms from cold, there is sometimes a difficulty in determining whether the stomach or head be the primary cause of this distressing complaint, but we take it as a general rule that when head ache occurs before a sick stomach that the head is the primary ~~form~~ disease. The remedies are pediluvium abstinence, vomits purges, cupping, sweating Landanum in large doses, 300 4 grains of pepper, a glass of wine & three pints of hot water &c. The Nervous head ache, the face is red & hot, eyelids fall, tears involuntary vision is affected, smell & taste diminished, mind affected, bilious vomiting







full wine, suspended or imperfect vision, Ears affected with the most fee-  
 -ble or imaginary sounds or noise sometimes, It most attacks women just  
 women to one man, 2<sup>d</sup> Cullen, there is a loss of memory without conversa-  
 -tion, the remedies are 1<sup>st</sup> if the paroxysm be violent or the pain very ac-  
 -ute or so great as to prostrate the blood vessels, 2<sup>d</sup> purges, 3<sup>d</sup> blisters  
 4 Cataplasms, rest in a recumbent posture & in a dark room, silence,  
 bandages round the head, Alther applied to the head w<sup>th</sup> bladder, or wine  
 taken internally, these are all proper in suffocated excitement last-  
 -ly terror, the powerful effects the passions of the mind have in cur-  
 -ing the head ache, was exemplified in Lady Russell in the execution  
 of her husband. In the intervals of this disease, the remedies are  
 bath, valerian, or both combined, Zinc, blue vitriol, preparations of  
 Iron, arsenic, cold & hot bath, warm or cold applications to the head  
 shaving the head & cordial astringents, with the free use of pepper, avoid  
 ing all the exciting causes, &c.

The signs of Life & death are 1<sup>st</sup> It is most danger-  
 -ous when it arises from all its causes both direct & indirect com-  
 -bined 2<sup>d</sup> less so when it arises thro' the medium of the blood vessels  
 3<sup>d</sup> less so when it arises thro' the medium of the ~~blood vessels~~ Mus-  
 -cles & appears to affect them primarily 4<sup>th</sup> less so when thro' the  
 the medium of the Stomach 5<sup>th</sup> less so when thro' the medium  
 of the mind & nerves 6<sup>th</sup> lastly, when the pain appears to

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be diffused throughout the whole system the cure is easier than in any of the above, & the more diffused the pain is the less danger, Recollect Gentlemen before you prescribe that all its causes are sometimes combined, when it is hereditary it is very obstinate, when a form of Rheumatism or Gout it generally affects the scalp & more internal parts & is not very dangerous. When called to a patient inquire whether the head ache be induced by direct or indirect causes, If indirect through what system it affects the head, & suit the remedies accordingly.

Epilepsy. This is attended with convulsions & without sleep, the ancients called it morbus Comitialis from its being produced by impure or Arotic gas, I have read & thought much upon Epilepsy, & I am very sorry to say that I know very little now about it that I did, 30 years ago. I leave it to you Gentlemen who in your happy moments of mental excitement discover its cure,

I shall proceed to deliver facts only, Debility is the predisposing cause hence its paroxysms appear in the night only, like all other diseases that originate from debility, Its difficulty of cure consists in its being deeply seated in the nerves, Muscles & blood vessels & its imparting to each a morbid excitability.

I shall divide it into 5 grades —

1<sup>st</sup> Sometimes the paroxysms are so violent as to cause an emission of semen masculinum according to Lower, & an effusion

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of blood from the arterial extremities in a bloody sweat according to  
 Dr. Short, I once saw it so violent that the patient was insensible of  
 parturition, the emission of semen masculinum happens in other dis-  
 eases of great violence, I have seen it in yellow fever. —

2<sup>d</sup> the body & mind are not prostrated,

3<sup>d</sup> sometimes it only produces fainting fainting, loss of speech or  
 a loss of walking for a short time, —

4<sup>th</sup> It is sometimes so mild that the eyes & face are only a little con-  
 vulsed, —

5<sup>th</sup> There is a grade of it resembling the German Epilepsies, in wh.  
 the patient, has complete recollection of all that happened the day  
 before, Epilepsy affects from childhood to the 50 year of life  
 the duration of the fit differs in different times & patients, the  
 intervals between the fit are 24 hours to 6 months, after the 50

year of life it generally goes off or has only a symptom of fainting

It generally shortens tho' not always life, It sometimes impairs  
 the memory induces fainting &c. but not always, It is sometimes  
 succeeded by or alternated with madness, It proves fatal when  
 the fit does not fall, by ending in hydrocephalus Internus  
 dissection shew that those dying in Epilepsy the blood is con-  
 fined principally to the arteries & that the veins are almost  
 always empty, May be not conclude from thence it is like

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Invade, a fever of deep hold, all its remote causes are the same as those of fever, acting with more force & more immediately on debility, Common fevers invade the blood vessels while Epilepsy seeks & finds a different hold, upon the nerves brain & muscles, the remote causes are general & local, The general causes are first, 1<sup>st</sup> Intemperance in eating & drinking or excess in venery 2<sup>d</sup> great bodily or mental exercise, 3<sup>d</sup> Quarism, 4<sup>th</sup> terror, 5<sup>th</sup> retention of excretions, 6<sup>th</sup> repressed eruptions, as Gutta serena, & flux albus 7<sup>th</sup> sleeping in the open air with wet clothes, Impure or Oxytoc gas has produced it 9<sup>th</sup> It is often induced by sympathy imitating the actions of those in a fit, 10<sup>th</sup> Congeality sometimes produces it,

The local causes are 1<sup>st</sup> fractures of the skull & compression of the brain, 2<sup>d</sup> malconformation of the brain & skull 3<sup>d</sup> tumors, 4<sup>th</sup> decayed, 5<sup>th</sup> D<sup>r</sup> Short mentions that ragged warts on the ankles produced it, a fit when once formed can be removed by removing all the exciting causes & association. Association has sometimes induced incurable Epilepsy, fits occur more in the ~~waking~~ sleeping than in the waking state, this I think may be partly owing to an association of Ideas in dreams & not wholly to debility which is more general & that time Has this disease ever been cured by nature. No! but

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But accidental circumstances, may cure it, It is cured, by puberty,  
 2<sup>d</sup> by pregnancy & child bearing 3<sup>d</sup> change of climate & residence  
 always taking care to let the climate be equable, This acts by des-  
 -troying the chain of formed Ideas, 4<sup>th</sup> by the hardships of a mil-  
 itary life, 5<sup>th</sup> by old age, 6<sup>th</sup> Burns have cured it?

The remedies for Epilepsy are of three kinds, 1<sup>st</sup>  
 such as are proper for its forming state, 2<sup>d</sup> during paroxysms  
 3<sup>d</sup> for the intervals, But previous to mentioning the symptoms  
 medicines it would be proper that I relate all the symptoms  
 which precede These are, 1<sup>st</sup> a Bitter taste in the mouth  
 2 or 3 days before the fit, an enlargement of the pupils of the  
 eyes, tremulous, false vision & preternatural slow or tense pulse  
 pain in the head & right eye & an Inflammation of the tunica  
 adnata, a peculiar odour in the breath, costiveness redness  
 in the face, pain in the feet, a sense of horror, pimples upon  
 the tongue, a trembling of the upper lip & Aura Epileptica  
 the remedies during this forming state are 1<sup>st</sup> V. if the pulse  
 be tense, or if there appears to be much fullness in the blood  
 vessels of the brain 2<sup>d</sup> Emetics when there is a bitter taste in  
 the mouth, 3<sup>d</sup> abstinence from animal food & using vegi-  
 table diet 4<sup>th</sup> gentle purges as sulphur, 5<sup>th</sup> a dose of Opium  
 at night, 6<sup>th</sup> a cup full of rue, the smell of burning Sul-

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phus, Dr Currie recommends tobacco to be applied to the stomach just before the fit begins, ligatures round the extremities, when the *Aura Epileptica* appears from rising keeping it. Fear sometimes prevents a fit from rising, when the fit is approaching, running in bed keeping the teeth open with a piece of wood or the like rubbing the head & throwing it back against a wall have all prevented its approach, the remedies during the fit are of fresh air, pressing upon the stomach, to have no more attended than are necessary, loose all ligatures & tight clothes, keeping the patient in an easy recumbent posture, the blood is always most always sizy & exhibits other marks of Inflammatory action, I lament that no notice has been taken formerly of the different grades & in which different remedies have been useful.

The remedies for the worst grades are 1<sup>st</sup> depleting remedies & medicines, reducing the blood vessels nerves & muscles gradually, below the point of morbid action, the following marks may be noticed, It is always indicated by the pulse & the blood is always sizy 2<sup>d</sup> milk has often done more good than any other medicine according to cullen, to be effectual the system should be very low before its exhibition, a case of Dr. Clay who fed upon the milk upon a cow who fed upon





Grass & hay, but as soon as she fed upon grains the milk disor-  
 dered him, I am convinced that much can be done in this dis-  
 ease by low diet, but especially diet by weight & measure.  
 The system rises & falls as a thermometer consequently the at-  
 tention necessary to suit its changes are very great, 3<sup>d</sup> &  
 salivation, it should be kept a month or six weeks, It acts  
 in two ways, 1<sup>st</sup> by depletion 2<sup>d</sup> by the abstinence necessary  
 its exhibition, In this disease it is difficult to make the Sal-  
 ivary glands, salivated & It should always precede it.

II tonic remedies so powerful as to overcome predispos-  
 ing debility, These were suggested for the cure of Epilepsy  
 by puberty, Pregnancy, Old age Burns, &c. the vegetable  
 tonics are Mistletoe, Bark Opium & stramonium, the Opium  
 should be given in large doses & for a considerable time, to cre-  
 ate giddings & delirium, he had better create a little irre-  
 gularity in the brain, than suffer a continuance of the  
 convulsions of the whole system, D.<sup>r</sup> has cured two cases by  
 stramonium, the metallic tonics are steel, green & blue  
 vitriol & white Zinc, Sacch sat, from 1 to 3 gr 3 times a day  
 I have cured several <sup>children</sup> ~~adults~~ but have always failed in Adults  
 Nitrat Argentum  $\frac{1}{4}$  gr to  $\frac{1}{2}$  gr twice a day. a  $\frac{1}{4}$  to a  $\frac{1}{10}$  of a  
 gr. Magistroy of rhubarb in pills or dissolved in ag. Font.

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Phosphorus & Copper have also been used, If Epilepsy depends on a more deep seated debility than fever, it follows that larger doses of more powerful tonics should be given, the usual stimuli are apt not to affect them, consequently we must increase the tone, with all these a cordial diet & drinks, gentle exercise. What would be the effect of a high fever in curing this disease? we are certain that the convulsive fits are suspended by the fever of small pox, In moderate cases of Epilepsy stuns or issues to the neck, wrists &c. Perhaps this disease may be a retrograde motion of the nervous fluid, actual cautery to the coronal & sagittal suture & blisters all over the head, clysters of Mesotrianna change of Climate &c. when from tumors they should be cut out. the stomach should be well regulated for in this disease there is always a morbid appetite, sleeping on a hard bed is proper & two exercises cured by the Itch, Itching always a favourable sign, repelled eruptions may be restored. From a review of the cures for this disease of purging, milk diet & sacch sat have majority, Remove the patient from all exciting matters as study &c. Gentlemen, let me intreat of you to try to find out the cure for this disease. — — —





ASTHMA, This is known by a difficulty of breathing  
 no expectoration in the first stage of the fit, but copious dis-  
 charges towards the end; It is distinguished from Pneumonia  
 by having no fever, from dyspepsia by its having intervals  
 of ease & apparent health, It is sometimes hereditary, it occurs  
 in children, at puberty, 30 & the decline of health. Life—  
 the remote & exciting causes are great heat. 2<sup>d</sup>. cold succeed-  
 -heat, 3<sup>d</sup>. certain dry or moist winds & 4<sup>th</sup>. certain particles  
 received into & acted mechanically upon by the lungs, 5<sup>th</sup>.  
 certain odors as the smell of flowers &c. carbonic acid gas  
 has produced & suppression of Arterial evacuation from  
 the Ovary Uterus? repelled eruptions &c. The premonitory  
 symptoms are lassitude, uneasiness in the breast, sleepless-  
 -ness after dinner, flatulency, difficulty of breathing.  
 dry & cold feet. The Prophylactics when these symptoms  
 appear are pediluvium, vomits purges, sitting up all night.  
 has sometimes prevented the fit, the heat of the body is  
 at 60 during the fit, the pulse natural, because the  
 blood vessels do not sympathize. the respiration is quicker  
 than in health, the respiration is without noise, & some-  
 times so sudden as to stop the glottis, the patient is una-  
 -ble to lie down & feels very uneasy, the most easy

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posture the patient can place himself in, is to stretch his legs upon a chair & hold his head forward? by this means the cavity of the thorax will be enlarged? the fits occur in the night & lasts from a  $\frac{1}{2}$  to 2 or 3 days, It occurs from 1 to 36 times in a year, It sometimes exists without Interval, in a Chronic form which depends upon a malconformation of the lungs. I knew it to occur & continue for 7 years during all which time the patient did not lie down? In recent cases there are no marks of disease, but in old & long standing cases the lungs shew evident marks of disease, It sometimes ends in Pneumony, but more frequently in Pulmonary consumption, It now & then ends in Hydrothorax & sometimes in fatuity, a fit of the asthma generally resembles the last struggle in death, It has all the symptoms of approaching death, but cold breath in this disease is not fatal & frequently appears altho' it is fatal in all other diseases, It is seated in the Bronchia, It is divided into Spasmodic & putrid or dry & humid, the spasmodic attacks in early life & the latter or putrid in the decline of life.

The remedies for the cure of this disease divide themselves into two heads, 1<sup>st</sup> Such as are proper during the interval, the remedies during or proper for





1<sup>st</sup> such as are proper for the paroxysm & 2<sup>d</sup> such as are proper during the intervals, & 1<sup>st</sup> the remedies during the paroxysm are 1<sup>st</sup> of when there is much oppression dyspnoea & the pulse in this disease is not always indicative of the system, as it is not a disease of the arteries only, & shows its advantages by shortening the duration of the fit rendering it lighter & preventing those obstructions of the Lungs that would end in Consumption, Hydropex & ascites, even a pale face in this disease should not fool the lancet, altho' a red one is the most common, 2<sup>d</sup> Vomits are of great service by creating a new action, Squill tart Emetic, Spices &c, 3<sup>d</sup> Purges cold air & drink in great morbid action, when the morbid excitement is reduced, Opium & Laud, in small but frequent doses, Ossa fetida, pediluvium, vapour of hot bath horse radish inhaled into the lungs, smell of Cloves, Oxygen Gas, Blisters to the wrists, mineral & vegetable acids, strong Coffee, tobacco smoking, warm air, these Gentlemen you see hold Barium prescribed for the same disease, different medicines must often be prescribed to suit the different states of the system, City air is generally more agreeable for asthmatic patients it being more equable, this equality of temperature may be owing to the quantity of Electricity in a town, or to what produces of bilious fevers of Yellow fever as much miasmata &c the barometer shows the changes

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much sooner in the Country than in the City, Is Asthma a curable disease or can its Internals be prevented? Yes by two circumstances, 1<sup>st</sup> by accident, It is sometimes cured by pregnancy, 2<sup>d</sup> by the cessation of the causes on at that period at which they cease 3<sup>d</sup> by new diseases mixing morbid action to that part or some particular part, 4<sup>th</sup> by a change of climate, this depends whether the Asthma be dry or spasmodic, or pituitous or humid if the last dry air is proper & vice versa, a sponge filled with water & held in the mouth a vessel of water put on the stove to moisten the air, altho the moist air near the sea shore is proper in the dry Asthma, but in the pituitous or mucous Asthma a dry air is best.

2<sup>a</sup> the remedies proper during the intervals are 1<sup>st</sup> avoiding Plethora by occasional Plethors, 2<sup>d</sup> low diet & avoiding all the exciting causes, 3<sup>a</sup> a seton in the side or issues in the arms, 4<sup>th</sup> Exercise, by hard labour, Cold bath has been said to be of great service, 5<sup>th</sup> a recurrence of old or accustomed habits, diet of Garlic, Ol. Amber or tar in the way most agreeable to the patient, the habitual use of oxyd of Iron, Qui large doses sleeping on a mattress, All diseases are more or less of the intermittent form & therefore the more these medicines are given to the cessation of a fit of Asthma the better, Lastly a change of climate occupation & residence &c.

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*Dyspnea*. This is known by a difficulty of respiration & sometimes a cough, the causes are contraction of the thorax, tumours in the trachea, enlargement of the uterus, Liver &c. pressing up the abdominal viscera & thereby lessening the cavity of the thorax, this disease is often incurable tho' not always insupportable, when it arises from tumours upon the trachea they should be punctured, One of a patient who had dyspnea & complained of a pain in the throat, blistered, but found no advantage & she died, upon examination of the trachea I found a tumour with about a teaspoonful of whitish black matter the tumour was about the size of a common nut, I am convinced if a lancet had passed between the rings of the trachea at the place of pain she would have recovered, If it arises from pregnancy the body should be compressed by bandages, if from put exercise low diet &c. This disease is distinguished from asthma by its being continual.

### *Angina Pectoris*. This is

known by a difficulty of breathing, attended with great pain in the left & is increased by ascending a flight of stairs, Pain sometimes extends from the breasts to the neck & arms Many of pains attacks at first not more than one in 2 or 3 weeks but afterwards at shorter intervals, It is sometimes so severe that the patient cannot lie upon his sides, more particularly

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the left side, the pulse is trembling, weak & natural, intermitting &  
 at times active & tense, It is distinguished from Hydrothorax by af-  
 fecting the heart principally, It occurs in Gouty hysterical Asth-  
 matical, Hypochondriacal & Consumptive people, It attacks about  
 50 but sometimes earlier, The symptoms on dissection are 1<sup>st</sup>  
 an unusual quantity of fat 2<sup>d</sup> Ossification of the simular valve  
 of the left ventricle of the heart, 3<sup>d</sup> a membrane found in the  
 heart similar to that found in the testes 4<sup>th</sup> a schirrus in  
 part of the liver, 5<sup>th</sup> blood in a state of fluidity, 6<sup>th</sup> some-  
 times the heart has been entirely empty, These phenomena have  
 been supposed to be the cause of disease, but they are the effects  
 only, That they are only the effects I infer 1<sup>st</sup> because they are  
 always seen, 2<sup>d</sup> it sometimes kills suddenly, I once had a pa-  
 tient who died walking of suffocation, 3<sup>d</sup> all these appearances  
 have been discovered in the liver, mediastinum of those who have  
 had no symptoms of the disease 4<sup>th</sup> Epidemics of great fever  
 shews coagulating lymph in the form of polipi in the heart  
 It is often periodical, worse in winter than in summer  
 From all these facts we may see that the seat of disease is in  
 the heart & arteries, from previous debility & consequent  
 morbid excitement in the form of Spasm or Convulsion.  
 The remedies in the first stage or when the





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the pulse indicates &c. by this I have twice cured Dr. Johnson found  
the blood dissolved, Mr. B. mentions a case being cured by a spon-  
taneous discharge from the hemorrhoidal vessels, I found the blood  
very to the very last, 2<sup>d</sup> purges & low diet, when it is attended by  
weak motion the remedies are metallic tonics, nitrate of  
Argentum  $\frac{1}{4}$  of a gr 3 times a day Zinc, white vitriol &c. Issues  
in the arms & thighs, gentle exercise, cordial diet & a salivation  
avoiding all exciting causes as running up stairs &c. all the  
remedies are to be varied according to the state of the disease  
I once knew it to end in Hydrothorax & was fatal

Whooping Cough, this is known by a convulsive  
cough, a sense of strangulation, a sonorous inspiration, &  
several repeated to one Expiration, sometimes vomiting -  
blood is sometimes discharged from the lungs & nose, when  
from the nose it is favourable, I have seen it with & without  
cough, It is sometimes Epidemic, I agree with others  
when he says that it is sometimes attended with fever  
& that of the catarrhal kind, Epilepsy, apoplexy & convul-  
sions are brought on by a fit, It sometimes ends in Consump-  
tion & sometimes otherwise fatal, a violent fit of cough-  
ing has been known to end in hiccough, It is propagated by

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contagion affects children chiefly, It generally last 3 or 4 weeks but sometimes lengthens its course to 3 or more years, I have seldom found it fatal, I do not say that I have cured it but I have mitigated its attending pain, the remedies when there is much morbid excitement are 1<sup>st</sup> When the pulse indicates it, 2<sup>a</sup> Vomits which are of the greatest importance, Squills are commonly used but Spicas & tart Elix will do, Antimonial wine, they should be often repeated, 3<sup>a</sup> Purgers the best of which are Calomel & Rhei 4<sup>th</sup> Cold air this is more useful when combined with gentle exercise, 5<sup>th</sup> Fear acting as a sedative, when the morbid excitement is reduced the remedies are tonics, as Barbs steel, 20 or 30 gr of the R. Apocytida 3 or 4 times a day I have found of great use Zinc sacch saturni, oil amber tinct Canthar, to the feet & breast garlic to the feet gentle exercise In protracted cases issues are proper.

**TREMORS** These have a great connection to Palsy they arise from strong drink, working amongst lead mines fright &c. these affect the limbs & occur generally in old age, they first appear in the hands, then in the head & neck & lastly in the tongue, the cure consists in avoiding all the exciting causes & using depleting or tonic remedies according





to the state of the system, but we cannot cure them in old age, because old age is an exciting cause, Tremors in old, scarce age, at night this is owing to the muscles giving up their excitement to the blood vessels. Rendering them more full, this shows the necessity of letting the blood vessels for their cure a schoolmaster stops tremors in the hands of his pupils by ligatures? —

**CONVULSIONS**, These are often induced by great pain & plethora, all the remote causes of fever <sup>produce</sup> them the remedies in convulsions from pregnancy are copious & likewise from parturition, cool air Liquid Laud, when from inaction Cordials &c. Convulsion from guilt may be treated as in fear. Convulsions in the last stages of disease, are to be treated with cordials &c.

**TETANUS**, Refer you to my inquiries for an account of this.

**Chorea Sancti Viti**, This is known by certain convulsions of a ludicrous appearance, It generally affects young people between 4 & 10 years of age & generally affects one side so the leg & arm of one side only? I once saw it in an old man of 70 & in one hand only the fingers are only sometimes affected. In children it is often

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brought on by worms. The remedies are 1<sup>st</sup> of this I have found useful in some cases 2<sup>d</sup> Chalybeate medicines 3<sup>d</sup> Bark & Oil of Amber 4<sup>th</sup> Cold bath & salivation 7<sup>th</sup> Exercise &c. This is seldom fatal at least I have seldom found it so, It has always yielded to the above remedies under my care.

**Recup.** This is a convulsive motion of the diaphragm, It sometimes occurs in fevers & it is now & then a local disease, Laughter & liquor often produces it, I have seen it produced by eating an apple, probably from the extracted air of the apple, Infants are most subject to it, I once knew it to continue 2 weeks and at another three years, The remedies are to be suited to the state of the pulse, If it occurs in fevers of great morbid excitement but in a chronic or decline of fever tonics are proper & Laud & Oil of Amber, when it is local the remedies are fewer it is a certain cure, Jay, Ginger tea, large swallows of water, holding the breath & salivation has subdued it but it has never cured, Blisters also have relieved it.

**Cramp** This occurs in every part of the body particularly in the lower extremities, Pregnant women are subject to it in the abdominal muscles. It is sometimes symptomatic of Cholera Morbus

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It often occurs in sleep in consequence of abstraction & in swimming  
in consequence of the increase of excitability excited by action.  
The remedies for it in time of pregnancy are copious by Dr. Will  
says he has taken in time of pregnancy 100 oz of blood for the cramp  
cramp short purges Laudanum, when it seizes the whole body the  
remedies are the same, when in the extremities, rising out of  
bed if the patient happens to be in bed when it occurs, will  
frequently cure him, friction tight ligatures above the knee  
squeezing rolls of sulphur in the hands.

Cholic, 1<sup>st</sup> the cholic which is one of the inter-  
tinal states of fever, this Cholix which we now treat of seems  
seated chiefly in the fibres of the alimentary canal, Cholix  
this is known 1<sup>st</sup> by prevailing when bilious fevers are  
common 2<sup>d</sup> by a discharge of bile upwards & downwards  
3<sup>d</sup> by occurring in fevers preceded by chills, I will here  
speak of Cholix in the alimentary canal & in its muscular  
fibres, this is attended with great pain, suppression of urine  
contraction of the bowels, a sense of twisting at the naval  
hiccup, tremors, costiveness called Cholera Pictonum or dry  
belly ache in truersted tetanus, sometimes foecis are rejected  
by vomiting, few recover when this is the case, it is induced

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by all the causes exciting Gout, Rhytaria &c 2<sup>d</sup> unripe fruits of  
 aspen liquor, fumes of lead, sour milk &c 3<sup>d</sup> by diseases of contage-  
 nous parts 4<sup>th</sup> by a deranged state of the bowels from intemperance  
 or rupture or constipation, The exciting causes are most of the  
 remote or strong tea, cold feet &c debility is its predisposing  
 cause Spasmodic or Chronic its proximate cause, When there  
 is great pain the peritonial coat is more or less affected,  
 are there any premonitory signs to this disease, Yes? cold &  
 dry feet flatulency &c in this state a purge or a few drops of  
 Laudanum stimuli when the premonitory symptoms ap-  
 pear are good riding on horseback a few miles, The cure di-  
 vides itself into two parts viz for the paroxysm & in the in-  
 tervals <sup>to prevent</sup> for a recurrence of the paroxysm, are 1<sup>st</sup> Of to pre-  
 vent fever or Inflammation & death without fever, If ought  
 to be more copious, when the disease is from Gout or an affec-  
 tion of the Kidneys, it should be continued to reduce the  
 pain & pave the way for Opium, which after the reduc-  
 tion of the system, it should be given in small doses & repeated  
 untill ease is obtained, asafoetida is said to prevent palsy  
 in the limbs, water impregnated with tobacco smoke  
 the seeds of burdock made into a tea, after the pain  
 in the bowels cease, gentle purges, opening Clysters





which may be given to stimulate by their quality as turpentine &c or from their quantity R Frankensense, saffron  
 Myrrorh <sup>aa</sup> Zff & opium ʒi this is the common treatment  
 the time when to give purges is when the pain is felt ~~above~~  
 below the navel, warm bath is not to be omitted, Blis-  
 ters to the legs wrists & thighs, I repeat it again that the  
 skin & intestines act like antagonist muscles; that while  
 the action of one is increased the other is diminished, relax-  
 ing & stimulating applications as sweet Ol, Martshorn & Laud  
 rubbed upon the belly, &c Glysters of cold water 2 lb or 4  
 lb sometimes cure by distention, cold water thrown upon the  
 belly its efficacy is by producing a new action, a salivation  
 this is a certain remedy the bowels open as soon as the  
 mouth becomes sore, The favourable symptoms are a dis-  
 charge of wind downwards with a crepitus, plentiful dis-  
 charge of urine after being suppressed, gentle sweats  
 a discharge of scybala or worms, great sensibility of the  
 skin, a diarrhoea, or a gripping pain below the navel. It some-  
 times ends in Palsy of the lower & upper extremities, which  
 is the consequence of leaving them to wear down the exci-  
 tability, & prevents this, The prophylactics of this disease  
 are avoiding all its remote & exciting causes, particu-

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Costiveness to obviate which the following is an excellent  
remedy. A Crude Tartar, Salt of Tartar & Cream of Tartar  
aa one teaspoonful M. Q. S. If it be brought on by  
working among lead have off the business. Oily Aliments  
& warm dresses are proper to prevent it. The feet are to be  
kept warm & dry, particularly. This disease is now much  
more rare than formerly. Owing I believe to the more  
frequent use of flannel the disease of punch & also the disuse  
of heavy suppers. Regular exercise especially on horse  
& back is proper & lastly the Egyptian belt.

### Diarrhoea.

This is known by frequent stools without fever black  
green or white stools the two first are owing to an increased  
secretion of bile the latter to the absence of bile altogether  
in some Cases I have called it a Gonorrhoea of the intestine  
it was formerly called the Colic flux. Sometimes the  
pus is discharged or mixture of Pus & Blood, Aliments  
are sometimes discharged but little changed, Chronic  
diarrhoea or that without fever occurs both in night  
or day or in either separately. It is always preceded by  
a general or local debility the Causes operating generally





are irritants over the whole body. cold heat fever &c. The  
local Causes are acrid matters impure diet the smell of  
filices. worms active purges sometimes an absorption of  
Pus from other parts of the body discharge of an abscess from  
the Liver into the intestines cancer an hepatic flux or  
liver of the Liver obstructed lacteals & lastly Cile. It  
Occurs in middle life about the time when the Change  
of arterial & venous plethora takes place at which  
time it often continues for months & even for years  
without injury Sailors are subject to it from cold, fatigue  
& bad Aliments Pregnant women are often subject to it  
Sometimes it follows dysentery It is called in Virginia  
the downward Consumption. The Remedies are 1<sup>st</sup>  
Vf in plethoric habit or state. Remember a Cure of a Brown.  
Cured in 1802 by Vf Sydenham speaks lightly of it  
all medicines when the pulse is full & tense in this  
disease will do harm except Vf which is our only remedy.  
2<sup>d</sup> Purge the best of which is Rhubarb 3<sup>rd</sup> Vomits  
of Ipecac. 2 or 3 times a day. Tonics. Ipecac. Rhubarb  
at 2 grs Opium 12 gr 2 or 3 times a day. Dover's powder  
Astringents the powder of Chalk, tinct of Quinine





Vermicul. extract of persimmon, galls  $\mathfrak{z}\mathfrak{j}$  nutmeg or  
 Cinnamon  $\mathfrak{z}\mathfrak{i}\mathfrak{i}$  Ag. Font.  $\mathfrak{lb}\mathfrak{j}$  Boil them to half pint  
 strain & add as much spirits as the water left with a little  
 Sugar. port wine, diet suited to the state of the System  
 If the stools be dark a vegetable diet is proper, as rice, sago  
 Arrow Root &c. If green animal and alkaline diet. some-  
 times there is a morbid acrimony in which case demulcents  
 should be used, as toast & water, flaxseed tea, mallows, Gum Arabic  
 dissolved in Camomill tea, a diet of milk sometimes blunts the  
 acid, In chronic diarrhoea, blisters are essentially necessary to be  
 applied to the legs & wrists alternately & even longer, Here tag  
 can repeat the skin & the bowels antagonist muscles? Glysters of  
 starch <sup>or</sup> of ipecac  $\mathfrak{z}\mathfrak{j}$  Laud gutt  $\times\times\times$  aqua font  $\mathfrak{z}\mathfrak{xviii}$ , tart Antim  
 in injections is excellent especially in the gonorrhoea of the  
 intestines, warm & cold bath, wheat flour & brandy equal parts  
 a salivation, this often succeeds after all other remedies fail.  
 it is chiefly useful in diarrhoea where the liver is affected  
 which is often the case, a disease of the liver should be  
 suspected when ever the stomach is affected in its functions  
 Caustic to the region of the liver, exciting the arterial  
 system by mustard or warm applications, Keeping the  
 feet & stomach warm, applying bandages around the







around the abdomen are all proper, when it is from worms remove them  
when from Gout in the feet invite it to return 9 cases out of 10 would  
be cured by a Bleeding.

## Constinence

This is a relative  
term, some habits require more stools than others, I knew a sailor  
to pass from Lisbon & back without having a stool, In such cases  
the faeces are absorbed by the lacteals, but most people require  
a stool a day, the causes of constinence are certain aliments & drinks  
particularly cheese red wine &c. a sudden change from a rich  
to a low diet & vice versa, exposure of privies, certain matters obstruct-  
ing the passage of faeces, condylomata from piles &c. the remedies  
are rising & exposing the body to cool air, thin dresses by caus-  
ing the fluids to incline internally, we should never make violent  
exertions to destroy charges our faeces, for by so doing we may des-  
troy our intention & produce many disagreeable symptoms, our di-  
et should be a gentle laxative one, as corn meal, milk roasted ap-  
ples & ripe fruit, laxative medicines as cream tartar flow sul-  
phur, hiera pira, rheubarb, aloes & butter nut pill should be  
used in the chronic form, when the contents of the intestines are  
to be discharged only, they should not be employed, only when  
we wish a purgative effect, aloes are apt to induce piles &  
the butter nut pill determines much to the head.

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a warm room is proper for the patient to discharge his stools in cold weather, avoid all remote & exciting causes, Sometimes it depends upon a torpor of the alimentary canal, in this case steel oil anker, bark mustard &c. should be used, If it arises from detained feces remove them with a scope, If from Condylomata remove them with seigons, ligatures, but never with a knife or scissors, the following are the signs that the intestines are in a proper state & perform their functions 1<sup>st</sup> a stool every day & that in the morning 2 no wind preceding such stool 3<sup>d</sup> the stools neither liquid nor hard, but of middle consistence of a pale yellow colour 4<sup>th</sup> stools not cut into fragments, Flatulency is often a symptom of costiveness & is easily removed by trust reddish mustard &c.

**Dyspepsia** The symptoms of this are want of appetite, sometimes there is great appetite & no digestion & vice versa, vomiting sickness at stomach flatulency, gastrodynia or pain in the stomach cardalgia Herustations Pyrosis or water brash, sometimes there is a great appetite for putrid food feathers &c. Previous to mentioning the causes of this distressing disease, I will deliver a few remarks, the stomach is a faithful & accommodating & faithful viscus, it is the source of the body D<sup>n</sup> I say it is the seat of the soul the stomach is connected with the mind & its being





has different operations on different people, talents are much influenced by it, the stomach moreover influences the temper, It is connected with longevity, I never knew a very old man to be troubled with this complaint, our virtues & vices are connected with the stomach, or indirectly thro' the medium of the whole system, the causes acting directly are Coffee tea &c & Spts, the use of cutters before dinner, a repletion of the stomach with gross aliments & mixed with a large quantity of fluids, detuning the gastric juice, the application of heat & cold successively to the stomach, aliments swallowed before they are sufficiently masticated called bolting, the frequent use of emetics, rejection of saliva, excessive use of sugar, swallowing cold water at bed time or in the morning, obstructions in the liver? &c &c? this cannot be given more than one month without bringing on this disease, the causes acting <sup>in</sup> directly on the stomach thro' the medium of the system are indolent & vexatious life, Pregnancy, suppression of sweat upon the feet if foetid, gall stones, diseases & disorders of any of the neighbouring viscera especially the kidneys, spleen, & kidneys, decayed teeth, the most frequent cause of dyspepsia in the country is, living on cabbage &c &c aliment & having a great appetite & burning in the hands & the consequences of which are swelled legs &c the remedies are of





I kinds, palliative & radical, the palliative are first salt dissolved  
 a teaspoonful to the cup of water rendered acid by lime juice or  
 a few drops of muriatic acid, in the morning before breakfast as  
 hot as can be taken, Magnesia, Chalk lime water &c. 2<sup>d</sup> The vol-  
 atile alkali & alkaline salts. R sal ammoniac ℥ss lime juice  
 ℥ss & water ℥ij unskimmed milk is very good, the acid of  
 the stomach decomposes the milk & there is more oil in unskim-  
 med milk, a few grains of pepper after dinner a few drops of  
 Laud, a blister to the pit of the stomach, moderate compression  
 friction upon the stomach, charcoal in pills when there is a  
 canine appetite give sweet oil, It is said to blunt or dilute  
 the gastric juice, morbid acrimony of the gastric juice —  
 milk and vegetable diet, boiled turneps, Specac, & white vi-  
 triol are the best vomits, The remedies for the radical cure  
 are if the pulse be tense or full, It is often attended with  
 a chronic inflammation of the stomach & with a Synocha  
 or Synocha pulse, emetics purges, when continued attend  
 they should be lenient, the diet should not be changed for  
 every new article is an offensive stimulus, where there is  
 much excitability in the stomach salt meat, which is dif-  
 ficult of digestion, when the morbid action of the stomach is  
 reduced, which is known by the softness of the stomach &

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abuse of pain, Stimulants & tonics may be given as bitters of all kinds  
 chamomile, Quassia infused in water, Black pepper in spirits from  
 tea to a table spoonful the dose ten pills & garlic saline & meta-  
 -lic tonics & the bit, the preparations of Iron, Pulvis ferri from  
 10 to 20 gr with five grains of Ginger or any vegetable stimulants  
 a diet of solid animal food only, wild preferable to tame &  
 beef & mutton to poultry & veal, good butter in this disease, & li-  
 quids of all kinds are to be avoided, drinks ought to be avoided  
 during a meal, 1<sup>st</sup> because they hasten fermentation 2<sup>d</sup> by caus-  
 ing the food to rise above the gastric juices 3<sup>d</sup> by hastening it  
 into the duodenum, before sufficient digestion takes place, In  
 this disease a regulated diet is better than medicine, It is the  
 much generally taken into the stomach that makes them sit  
 very ~~expensive~~ not easy upon the stomach & not the system themselves  
 to render the diet effectual, take them alone & if the stomach  
 reject it take them lying in bed, In debility much injury is  
 done by rising out of bed to dress &c To induce an appetite  
 avoid even the smell of food & take care not to sit down to  
 a plentiful table as it effluvia often obtund the appetite, a pa-  
 tient is often induced to eat the food sent from a neighbour  
 the best way of retaining food is to eat little & often, a re-  
 cumbent posture of the body, aliment of one kind only





only at a time, it is common to forbid butter but I have never found it hurtful, it is found to resist fermentation & when well be used with safety & it may be continued, if there be no head ache & it is not rancid, the stomach should never be quite empty as it is apt to cause great debility. The drinks, may be wine, porter brandy &c.

Nitrous acid & sulphuric acids 2℥

Old spirit 4℥

Water one quart sweetened with sugar or honey, is a most excellent remedy! If the stomach will bear it supply in the place of brandy toast water made palatable with some herb.

Gentle exercise avoid costiveness & all exciting causes, cold & wet feet, If all these fail, especially if the Liver, pancreas, spleen or uterus be affected, & if the pulse be tense or great pain, it is indicative of great morbid action, It sometimes ends in, *La Mort* - a where there is no sensibility & irritability, the food passing unchanged from the stomach, this I call *Gastralgia* & sometimes ends in *Schirrous* & *Cancer* of the stomach & pylorus, which carries off the patient in great agony, If it arises from sea sickness, use of gentle laxatives just going to sea, lying with the head low, cold bath &c. If Brandey & salt water 2℥ 7℥ If from the intemperate use of Spirits, the remedies formerly mentioned, if from pregnancy the remedies to be mentioned

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# Hysteria

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This form of fever is confined chiefly to the nervous system, stomach & alimentary canal, but now & then it affects the blood vessels - the symptoms are a rumbling noise in the bowels, screaming a sense of rolling, a sense of strangulation, globus hystericus, cold sensations in the head & feet, convulsions pale & copious urine in the fit the passions vehemently expressed laughing one moment & weeping the next love or hatred, sleeping or faintness, now & then Asphyxia coldness of the extremities limbago palpitation of the heart, rheumatism salivation, it counterfeits every form of chronic diseases in the internal, The pains of hysteria attacks in the back or limbs & are seated in the skin membranes & now & then in the muscles, In hysteria a swelling comes on in the face & hands in the morning which is from habitus & is distinguished from anapneusal swellings, by their only occurring in the morning & generally disappear by washing the hands & feet while anapneusal swellings occur in the evening & are from water, In hysteria the mind partakes very much of the mobility of the system, the patient laughs at the most trivial appearances & thoughts, It affects women from the time of puberty to the cessation of the menses, It affects - chiefly the weakly habits but sometimes the robust.

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It is distinguished from all other diseases, by being confined to the nervous system, the pulse in a paroxysm of hysteria is seldom tense or full, when it is, it is called hysteria plethorica, the pulse becoming full & tense commonly suspends Hysteria, likewise a canine appetite coming on? Hysteria is distinguished from hypochondriasis by affecting women more than men, by swelling of the thyroid gland, called globus hystericus, by occurring most in warm weather &c. the Globus hystericus the women being more subject to it than men by hypochondriasis being cured by moving to a warm climate, while hysteria is cured by moving to a colder, by not being attended with a durable alienation of mind, These diseases are often blended together, Hypochondriasis often goes off into hysteria & vice versa, The remote causes act upon the body & mind

1<sup>st</sup> on the body, as plethora, an inordinate flow or sudden suppression of the menses, flow albus, strong drink tea coffee, impure air &c. 2<sup>d</sup> on the mind, as Anger malice, Love jealousy the Venereal appetite are all the exciting causes, the predisposing causes is debility of the moving solids, this is brought on by an increase of Mobility brought on by sudden sensibility? Mobility in the Nervous system & alimentary, any of the remote causes applied with sudden or unusual force, constitutes the exciting cause, An excess of sensibility & irritability produces Mobil.





bility. The proximate cause is morbid excitement in all its forms of  
 spasms convulsions &c. The cure of this disease divides itself into two heads  
 1<sup>st</sup> Such medicines as suit the paroxysms & 2<sup>d</sup> Such as are proper  
 for the intervals, 1<sup>st</sup> If when attended with plethora, which is the  
 case generally from suppressed menses, Hysteria with plethora is  
 much more common than is supposed, 2<sup>d</sup> In the time of the fit  
 give a stimulating Injection with asa foetida, odours to the nose  
 pediluvium, garlic or mustard plaisters to the legs & arms, as there  
 is frequently a retrograde motion in the intestines by wind, the Sy-  
 ster pipe should be kept in to draw it off, I once saw a case that  
 the sphincter ani snapped off and swallowed a part of the  
 pipe, If Asphyxia occur, dropping water upon the Lip, If all  
 these fail as soon as the patient can swallow give land' or flour  
 & water to expell the wind, cold water cordials blisters, tinctures  
 of all kinds, these to prevent the recurrence of the paroxysms  
 bandages to the body, but not nourishing diet, salt meat is  
 stimulating but not nourishing, when patients grow feverish  
 after their use tonics should be forbidden, Exercise, amusing  
 company &c. the excitement of a study passion as fear or Grief  
 avoiding all acids in our food or drinks, a change of Cli-  
 mate Matrimony, When cured by time the nervous  
 changes for some other predisposition





# Diseases of the Mind.

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A certain Professor in this part of his course used to say that these diseases were seated in the mind & that of the mind we know nothing & so prove them by, & whether of his operations are true the diseases are not seated in the mind & of the mind we know a great deal. We know much more of the mind than of the body. I was taught to believe that derangement existed in the mind but observation denies this & I now believe that it has its seat in the body. The faculties of the mind are, namely Memory, Imagination, Understanding, Passions, sense of faith. The passions are divided into Emotions & Passions the former relate to some present good the latter to something future. The moral faculty, Conscience & sense of Duty. The Operations of the mind are five, Perception Association, Judgment, Reason, and may be remembered by the word P. A. J. R. none of these can be excited without the external Senses. & also volition this takes place after perception. The subordinate Operations of the mind are Attention &c. Reminiscence &c are modifications of the 4 principal ones. They are the internal senses to which the external are avenues and there can be no Operations of the mind but thro' the medium of the external senses. & Nil est in intellectu quod





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non prius insensu? The operations of the mind & brain in its healthy  
are regular & uniform, but irregular in disease, there can be no opera-  
tions in the mind without motion in the brain; Each Idea & thought  
must have its specific & distinct motion in the brain, The stomach dis-  
covers Inflammation from heat, the bowels spleen discovers marks of  
Inflammation in Mania, the mind as well as it is defended would  
suffer greatly were it not for the interposition of the Spleen stomach  
& Liver & bowels, if it were not for this, apoplexy, Mania &c. would be  
very common, when the spleen is much distended with blood, the sto-  
mach loses its office & the Liver last, Persons affected with low  
spirits are called splenic from its affecting that viscus, that the  
spleen liver &c. are not the cause of madness, Infer from observa-  
tions of those parts producing no alteration of mind, they are only  
the effects, delirium occurs mostly in the last of fevers, as the brain is  
nearly worn down, The bowels & the thyroid gland seem to protect  
the brain in Hyptoria, that the use of the thyroid gland is to pro-  
tect the brain, Infer from its situation from its having arteries  
to supply it & no excreting duct, from its being larger in women  
than, I shall say hereafter that women are more subject to Ma-  
nia than men, from the effects produced by disease or cutting it  
away & madness produced in dogs by cutting away the thyroid  
Gland, It seems particularly adapted to defend away







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class of impressions viz those which arise from long & loud speaking  
the Globus hystericus is nothing more than an enlargement of this gla-  
nd occasioned by excitement passing from the mind to it?  
It is said that Mania is situated in the mind, it is no so, I infer  
from the mind being often found in a state of Melancholy, again  
long Quies &c may exist for ages & not produce madness without  
first bringing the bloodvessels into sympathy, Cullen has placed  
the proximate cause of this disease in the nervous system, but  
it is not so, I infer from derangement not being produced by  
Hysteria which is certainly a disease of the Nerves, nor is it pro-  
duced by Epilepsy which is a nervous disease, In the interval  
of Epilepsy fits, the faculties & operations of the mind are as  
clear & easy as in any other state & in fevers, morbid action  
is often translated from the Arterial system into the brain  
& nerves, So in Epilepsy the morbid action is sometimes transla-  
-ted from the nervous system to the arteries & brain produ-  
-ing mania, but that mania entirely distinct from the ner-  
vous diseases? The D.<sup>r</sup> is convinced that mania is seated  
in the arterial system, without arterial there can be no  
mental derangement, there is nothing specific in the mor-  
bid action affecting the brain, many of the remote & et-  
-ing causes are the same as produce fever &c —







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to prove this we must attend to the state of the system & the phenomena or symptoms, 1<sup>st</sup> a sense of fullness or pain in the part affected, head ache 2<sup>d</sup> a full frequent or tense pulse or morbidly slow or natural as to frequency, but sometimes oppressed & slow, when the disease is carried from the tonic to the stonic state the pulse becomes natural & weak 3<sup>d</sup> wakefulness this is a sign of fever & this occurs in madness 4<sup>th</sup> a white tongue but never dry this occurs in fevers, the same in P. Consumption, In no fever does the tongue give such strong indications as in this. It sometimes appears in a Typhus form with muttering & an involuntary discharge of feces. The muscles in madness still retain their excitability. 5<sup>th</sup> The blood indicates great morbid action is Sisy. The serum is sometimes of a red colour being stained by the red Globules. Say, he found two brains yellow in this disease. 6<sup>th</sup> Infer that madness is seated in the bloodvessels from its being produced by the same causes which produce apoplexy & Hydrocephalus. 7<sup>th</sup> From its occurring in those periods of life, seasons & countries in which diseases of the bloodvessels are apt to occur 8<sup>th</sup> From its occurring in certain brute Animals who would scarce if ever possible from any operation or affection of the mind. 9<sup>th</sup> From its being cured by the same medicines

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which cure morbid excitement in any other part of the body 10<sup>th</sup>

By its alternating with other diseases evidently of the Sanguiferous system. I have known Consumption to go off in Mania. It alternates with Rheumatism, Intermittent & <sup>er</sup> Puerpal fevers dropsy &c. 11<sup>th</sup> by having all the usual varieties of pulse in fevers 12<sup>th</sup> From the Compression of the Carotids producing a temporary cessation of the disease 13<sup>th</sup> From their being no trace of inflammation in the brain when the patient has been carried off by an abscess in the lung, &c. 14<sup>th</sup> By its appearing in the forms of Fever. It is accompanied with remissions, intermissions & lucid intervals. 15<sup>th</sup> It is accompanied often with sweats like those which occur in Malignant Fevers. a Patient in the Hospital used to be perpetually involved in a fog or exhalation from his own body 16<sup>th</sup> from its discovering other symptoms of fever as Costiveness, Cold heat involuntary stools patients talking to himself &c. 17<sup>th</sup> Madness has been Epidemic from the same Causes which gave rise to Common inflammatory fevers and lastly from the symptoms which succeed inflammation in other parts of the. as distention of the vessels. Schirrus





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water. pus &c. occurring in mania. From the blood drawn exhibiting the same appearance as in fevers. buffy coat yellow serum from the appearances after death being nearly the same as after Phrenitis & Apoplexy viz. no sign of disease at all this is less frequent here than in Phrenitis Inflammation & effusions of water &c.

The preternatural dysep. hardness of the brain so often mentioned in Chronic mania is nothing more than Schirrus this influences its relative gravity. Dr. Montanucci mentions a Case of a brain being 7 times heavier than one of the same size in a healthy state This hardness or schirrus in the brain occurs only after Chronic mania which has a considerable effect in increasing the weight of the brain, L. Licutand says this appearance of the brain was durum sicum pcedurum & exicium but this is not unusual for it is sometimes preternaturally soft as in Rheumatism the bones are sometimes enlarged so in mania the skull is enlarged. sometime the thickness of the bone is diminished I have only met with two Cases in which there appeared to be no disease or morbid action I found in the year 1793.

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that disease might transcend Inflammation & that by reaction the blood would be thrown off from the diseased part into the body of the circulation, the morbid appearances in the spleen is a proof that the bloodvessels are affected; From all these facts & observations we may conclude that the proximate cause is morbid excitement, Madnefs as to Phrenitis a Consumption is to Pneumonia that it is a chronic state of an acute disease. I have seen the liver affected, this is probably when the disease is brought on by intemperance, in the use of Ardsf. the specific operation on the Liver you are acquainted w<sup>th</sup> therefore conclude that there cannot be an aberration or derangement of the mind without morbid excitement in the bloodvessels or in other words without fever, Infer that the morbid excitement producing madnefs is seated in the bloodvessels by its being cured by exactly the same remedies as cure arterial diseases in other parts of the body, It has been said to affect strong & active men with most, but this is not correct Madnefs affects under puberty, I have heard of children having it? the reason that children are not subject to it because the mental impressions are too transient to affect them, Women are more subject to it than man, In consequence of the predisposition to it from menstruation &c.





In the poor it is prevented by the sensation of bodily suffering, In warm climate, madness is less common than in cold, It seldom in young or very old people, Maniacs are said to have no title to longevity, There are 2 reasons that old people are not affected with mania —

1<sup>st</sup> The blood vessels loose their vibratibility —

2<sup>d</sup> the predominance of irritability over sensibility causes impressions which are made to be feeble they act by bringing on debility Depression & Injuries show themselves more slowly here than in other parts of the body mania generally comes on between 20 & 45 there some exceptions, the remote exciting causes are direct & indirect which act on the body & indirect acting thro' the medium of the body mind, The remote causes which act upon directly are 1<sup>st</sup> malconformation & lesions of the brain, the effects produced by these injuries are sometimes 15 or 26 years from the time of accident 2<sup>d</sup> Local disorders of the brain 3<sup>d</sup> certain diseases affecting the whole body as Gout consumption &c fevers of all kinds & great pain 4<sup>th</sup> great labour or exercise & suppression of the usual discharges 5 sudden abstraction of the stimulus of distention except in venery 6 Turor uterinus marium night shade or stramonium & irritation of foreign matters contained in the system, translation of certain diseases to the brain particularly scrophula fever of lead, by other diseases as apoplexy Epilepsy & Chorea St teti, a case of a Pa-

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tient having chorea St vite which went off as soon as attacked with mania & as soon as relieved of mania was again affected with chorea, if it comes on in St vitus's dance it generally goes off in the same manner the influence of the moon worms &c. persons attacked by the effects of the fumes of lead, bite their hands tear their flesh &c. Insolation &c. by hysteria Hypochondriasis & transfusions of blood from one animal to another has been known to produce it.

The causes which act through the medium of the mind are 1<sup>st</sup> those directly by the understanding as intense study, the Philosophers stone, a sudden transition of the mind from one subject to another, 2<sup>d</sup> indirect thro' the medium of the Imagination 3<sup>d</sup> the understanding is injured by committing pieces to memory 4<sup>th</sup> the undue or improper use or exercise of the passions, a super saturation of human happiness & violent & irregular exercise of the moral faculties, the motions preceeding each operation of the mind are regular in the healthy state in the diseased they are irregular, there is a morbid sensibility in the Conscience as productive of error or disease in any of the external senses, hence madness occurs more from Imaginary than real guilt, fasting & melancholy leads to superstition & so superstition leads to melancholy, fancy & Conscience combined often produce madness. there is a derangement of the moral faculty by Joy

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& religion, Religion has been charged by some authors as having a nat-  
 ural tendency to produce madness, this is so far from not being the  
 case, that it is the best preventative, by teaching us how to regulate  
 our passions, whether madness resides in one part only, I cannot tell  
 but I am certain of this, that <sup>when</sup> one part becomes affected the whole  
 feels, all the causes act more in persons predisposed to it by having  
 maniacal parents & the descendants are more apt to follow the  
 mother than the father, the greater the predisposing cause, the light-  
 er the exciting cause necessary to produce it, Madness is different  
 in degree as it affects different faculties, The lowest affect the un-  
 derstanding only, which is called Melancholy & is only a higher  
 degree of hypochondriasis, This particular derangement is very com-  
 mon, Madness is more frequent from causes which act upon  
 the body thro' the medium of the mind, than those which act di-  
 rectly upon the body, all its causes act by producing debility  
 of action or abstraction, Madness seldom occurs in young peo-  
 ple, because mental impressions are too transient, as irritability  
 predominates over sensibility, the delirium arises from cor-  
 poral not mental impressions! the mind in a hypochondriac  
 is united to himself whilst in Melancholy it extends to other  
 subjects, Distress appears to be the connecting link between  
 Melancholy & hypochondriasis, this particular derangement

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is very common, By derangement I mean every departure of the mind  
 whether in its perceptions judgments or reasoning from its natural & so  
 habitual order, accompanied with corresponding actions, under this  
 term I include all the forms & grades of all the Diseases & disorders of  
 the mind, rare disease among savages, when intense study produces  
 it it is not in persons of the brightest intellect but rather in per-  
 sons of weak understanding with strong passions, the highest de-  
 gree of intellectual derangement is where perception is affected  
 I mean every departure of the mind from its natural & healthy  
 order, the operations are 1<sup>st</sup> In the number of faculties concern-  
 ed 2<sup>d</sup> as they extend or regard different faculties or their opera-  
 tions 1<sup>st</sup> it affects the understanding as it relates to the patient  
 himself who often imagines himself transformed into different  
 animals 2<sup>d</sup> It affects one faculty or madness on one subject  
 this is called Melancholy or partial insanity Hypochondria-  
 sia is when the mind is wrong with respect to one subject 3<sup>d</sup>  
 derangement upon all subjects which is universal madness  
 this is the highest degree of madness & is different in degree  
 1<sup>st</sup> it is so violent as to prostrate the mind & destroy perception  
 by deception, this is the highest degree of madness & is differ-  
 ent in degree; where these diseased perceptions occur they mis-  
 take friends & all objects, this diseased perception is caused

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by disease in the organs themselves or from diseased action in the brain. The same degree sometimes occurs in the delirium of fever?

To account for this we must recollect that a correspondence of Ideas with impressions depends upon the sameness of perception, which produced the original thought or Idea, which can only take place when the brain is in an healthy state, the diseased part will not vibrate to the impression as when in an healthy state. & consequently the idea which depends upon the vibration will be difficult, another trace of diseased perception is seeing a number when there is only one, This depends upon the nerves, if we press the eye we see a multitude of objects

2<sup>d</sup> Madness in the understanding produces false association as when the patient knows his friends but thinks they wish to injure him, the associations are deranged, 3<sup>d</sup> a lower grade is by producing false judgment, but with just or true perceptions sometimes the judgment is true perceptions false & vice versa, 4<sup>th</sup> Erroneous deductions from perceptions & which are true, Locke says a madman argues wrong from right principals, the maniac reasons true from wrong principals, "that madmen are not generally deficient in reason but they reason wrong from right principal, 5<sup>th</sup> Quick & rapid perceptions without associations? —

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Madness produces 1<sup>st</sup> false perception or as some have called it diseased perception, as when corresponding with ideas & thoughts depend upon the sameness of the impressions, another diseased perception when one object only is presented & increased to many in the mind, There may be true Perception & association & yet derangement in reasoning & vice versa, To have a true & just mind there must be just perception & association quick & correct, correct judgment & strong reasoning powers, Derangement is seated sometimes 1<sup>st</sup> In the memory when the understanding is correct, 2<sup>d</sup> there is derangement often in the will, Murder is often committed by derangement seated wholly in the will & the understanding at the same time 3<sup>d</sup> derangement is sometimes seated in the moral faculties 4<sup>th</sup> In the passions 5<sup>th</sup> diseases of the mind, end in disorders & fatuity wh. I call manalgia, 2 or more often affected at once in rotation & successions & alternately

Partial Insanity under this head are included Hypochondriasis & melancholy which is a higher grade of the same thing, Hypochondriasis or what I call *scrutator* mania is when the mind is in error on one subject & that relating to the patients own personal affairs, In Melancholy the error relates to something independent of himself, this I call *areto* mania, Subject to both the terms Hypochondri & Melacho

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as conveying improper ideas of the nature of this disease, In melacholic as in all diseases of the mind, <sup>the Liver</sup> is more or less affected, but the term of melacholic, would lead us to suppose that the disease depended upon black bile which is not so, Both the forms of partial Insanity blend their symptoms, alternate & succeed each other —

Hypochondriasis This is so called from its affecting the Hypochondriac region, as the Liver spleen Pancreas &c. the obstructions that often take place are the effects & not the causes of the disease, the causes are the same as in dyspepsia with the addition of flower album, repelled eruptions, piles, & above all distresses of the mind, This distress of mind arises from several causes 1<sup>st</sup> Guilt &c. It is attended with Costiveness & diarrhoea, It is distinguished from dyspepsia 1<sup>st</sup> by its being a primary disease while dyspepsia is often symptomatic 2<sup>d</sup> by its being a less frequent disease, 3<sup>d</sup> by occurring in the decline of life, Children born of aged parents are more subject to it than others, It is distinguished from hysteria 1<sup>st</sup> by its affecting the blood vessels primarily, 2<sup>d</sup> by there being fewer & spasmodic affections, also by its having the Globus Hystericus 3<sup>d</sup> by its affecting men more than women 4, & most of these of a sedentary life 5<sup>th</sup> By alternate diarrhoea & Costiveness 6<sup>th</sup> by being relieved by warm







weather. 6<sup>th</sup> by symptoms of dyspepsia & continual low Spirits  
 by its affecting the bloodvessels of the brain & there being no  
 Stability in the mind. Hysteria generally affects the  
 nervous system whereas Hypochondriasis the arterial  
 & may be called a higher grade of Hysteria There have  
 been many disputes whether they are of the same disease.  
 Dr. R. settles them by Observing that they differ only  
 in degree. Hysteria is to ~~be~~ Hypochondriasis what Typhoid  
 is to Typhus fever. Dyspepsia appears to be the Connecting  
 link between them which seldom appears in Hysteria unless  
 it appears in a higher grade Hypochondriasis I do not say  
 that Hypochondriasis always succeeds Hysteria the latter  
 being accompanied with more irritability is relieved by  
 Cold. & one of its most unequivocal marks is that warm drinks  
 & warm air is disagreeable. They may either run their Course  
 favourably or unfavourably without Changing into  
 many other diseases. Hypochondriasis is more difficult  
 to Cure than Hysteria in the same proportion that  
 Typhus fever is more difficult so than Typhoid or  
 inflammatory fever. The remedies are of 2 kinds direct  
 on the body & indirect. Indirect on the body thro  
 the medium of the mind. The 1<sup>st</sup> namely the direct





Those that act directly on the body are 1<sup>st</sup> *Nf*, if the pulse  
 be tense & full its advantages are evinced by a accidental  
 haemorrhagia I have heard of a man who fancied him-  
 self a goose and lay upon straw several days supposing  
 he had eggs under him at length feeling himself  
 hungry he, when Dyspepsia occurs use Magnesia  
 it is more necessary as the patients desire to eat uncon-  
 -mouly. 2<sup>nd</sup> *Purges* they are indicated by costiveness  
 obstructions of the viscera & torpor of the alimentary canal  
 there should be of the most drastic kind as Aloe. Gam-  
 bogia. Colocynth How diet & after the pulse is reduced  
 Cordial remedies may be used as the preparations of Iron  
 Opium. this is called *Medicina mentis*. tea & Coffee are  
 highly grateful & proper warm bath & avoiding cold  
 drinks. Madeira & other good wines the last of which  
 is good old Claret. Musick which should be at first  
 plaintive & afterwards cheerful the cold bath this  
 should always succeed the warm. if all these fail. use  
 Mercury so as to excite a Salivation this translates  
 Morbid excitement of the brain to the mouth exercise  
 chiefly of the papine kind. excitement of pain by





by whipping. mustard to the feet answers very well  
 frictions if from worms they must be dislodged by the  
 usual remedies if from repelled eruptions solicit  
 their return. I have known it twice cured by the  
 Hot. The remedies which act indirectly thro' the  
 medium of the mind. Before we mention these  
 it will be proper to mention the symptoms in the  
 mind. 1<sup>st</sup> the patient is apt to think he has  
 every disease mention'd in the Nosology he imagines  
 he has worms gravel venereal disease, pulmonary  
 Consumption & even if he has never had them before  
 he thinks his body contains living animals & sometimes  
 actually imagines himself dead 2<sup>d</sup> he has a false  
 Judgment of the Physicians always Changing &  
 Complaining of the last. 3<sup>d</sup> & of the remedies given  
 him he thinks himself Change to a dog or Cat &c.

Hypochondriasis sometimes terminates in melan-  
 choly & despair the utmost point of human  
 misery I knew a Methodist Confin'd in our Hospital  
 4 years with all the agonies of despair he said  
 that while in that Situation he felt all the





miseries of the danc'd, but this does not always end here, for it frequently con-  
 tinues & produces suicide or a constant wish to die, Let this put awake our  
 tenderest sympathy and not to treat this disease as a trivial one, suit the  
 remedies to the state of the mind; the remedies w<sup>h</sup> act thro' the medium  
 of the mind are 1<sup>st</sup> Destruction of old associations 2<sup>d</sup> Cleanliness &  
 employment agriculture or public life "when you are solitary be not  
 idle, when you are idle be not solitary" 3<sup>d</sup> certain amusements, Chase  
 gunning, a tragedy often dissipates this disease than a comedy. This last  
 is disproportioned to the excitability of the mind, 4<sup>th</sup> committing pic-  
 ces to memory & particularly, copying verses, 5<sup>th</sup> d<sup>r</sup> compares scripture  
 to an apothecaries shop contains medicine for every disease, 6<sup>th</sup> the  
 revival of the name of a dead parent, 7<sup>th</sup> matrimony 8<sup>th</sup> travelling  
 the Physician must listen attentively to the patient giving a history  
 of his disease, they like to think themselves worse than they really  
 are, they Physician must never say that the disease is trifling but  
 must treat it serious; amusements of all kinds are proper, but be-  
 fings best, the worst quakers will not bear contradiction, when con-  
 tradiction & reasoning are employed be positive, it is often cured  
 by humoring him, If he pretends to be affected with any disease  
 pretend to cure him by giving medicines for that purpose; excit-  
 ing a stimulating paper suddenly is good, If debt be the cause  
 it should be discharged if possible, for you may be sure he is


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an honest man, for no ~~single~~ rogue ever yet became Hypochondriacal for  
selt, If from grief religion is good? If from love, absence, trying to get him  
to hate her, few men acknowledge that they are in distress, from selt on  
love so, if the Physician is not very prudent he will not acknowledge  
to his Patient that he knows that it arises from these causes? If from  
false opinions in religion, at wh<sup>h</sup> time they are apt to think that they  
have committed the unpardonable sin & that they are excluded from  
the divine presence? we should turn casualists & tell them that all  
divines agree, that it is very difficult to commit a unpardonable  
sin & that no man had when he was afraid that he had, & that  
we are called into existence to be excluded from divine presence.

These opinions of the patient if not stopped go to madness; we must  
produce new associations of Ideas, change the room dress &c. Matrimo-  
ny few married people have it, Travelling is of service to the bo-  
dy & mind, Exciting a counter passion, Pain has often very consider-  
able effect, thus a Stone in the bladder has often suspended the  
distress of mind, Music &c. Gout in the feet, Certain sights have  
great effect, the ocean &c. The sight & caresses of Children never  
fail to do good ---

 Melancholia differs from Hypochon-  
driasis or change of Opinion respecting himself, He denies any  
disease instead of supposing one, In Melancholia, the sight





of the object which produced the disease will have no effect, Melancholy follows the 1<sup>st</sup> but it is often blended. & 2<sup>d</sup> comes without being preceded by Hypochondriasis 3<sup>d</sup> It never affects the understanding In Melancholy the Patient instead of being miserable, fancies himself happy, The subjects in which the Patient is in error are independent of himself.

## Mania Universalis

This I shall divide into 3 grades, namely mania or acute raving madness which I shall call the tonic, Manicula or daimic, & Manalgia, in this last there is so little disease that it may be called disorder & it rarely comes on without being preceded by Mania or Manicula

### 1<sup>st</sup> Mania or raving madness attend

ed with great morbid excitement same as in Malignant fevers. Mania is attended with synochia Synochula, Typhus & typhoid pulse, The premonitory symptoms of this are great watchfulness, costiveness, immoderate appetite, irregularity or instability in pursuits, irascibility, talkativeness or taciturnity, jealousy, head ache, Vertigo unusual acts of extravagance, & all those too without the least absence of mind, to prevent madness after these symptoms occur all exciting causes must be avoided, the patient must be removed directly from his business & carried

THE HISTORY OF THE  
CITY OF BOSTON

From the first settlement of the  
city in 1630 to the present time  
the city has grown from a small  
village to a large metropolis  
and has become one of the most  
important cities of the United States  
The city is situated on a peninsula  
between the harbor and the bay  
and is bounded by the water on three sides  
The city is divided into several wards  
and each ward is governed by a  
wardens court  
The city is governed by a mayor  
and a city council  
The city is one of the most  
important cities of the United States  
The city is situated on a peninsula  
between the harbor and the bay  
and is bounded by the water on three sides  
The city is divided into several wards  
and each ward is governed by a  
wardens court  
The city is governed by a mayor  
and a city council  
The city is one of the most  
important cities of the United States



where he can be amused, Studious Men have found great advantage by shunning their studies, Gentle reduction of the system by low diet is also proper by attending to these pneumatic symptoms the disease is always prevented, The symptoms of Mania when completely formed, are hallowing, singing, imitating the actions or noises of Animals, great bodily strength, when there is uncommon strength the pulse is languid, the nerves loose their sensibility to cold & heat, are insensibility to miasma of contagion; great appetite or a want of it, costiveness, diminished secretion hard & small stools, profane language, now & then incoherent language & manners, swiftness in running, the pulse is Synochal & intermitting slow, depressed or quick pulse &c. & in all other respects as in violent Inflammatory fevers, great wit, sometimes the conversation is correct & conduct bad & vice versa. Their minds frequently run on subjects to which they have been accustomed. The senses are uncommonly quick in their operation, hence they hear very distant sounds & soon recognizes old faces, Memory is often drawn from its retreat, a talent for poetry is often excited, If madness is produced by Love, it is shown by love sonnets &c. if by unfaithfulness, by great resentment &c. This disease has sometimes Paroxysms & intervals of days months years &c. In one fit sometimes all is remembered that occurred.

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during the preceding fit, at other times nothing, In proportion as the disease affects the moral faculties the actions of the words will be indecent. These are the common symptoms, but when they move at large they resemble best more than men, they shun human society, they have sometimes immoderate appetites, they always shew an action or motion which is excited to counteract the pain of the mind. It is to counteract or divert mental pain when they stamp like H<sup>c</sup> & weeping sometimes relieves the distress of mind.

I heard a maniacal woman say she felt no pain at Child birth. From this short view, we are led to believe that there is a principle in the body to relieve the morbid affections of the mind, — I have perceived in madnes a peculiar disagreeable odour from the perspiration & from the sweat, The remedies are 1<sup>st</sup> If it is indicated 1<sup>st</sup> by the state of the pulse 2<sup>d</sup> by the importance and great delicateness structure of the brain, 3<sup>d</sup> by the appetite for food being unimpaired, hence large quantities would go into the blood vessels & consequently a greater requisition for food. 4<sup>th</sup> by the injuries done by the great exertion of bloodletting &c. 5<sup>th</sup> In consequence of their being no outlet to the brain as in other fevers, 6<sup>th</sup> by the excreta from the accidental losses of blood in this disease 7<sup>th</sup> by the appearance of blood drawn, dissolved — blood &c. in all which cases the morbid action is greater than



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that producing rhy blood, rhy blood is not uncommon & lastly it being accompanied, with great morbid action & the free success attending the free use of the lancet, 1<sup>st</sup> take blood very copiously in the commencement when there is great morbid action, 20 or 30 ℥ is but a medium quantity, 2<sup>d</sup> continue it as long as morbid action is present, never sheath the lancet as long as there is a synchula or synchoid pulse, 3<sup>d</sup> do not look back to see how many times you have bled or the quantity you have taken, 4<sup>th</sup> as long as morbid excitement shews itself in wakefulness, noise & of fierceness of the eye & even if the pulse be natural —

"there is great excitement in the brain when the heart does not sympathise. — 5<sup>th</sup> If morbid excitement be nearly subdued & the pulse natural, Cupping is proper, about the temples & fore head, these Gentlemen are the result of experience, dearly bought 2<sup>d</sup> remove the patient from his friends to a place of confinement if the paroxysm comes on while he is at home, if he is outrageous apply the strait jacket, the less this is used however the better

A recumbent posture is improper, as it determines the blood to the head & the patient should be kept in an erect posture as much as possible, 3<sup>d</sup> Solitude is recommended & is indispensably necessary, it weakens the passions from the absence of objects visits should be excluded & even the presence of the



the first thing I saw when I stepped  
out of the train was a vast  
open plain stretching to the horizon  
under a pale blue sky. The air was  
cool and fresh, a welcome change  
from the stuffy atmosphere of the  
train. I walked for some time  
towards the horizon, feeling a sense  
of freedom and adventure. The  
ground was soft and spongy, and  
I could hear the rustling of leaves  
under my feet. In the distance,  
I saw a small cluster of trees  
marking the edge of a forest. The  
sun was low in the sky, casting  
a warm glow over the landscape.  
I felt a sense of peace and  
tranquility, knowing that I was  
in a beautiful and unspoiled  
place. The journey had been long,  
but it was worth it to see this  
wonderful view. I took a deep  
breath of the fresh air and  
smiled, feeling grateful for the  
experience.



Physician may be dispensed with. 4<sup>th</sup> Darknes Ought sometimes to accompany Solitude in the first Stage of this disease

Perhaps some advantage might arise from keeping the patient standing up 24 hours by wearing down excitability & spreading excitement keeping the patient awake low diet & that a vegetable one is proper also fasting 1. 2 or 3 days which acts 1<sup>st</sup> by depletion & 2<sup>d</sup> By exciting a new action in the Stomach but here it may be objected that beasts of prey are rendered more ferocious by hunger they however are stimulated by exercise & we know that by hunger they are most effectually tamed. A new Study or exciting the stimulating passions are proper 5<sup>th</sup>. The drinks should be only water 6<sup>th</sup> Vomits are used they should be used when found serviceable they debilitate the Stomach & when the whole system is brought into sympathy do Considerable Service but they should not be used unless V. has been previously Administered 7<sup>th</sup> Purges are highly useful. Salts. Gum. Tartar &c were formerly used but I prefer Jalap & Calomel. 10 or 15 ~~grs~~ which should be repeated 3 or 4 times in the week 8<sup>th</sup> Blisters to the extremities here they tend to equalize excitement &







Consequently ought only to be applied to the extremities in the first stage of the disease. but in an advanced stage when morbid excitement is much reduced they may be applied on the head & neck 9<sup>th</sup> Cold air & cold water are excellent in this stage of Madness water is applied in two ways 1<sup>st</sup>

Immersion & Confining the Patient no Reaction takes place here 2<sup>nd</sup> by applying it to the head the insensibility to cold is great in this disease, cold bath is generally hurtful. but cold immersions is an excellent remedy & to be effectual it should be continued until the pulse is imperceptible when these objected to a Clay Cap. Cold vinegar snow or powdered ice should be applied to the head shaved while these <sup>cold</sup> applications are to the head the feet should be kept in hot water particularly if the Circulation be languid. Compressing the Carotid artery is said to have cured it Hard labour sometimes cures it. after the System is reduced the diet should be then Cordial & the Shower bath 2 or 3 times a day. We ought first to endeavour to root out or supplant the Ruling Passion. Salivation should not be omitted after the failure of these. It acts by general







Depletion & diverts morbid action from the brain to  
 the mouth it diverts & supplants the ruling passion of  
 the patient it diverts the mind by exciting resentment  
 & distrust I have long used it. It supplants as I said the  
 ruling passion by removing or decomposing it for the  
 passions often decompose one another. Shame counter-  
 = acts the propensity to suicide. The Virgins of Melos  
 were deterred from it by a law that the dead body of  
 every maniacal person <sup>off them</sup> should be exposed publicly  
 In madness of great rage fear should be excited. Mus-  
 = sick is often recommend'd & if it ever does harm it is  
 by being applied at improper times & after an improper  
 manner, It should be at first plaintive or sedative in  
 time of Madness. No unnecessary opposition should be  
 made as it is like oil to fire or opium to fever. The  
 Physician should try to acquire & keep up the confi-  
 = dence of his patient. he should never direct for  
 Med Shirt or Chain in presence of the Patient  
 & if after 2 or 3 days he gets better & complains of the  
 Chains. the Physician will get the good will very  
 easily by ordering them in his presence to be taken off In all  
 the Promises the Physician should be punctual -







He should be dignified in his manners & behaviour to the Patient & never laugh at his Complaints or treat them whimsicall. There are 2 Modes by which a Physician may Command the Confidence & respect of his patient 1<sup>st</sup> By the eye & 2<sup>d</sup> by the voice these two may perfectly calm their minds as soon as the Physician enters the Room he should with a fixed eye catch that of the patient until he outlook him all Animals dread a fixed or Stern eye, a Mad Bull has known to be calm'd by it. The voice of the Physician should be as mild & gentle as possible or forcious as possible, according to circumstances, the conversation of the Physician & attendants should be adapted to the state of the disease, in the 1<sup>st</sup> or violent state of madness should soothe the mind & never contradict him, in the decline of madness it should be diverting & when the patient is nearly well oppose him & reason about the impropriety of his conduct. In those 3 states it may be compared to a fever, in the 1<sup>st</sup> you must deplete, in the 2<sup>d</sup> don't moderate action & in the 3<sup>d</sup> stimulate, To effect these 3 things it will be necessary to remove our Patient from his friends & family or company, the patient should never be confined one single day when he ceases to do harm to himself & others. In those who are deranged upon one subject only, avoid introducing that





- subject, or when introduced turn to another subject, Crocods of judg-  
 - ment are fed by conversation, left to sleep they generally die a nat-  
 - ural death, Terror or Fright cures mania sometimes, Whipping  
 in this case cures partly by fright & fear & partly by a new action  
 Madness is sometimes cured as quick as a dislocated bone is put  
 in? sometimes placing the cause of their madness in a ridiculous  
 point of view will effect a cure, Committing passages to memory  
 is good, it acts by abstracting morbid action, from a diseased  
 to a sound part of the brain, from the understanding & trans-  
 ferring it to the memory, as soon as the disease declines the pati-  
 - ent should be indulged by a more gentle diet, company & exer-  
 - cise, but the principal remedy here is the cold shower bath, by  
 - acting directly upon the brain, & to be effectual should be used  
 - three or four times a day Exercise & amusements in succession  
 - are proper as they keep the patient from thinking of his former  
 habits, when the mind is apt to ramble upon many subjects  
 - this is much more proper, In the lessening state of madness  
 - the patient must be narrowly watched, for they often discover  
 a degree of cunning entirely unnatural to them wh. has often been  
 - imposed on the physician, This state is sometimes cured by an af-  
 - sociation of time place & company, these remedies are prop-  
 - er when the mind rambles upon many subjects but

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Should be the reverse when the mind is fix'd on one subject, But time  
 produces by its influence on the mind healthy associations, Compa-  
 ny is often of great service, it should be such as was formerly respect-  
 ed, great attention should be paid to the dress apartment of the  
 patient, I shall now mention the Remedies used in great mor-  
 bid action formerly by the Physicians, Opium, has been recommend-  
 ed, but it has done a great deal of harm in this state of Mania  
 it may be given in small doses, it acts by dissipating excitabili-  
 ty & thus reducing excitement, 2<sup>d</sup> Camphor, this has been much re-  
 commended I once cured mania but I believe it was in the stage  
 of weak morbid action, 3<sup>d</sup> Mellebore, this does good only by its  
 purgative quality, 4<sup>th</sup> Pomegranate this is destitute of virtue in this dis-  
 ease, 5<sup>th</sup> Digitalis, its credit is owing wholly by its reducing the  
 frequency of the pulse 6<sup>th</sup> Stramonium, this has mitigated  
 it, all these remedies were introduced when there were no  
 principals of the theory of this disease Of course the practice  
 wholly empirical, Coercion, has been a favorite remedy in Eng-  
 land, it consists in bending down the patient with the strait  
 waistcoat & inspiring fear, this remedy is successful principally  
 by the sedative operation of fear, but as the degrees cannot be  
 regulated & it always leaves disagreeable associations on the mind  
 & yields most easily to kind treatment & depleting remedies

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*Manicula* or madness of weak morbid action, The symptoms of this are great taciturnity, a fixed position of the body, a down cast look, indifference to surrounding objects, neglect of Person & dress, skin dry livid & dark insensibility to cold & heat impaired appetite, costiveness, constant spitting of tough phlegm which adheres to their skin & clothes, slow respiration a languid weak slow or quick pulse, insensibility to medicines & obstructed excretions, these are the symptoms when the patient is confined, but when at liberty solitude & wanders about. This atonic madness sometimes affects all the faculties of the mind but sometimes the passions and understanding only, It sometimes affects all the faculties except the memory, which it leaves unimpaired, this is the most deplorable state of madness. Sometimes the moral faculties are affected & then we see those who were formerly decent & virtuous show marks of Indecency but they remain more frequently uninjured amidst the loss of reason memory &c. This state of madness sometimes continues 15, 20 and even 30 years, but it most frequently ends in Epilepsy, Apoplexy, Convulsions, Hysteria Hypochondriasis, fatuity & death. Those labouring under this state of madness generally have great equanimity of mind & frequently become corpulent, in consequence of their inordinate

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Appetite & want of exercise of body & mind. The tonic & atonic madnes often alternate with each other as many sometimes as 3 or 11 times in a year & are sometimes blended together. There is a great morbid action sometimes in the brain & but little in other parts of the body. A madnes is never stationary until it ends in fatuity. Sometimes the Animal functions are entirely unimpaired & the excitement exists only in the brain. Maniacs are generally warm at the full of the Moon. Remedies when morbid action is subdued the same as in Mania but in less force.

### Manalgia.

This is when there is none or but very little morbid action in the brain it is only a weaker grade of Manicula & is so much like it that I shall speak of the Remedies for both under the same head. It sometimes affects all the faculties but generally leaves the Memory unimpaired. Persons affected with Manalgia are remarkable for great Equanimity of temper. The Remedies for them are nearly the same as those mentioned above in Mania but when the disease is descended

Of the many things which I have seen  
in the course of my travels, none  
have so much interested me as the  
view of the city of London, and  
the river Thames, as they appear  
from the Tower of London. The  
city is so situated, that it is  
seen from every part of the  
Tower, and the river is so  
wide, that it is seen from every  
part of the city. The view is  
so beautiful, that it is not  
possible to describe it in words.

London is a city of many  
wonders, and it is not possible  
to describe them all. The  
Tower of London is one of the  
most famous buildings in the  
city, and it is so situated, that  
it is seen from every part of  
the city. The river Thames is  
so wide, that it is seen from  
every part of the city. The  
view is so beautiful, that it is  
not possible to describe it in  
words.



So low as to forbid it. They are then 1<sup>st</sup> the warm bath  
 which should be continued weeks & months until  
 excitability is roused when it should be succeeded by  
 the cold bath also great advantage attends by letting  
 the water fall from a great height 2<sup>nd</sup> wine &  
 Ardent Spirits then cure it with great certainty when  
 it arises from drunkenness. Charlebrates are excellent  
 remedies, 3<sup>rd</sup> Opium this is of great service when it  
 arises from parturition or succeeds typhus fever when  
 it is called by Cullen Typhomania if Opium fail give  
 wine Sweet Oil & Hyosciamus & blisters Symplicisms &  
 Caustics the Caustery from being a greater Stimulus  
 is preferable. I have heard of 4 cures by it. Abscesses  
 are sometimes useful, Johnson says that Dean Swift  
 had a temporary return of his reason during an  
 Abscess in one of his eyes. 4<sup>th</sup> Dr. Parry has acquired  
 great celebrity in curing Lonic Madmen by compress-  
 ing the Carotids. What would be the effect of pressure  
 on the Jugulars. The Dr. thinks it might succeed  
 Considering the effects of inflammatory diseases in this  
 State of the System. An Epidemic of Angina Cure  
 Several Maniacal patients in our Hospital





Some years ago. Few madmen die without discover-  
 ing reason just before their deaths this may be owing  
 to fever which always precedes death, & by which the  
 Circulation thro' the brain is accelerated 5<sup>th</sup> Ex-  
 cite the stimulating passions if possible as Anger, terror  
 &c. Dr. Bond cured a patient who had been perfect-  
 ly silent for a year by exciting his passions. The pa-  
 tient happening one day to have a flower in his hand  
 the Dr. looked over his shoulder & observed what a  
 fine Cabbage you have in your hand. The patient  
 immediately replied you are a fool & a liar for it is  
 a flower. His taciturnity from this time ceased, Exciting  
 the domestic & parental affections is often of service, the  
 Patient is often cured by the sight of friends, Music of a lively  
 kind, Exercise is of great importance, but Labour is best if  
 the patient can bear it, working in a garden for men, Washing Wool  
 or Spinning for women, Confinement in this state of madness  
 is much necessary & should only be resorted to when the patients  
 are very mischievous or discover a disposition to run away  
 A salivation should not be omitted it is to be regretted  
 that it can seldom be excited, I have known two cases of  
 profound silence in Mania be removed as soon as the





Mercury touched the mouth, the skin should be kept clean, the hair close & beard, the nails cut &c. Bartholet speaks of stripes as proper, they must act by exciting sudden pain & anger. All the remote exciting causes predisposing & remote causes should be avoided, a relapse of Mania is prevented by carefully avoiding the predisposing exciting & remote causes. Keeping maniacs employed is good, removing maniacs to private families is good, by keeping the knowledge of their complaint from other people which they often evade & even sometimes from themselves, the solitude of a Hospital has often caused convalescents to relapse. Hospitals afford few mental remedies, which are as necessary as Physical, the dread of being gored at has often made melancholy people mad. It is the duty of a physician to prevent cruel & inhuman treatment by asserting that it is under the power of medicine. In asserting that the disease is curable, I do not say that it is always so when the organization of the brain is destroyed it is not curable. In long continued cases, such as disorders of the brain may occur that will baffle all the powers of medicine, the patient should not be desisted in the most protracted cases. By attending minutely to the symptoms & states of the the system for 3 or 4 years the most obstinate cases will sometimes yield. "B." was admitted into the Hospital after some years standing, he could not speak, his

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tongue rolled out, saliva streamed from his mouth, his stools & urine were passed unconsciously, if placed at the head of the stairs, instead of walking he would roll down, by the cold & hot baths, continued use of stimulants & tonics, he recovered his speech, knew his Physician & his friends & was employed in several offices about the hospital, in this convalescent state he was carried off by a Malignant Fever

The symptoms indicating a favourable or an unfavourable termination of Mania are 1<sup>st</sup> weeping is favourable, particularly if it was ushered in by Hysteria, it shows that the disease is going out the same way that it came into the system, 2<sup>d</sup> a sense of pain in a part long insensible, or when it has been long absent, it indicates the patient's return to Hype 3<sup>d</sup> a return of an old habit of body or mind, the return for affections of persons formerly beloved 4<sup>th</sup> the return of habitual diseases, which have been suspended by madness, 5<sup>th</sup> Abscesses are favourable 6<sup>th</sup> general fever necessary 7<sup>th</sup> remissions or intermissions favourable, 8<sup>th</sup> an increased secretion of mucus of the nose, warm & moist hands & feet & a cessation of burning at the feet are favourable, that which comes on suddenly is more easily cured, & in young more than in old people, when from fevers or drunkenness it is not difficult to cure provided the patient be not a habitual drunkard, Madness most difficult to cure when from old mental impressions.

The first of these is the fact that the  
 government has been unable to raise  
 the necessary funds to carry out its  
 policy of non-interference. This is  
 due to the fact that the government  
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 interference. This is due to the fact  
 that the government has been unable  
 to raise the necessary funds to carry  
 out its policy of non-interference.



Persons with children are harder to cure than those without them, when madness is tonic, when from the repetition of the menses & after parturition it is easily cured, but if from Epilepsy or Lesions of the brain it is hardly ever cured, Maniacal patients generally die of one or the other of these diseases, 1<sup>st</sup> diarrhoea, 2<sup>d</sup> Convulsions, 3<sup>d</sup> Pulmonary consumption, 4<sup>th</sup> Atrophy, 5<sup>th</sup> Dropsy, especially of the thorax, 6<sup>th</sup> Epilepsy, 7<sup>th</sup> Cholera morbus, & 8<sup>th</sup> malignant fevers, early death is brought on by the latter mode of dying viz. refusing food of any kind fasting should be prevented by placing food before them, sometimes they will drink water and not take any nourishment, mix Arrow root &c. or refuse to give them nourishment unless water they will take.\*

## Derangement of the Will. —

The memory here is sound, & the understanding is perfect, this is a convulsive action, or tetanus of the will, In this state of fever there is a disclosure of secrets without the power of keeping them, It frequently vents its <sup>secrets</sup> outrages in the night, when morbid excitation prevails highly, the passions are the instruments thro' which the will performs these outrages, the maniac in this state sometimes murders himself or his wife & children & then surrenders himself to justice, the perpetrations are 1<sup>st</sup> without premeditations, 2<sup>d</sup> against friends & relations & 3<sup>d</sup> without any device to conceal them or evade the laws, considering these things we will know how to distin-

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linguish a crime from a disease, Another sign of derangement is that that they seldom deny the acts they have committed, the will is sometimes paralytic, the person is then said to have no will of his own, the mind can comprehend clearly what is proposed to it, but the Patient cannot act, this case is similar to hydrophobia -

the remedies are of. & all the remedies used for the Inflammatory derangement, It is a paralysis of the will the remedies for fatuity should be used, the patients should be forced to exercise the will

there is a disease of the mind called by M<sup>r</sup>. Penell.

Dementia, It is a constant succession of quick perceptions and such perceptions as are true, absence of understanding & reasoning. The subjects of this kind of mania, for which I have no name are always in a hurry, speaks with great rapidity rises early gets up soon scolds to get his breakfast, goes into the street in a great hurry speaks to every one he meets asks 100 questions without waiting for an answer to one of them, he is quarrelsome & good natured generous & aversive, greatly elevated or much depressed & all in the course of one day, Occasioned by volatility in the brain Remedies if attended with great excitement & if periodical tonics.

Diseases of the Memory there is often a weakness or loss of Memory, while the operations & understanding remain sound, I will here deliver a few remarks

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1<sup>st</sup> in exercising the memory there is often an involuntary motion of some other object or thought in the mind / for example in attempting to ask for a knife he would say a bushel of wheat / No more happens here than in Chorea St vite when on attempting to exercise a sound limb, the voluntary action rebounds as it were & exercises the affected limb

2<sup>d</sup> Sometimes there is a total oblivion of the sounds of words in the memory while a remembrance of the letters composing their name remains 3<sup>d</sup> I think I have seen something like a palsy of the me-

memory; the causes of this state of the memory are 1<sup>st</sup> Intemperance in eating & drinking 3<sup>d</sup> excessive venery or unusual & long continued sleep 4<sup>th</sup> Grief 5<sup>th</sup> constant use of Opium 6<sup>th</sup> lesions of the brain, creeps

in sleep fevers those more especially of the chronic kind, The Gout translated to the brain palsy apoplexy, vertigo, drying up of issues suff taken to an excess 7<sup>th</sup> Terror sometimes suddenly destroys the me-

memory 8<sup>th</sup> oppressing the memory with too many words, a weakness for Ideas is often occasioned in children by obliging them to commit long speeches to memory 9<sup>th</sup> a neglect to exercise the

memory 10<sup>th</sup> a cessation of study & attaining new Ideas for by ceasing to acquire new Ideas, we lose all our old ones, there is no stationary state of the mind, when we cease to acquire ideas we are retrograde.

Diseases of the memory may be cured or prevented, 1<sup>st</sup> by avoiding all the remote & exciting causes

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2<sup>nd</sup> Close attention to the Subject we wish to retain.  
 frequent repetition. The effects of repetition are such as  
 would make a person believe what he had often repeated  
 tho' it were false. Incidents which have no reality, by  
 repetition become so blended with facts as to be undistin-  
 -guishable from them. Dr. Wells recommends to boys if they  
 wish to retain the anecdotes they have heard in Company  
 to relate them in the next Company they enter. 3<sup>rd</sup>  
 Memory is assisted by calling in the aid of the other senses  
 as the eyes, ears & taste. Children when alone generally read  
 out to assist their memory. When the eyes & ears cannot  
 both be addressed the ears are to be preferred being less  
 liable to be distracted. 4<sup>th</sup> The memory is greatly assisted  
 by association from circumstances influencing it. As time  
 place pleasure &c. 5<sup>th</sup> By keeping the mind intent  
 only on what is useful 6<sup>th</sup> by exercise. for this purpose  
 memorandum books should be kept but with caution in  
 Youth or in old age they are useful 7<sup>th</sup> by shutting the eyes  
 8<sup>th</sup> by committing two or three lines of poetry to heart, this excites  
 that part of the brain that is the receptacle of words, when a  
 person is asked a question, he is at first frequently unable to answer  
 -it, the suddenness of the effort to reply produces indirect

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debility of the part, if you change the subject he soon recollects  
 9<sup>th</sup> repeating what we wish to remember just going to bed  
 10<sup>th</sup> singing aids the memory very much, the Physical means of  
 preventing weakness of the memory - these are to be regulated  
 by the state of the brain & the cause of the disease, If there be great  
 morbid excitement avoid all the exciting causes & if the pulse in-  
 dicates it, If from palsy &c. tonics spices & cold bath & all the reme-  
 dies mentioned for that disease are proper, Cold bath is of ser-  
 vice to improve the memory, gentle exercise &c.

Idiocy. - This is brought on by long continued  
 madness, Its resemblance to the chronic state of Rheumatism  
 this being called, Rheumatalgia. I have called it manalgia  
 It consists in the total absence of the understanding & me-  
 mory, but there are often different grades of it; 1<sup>st</sup> It discov-  
 ers itself in the vacuity of the eye, silence, garrulity, rolling out  
 of the tongue &c. when it is congenial the bones of the head are  
 thick & there is a disproportion between the head & face  
 2<sup>d</sup> Idiocy & fatuity are induced by all the causes of madness  
 3<sup>d</sup> By old age, we are once men & twice children. In old  
 people it arises from decay, hence the want of action  
 in the brain, it has been cured, 1<sup>st</sup> by time disease & circumstance  
 2<sup>d</sup> it has been cured by falls & burns &c.





I believe those that experience little pain have little minds & (be-  
 lieve), 3<sup>d</sup>. chalybeates, exercise, hot, & cold bath, but the excitability  
 must be accumulated first if possible, for them to act upon, There is  
 a continual appetite in this disease, hence the excitement appears  
 to be thrown into the stomach & sometimes in the organs of gen-  
 eration. are there any medicines which act specifically upon  
 the brain? yes I believe there are & amongst them is stramonium  
 which I believe acts principally upon it. what would be the  
 effects of frequent Intoxications by wine or Ard. Spirits, they excite  
 the brain & produce flights of fancy & flashes of wit in the com-  
 mon minds, Fatuity from old age cannot be ~~pre~~ cured but  
 may be prevented, The minds of all old people fall into fatuity.  
 for want of the stimulants of new Ideas, we see oftener people de-  
 ranged in towns than in the country. The moral faculties par-  
 ticularly the sense of deity generally remains uninjured by old  
 age; This in the moral faculties is perhaps owing to a great-  
 er or less exercise of them in the former part of life, the mo-  
 ral faculty is seldom impaired, It remains unshaken amidst  
 the ruins of the memory & understanding, the moral faculties  
 are not the result of Education but innate & original in the  
 mind. In order to assist the remedies above mentioned the  
 patient should apply himself to some scruple book, for

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for the eyes may acquire ideas which the ears cannot history is to be prefer'd. It has been cured by accidents, by changes made by time & place. Disease has in more instances than one awakened this morbid repose of the brain, one patient recover'd by the use of Cordials medicines, hot baths is useful Datuna. Stramon seems to have some specific action on the brain what would be the effect of exhibiting it in this case.

### Diseases of the Passions & Venereal Appetite

They are Love, Grief, Fear, Anger, Joy, Envy, Malice & Lust.

In speaking of each of which I shall borrow all the aid I can from Metaphysics Moral & Religion & shall make a few remarks on the subject of the Passions. 1<sup>st</sup> Nothing induces more to our equanimity of mind than our early education of its importance examples are better than precepts, Nothing tends more than the christian religion to restrain & govern the passions 2<sup>d</sup> Cultivation of the understanding has great influence in moderating the passions. The Study of Mathematicks is very great to compose the minds who ever heard of an inveterate mathematician, W. Washington & W. Boussou became of the most composed minds from the study of Mathematicks





3<sup>rd</sup> That degree of excitement that takes place in violent exercise of the passions is unfriendly to life. They are all accompanied or preceded by debilitating Causes as Tollenp &c. &c. **Love.**

This in excip alone is a disease. It discovers itself in great irritability of the system. face flushed, perpetual talking or obstinate silence. sighing want of sleep, predilection for Solitude & moonshiny Nights &c. When a woman discovers equal signs of love she either looks steadily or not at all at a man in company Love when successful is productive of no pain but when unsuccessful is productive of fevers, dyspepsia, Hypochondriasis, hysteria, Suicide &c. It is a singular fact that the Object beloved is seldom dreamed of & what is more surprising & extraordinary the lover can scarce call to mind a vivid idea of the Object beloved love affects both sexes and all ages. The Cure of unsuccessful love is 1<sup>st</sup> to take a fever. Sighing attend of. blistering. Let the pulse guide us in our inquiries whether the fever be from love or not. Mention the Object beloved & feel the pulse which will perceptibly Change if from that source Ovid advises a

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second mistress 3<sup>d</sup> Ovid advises to find out & expose to view the bad qualities as much as possible 4<sup>th</sup> the company of the mistress must be avoided travelling who are acquainted with his mistress, by travelling he will hear nothing of her & he cannot with propriety speak of her himself 5<sup>th</sup> as Love & hope are bound together so they must die together, Extinguish all hope and Love soon follows it. If we can the Lover with resentment against his mistress or bring him to believe that she is unworthy of him, a great step towards the cure will be effected, Ambition if possible should be excited & the Lover should be persuaded to set out in the pursuits of Glory. Love never follows ambition. —

## Grief

The nature of our passions requires an attention to this, since we shall so frequently meet with it, Grief is implanted in us for wise and benevolent purposes, It produces fever, sometimes syncope Asphyxia Epilepsy, Dyspepsia Hypochondriasis &c. Instances of it producing these are frequent congestions about the heart. Tears are the usual signs of Grief, but intense grief shows no tears, there is a weeping point in Grief above or below which tears refuse to flow, Such are the effects of grief that the system often becomes insensible to cold, hunger, thirst &c. Weakness generally attends it, 1<sup>st</sup> Operation or state of Grief but there are degrees of it which produce sleep by the stimulus of one Idea wearing down the excitement

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to the sleeping point. In our first visit we should desire gods comforters to be silent, the mind in the first paroxysms of Grief resembles the limbs in some states of Rheumatism in which the most gentle touch gives pain, Grief in this state is palliated by silence while a single word makes it worse. 2<sup>d</sup> a little word called the mourner, & this Physician should inspire hope & comfort, a Physician ought to go to the house of mourning immediately after the decease of his Patient, & he will by these means know, that he is conscious of having done his duty by his patient, & a Physician reaps more credit from such visits, than perhaps from all his attention in time of health. 3<sup>d</sup> the association of clothes &c. may be alleviated by accustoming ourselves to the sight of them 4<sup>th</sup> remove the deceased as far out of sight as possible. 5<sup>th</sup> when there is an absence of sleep below the sleeping point &c. Opium may be given every night after the first few weeks, never mention the name of the person deceased, the conversation must be on general things & never lively, if fever succeeds use the remedies for fever, if dyspepsia or hypochondriasis use their remedies.

*MAN.* This was implanted in us on account of the dangers & evils to which life is exposed, its objects are 1<sup>st</sup> reasonable, 2<sup>d</sup> unreasonable. The objects of the first are sickness & death, & those of the latter are darkness, Ghosts, surgical operations, attacks in public &c. Its effects are tremors quick pulse.

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hysteria, pale urine, globus hystericus, fœtus convulsions, mania, asphyxia & death, besides these it has a peculiar effect upon the hair, 1<sup>st</sup> it causes it to rise 2<sup>d</sup> to turn of a grey colour 3<sup>d</sup> to fall off from the head, the remedies are moral artificial & Physical. The remedies for the reasonable fear of sickness & death are. 1<sup>st</sup> just notions or opinions of divine Government for which the scriptures should be used, 2<sup>d</sup> a recollection of the fact of frequent escapes made from death by sickness &c. 3<sup>d</sup> frequent meditation on the subject, painful sensations by repetition become pleasurable 4<sup>th</sup> constant employment, 5<sup>th</sup> reading history & books of science 6<sup>th</sup> Company in hours of exposure to sickness & death, 7<sup>th</sup> Music expels the fear of death, noise of any kind dissipates fear, 8<sup>th</sup> Opium lessens fear; Fear from darkness & Ghosts is prevented by an early education, & from a surgical operation Opium may be given. — There is great advantage from association in curing fear.

**ANGER** This is implanted into us for wise & necessary purposes & it is injurious only when in an excess, there are 3 grades of this passion viz Anger, Rage & fury the last is the greatest, The effect on the system is according to its grade all determine blood very much to the head, it produces foaming at the mouth, great volubility of the tongue, sense convulsions, apoplexy & sometimes it produces tremors pushing of bile &c.





The Remedies are Religious Moral or Physical. 1<sup>st</sup>. A  
Sense of its impropriety or immorality 2<sup>nd</sup>. A sense of its  
repugnance to decency should be pointed Out I insist  
Upon 3<sup>rd</sup> Saying the Lords prayer when we feel the  
approach of anger or Counting 20 before we speak in  
a rage 4<sup>th</sup> by exciting a Counter passion as fear  
which is an excellent Antidote to Anger 5<sup>th</sup> a large draught  
of Cold water which gives time for reflection 6<sup>th</sup> I have  
known a bucket of water to be thrown on a dog to palliate  
his rage & equal effects from it in a servant Girl in this  
City 7<sup>th</sup> Dr. Arbuthnot says a mild & vegetable diet has  
Sometimes Cured it but even in some Cases. milk itself has  
been forced to increase the angry temper 8<sup>th</sup> When Anger is  
from fear Opium is good 9<sup>th</sup> Avoiding all exciting Causes  
as ardent Spirits, fatigue hunger thirst &c,  
Joy,

This sometimes produces disease on the human body  
as Syncope & Death. The Physicians business is to  
Moderate it Joy in a highly excitable state of the system is  
hurtful Excess of laughter sometimes produces it as in  
Erysippus & one of the popes Its Cure Consists in exciting

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a Counter passion or an irritating pain on some part of the body. Envy, & Malice

The face is suffused with blood when the person envied is present these principles slow working produces deep seated diseases. These resemble the low Chronic state of fever. Envy says Lord Bacon knows no holiday. The reading of the Scriptures should be advised.

### Lust.

This appetite is so intimately Connected with the passions of the mind & with moral vice that I have inserted it here. Like the passions it is implanted in us for wise purposes. Such as propagating Our species &c. In excess it produces disease both of body & mind. It is the Cause often of onanism for the effects of which see Hipok & Bore. Lust gratified produces Tumours, caters, dyspepsia hypochondriasis Vertigo self pollution furor Uterinus epilepsy madness & death. Its usual Causes are 1<sup>st</sup> excess in eating 2<sup>nd</sup> excess in drinking or too great indulgence of the Venereal appetite 3<sup>rd</sup> Indolence or a sedentary life. Pleasure is frequently the remote Cause hence we see it so often among students of an Idle turn





In whom both a Sedentary & idle life is Common Linnaeus ascribes it in Beavers to the constant exercise of the lower limbs. It occurs in Gout & Hypochondriasis. & is owing to the Sedentary life of Hypochondriasis that they are subject to it. It is evanescent sign of Hysteria & is attended with a preternatural appetite. but we often see it in debility after fevers in which case the genital organs sympathize with the Stomach which in Convalescents wishes for the most stimulating Aliments. The Unusual excess of the venereal appetite attends convalescents from the bilious & yellow fever &c. Last attending convalescents is the cause that the sick so often marry while they are getting well, the remedies are 1<sup>st</sup> Matrimony & fidelity to the marriage vow, 2<sup>d</sup> low diet 3<sup>rd</sup> Plutarch mentions that the puerist prevent by carefully avoiding to eat salt meat 4<sup>th</sup> Labour or constant exercise, Hippocrates say riding on horseback, I confine it to our sex, as I think the peculiar posture in women must excite it, instead of preventing it, 5<sup>th</sup> company of chaste modest & well bred women, which polishes the manners purifies the imagination &c. are there any medicines which are specifically in curing this disease. Castor oil has been said to have this effect, but I believe it is useful as far as it opens the bowels, Camphor has been used by the mouths for this pur-

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pose, that there may be such medicines I do not recollect, 6<sup>th</sup> when it arises from debility the cold bath &c 7<sup>th</sup> Close application to study particularly mathematics, 8<sup>th</sup> Not only constant study but likewise exciting an active passion or pursuit is proper, 9<sup>th</sup> Boerhaave says a fit of lust is removed by exciting a fit of laughter 10<sup>th</sup> a salivation by diverting excitement 11<sup>th</sup> Certain tones of music 12<sup>th</sup> avoiding all lascivious thoughts prints & books &c and obscene conversations, The cause next to a certain Phenomena of the mind & first of dreaming

## Dreaming:—

In our Physiology. I mentioned that dreaming was a disease, it depends upon a morbid state of the brain. Its causes are 1<sup>st</sup> an increased stimulus from physical causes as cold, heat, uneasiness, improper position of the head, Opium, fever, full bladder, inclination to go to stool light &c 2<sup>d</sup> by the abstraction of any habitual stimulus, as the omission of taking supper to one who is accustomed to it dreams are very miserable and often render life very miserable, The remedies are 1<sup>st</sup> of gentle purges, low diet when accompanied with the third or much excitement 2<sup>d</sup> avoiding all the causes of mental excitement in every case 3<sup>d</sup> Labour is good, Country people who labour, seldom dream, habitual noises must be restored 4<sup>th</sup> when from weak action or a want of stimulus, Opium & a supper prevent them.





Tomnambulists, have been cured by depletion. They have a morbid affection of the muscles, hence they are in a profuse sweat while walking in one of their ~~sweats~~ fits, Incubis or night mare, is only a higher grade of dreaming, it is caused by many of its remote cause by stagnation of blood in the lungs brain or heart. The remedies are the same as for dreaming, but more particularly avoid lying on the back. -

Phantasms. They indicate the formation or actual existence of disease in the brain, They are false representations of things on the ears or eyes & depend upon motion being excited in the eye or ear, in parts not accustomed to vibrate to impressions made upon them. Like sensations in one part from impression in another. No more happens here than when pain is excited in the scrotum from a stone in the bladder. In short Phantasms may be considered as dreams in the waking state, Persons affected in this way fancy they see themselves or some of their friends, the object supposed to be seen is never seen by two persons, but by the diseased person only. The voice supposed to be heard, is heard by him alone, these illusions consists chiefly of our names, This is because we are more accustomed to hear them called & consequently the part of the brain accustomed to hear them, those sounds are more debilitated &





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irritable than any other, it is to be explained in this way. Being more accustomed to hear our own names than any other; that part of the brain becomes more irritable than any other. Should any sound be wafted to our ears, if the part of the brain accustomed to vibrate to that impression, should thro' disease refuse to take on the usual motion, the impression wandering would fix on a weaker part of the brain, viz that which used to vibrate to our name. No more happens here than in tetanus, when a slight wound made on the foot, does not produce vibrations in the foot but the disease flies up & fixes on a weaker part viz the brain. The remedies are to purge & low diet if there be much excitement, but if there be weak morbid action, Tonics &c.

### Absence of mind. —

This is either owing to the mind being so engaged as not to attend to the impressions of secondary objects or to its insensibility to surrounding objects; or a total want of Ideas of any kind. This last generally attacks stupid people, It is either a mark of affection or stupidity. It is a form of derangement & is cured by depletion a season in the fresh noisy company, &c. When from fatuity the treatment must be as for that disease. Lord Chesterfield says that only 3 men in the world had a right to be called men of absent minds. —





*Trance.*— Here the whole body dies except that part of the brain in which the mind exists; It is a lower grade of Asphyxia; The mind dwells of futurity & the world of spirits & when the patient comes to his senses relates as real all what he saw. In all cases of suspended animation the body should be kept warm frictions used, fresh air applied to the lungs & interments should be delayed until a considerable progress is made by putrefaction on the body. I say considerable, because persons supposed to be dead have recovered after the cadaverous smell has taken place. & I have seen persons in yellow fever smell like dead bodies & recover.

### *Syncope or swooning away*

Here there is a diminution or suspension of the motions of the heart & of respiration, sense of languor, cold feet weak pulse, almost & sometimes wholly imperceptible, cessation of sense & motion, cold sweat on the forehead noise in the ears &c.

In recovering from syncope there is sometimes a pain about the heart, anxiety vomiting & convulsions, attend to this part: for you will be often called in during these convulsions, women are more subject to it than men, it is sometimes hereditary but does not shorten life. Its causes are general & local. The locals are Anæmias, Polipy, Dropsy, Obstruction &c. in which case





it is incurable. The general causes, are profuse hemorrhages great  
 emaciation, strong passions, or great emotions of the mind disagree-  
 -able sights or smells, great heat, excessive pain or its cessation  
 putrid or indigestible food taken into the stomach, cold  
 drinks, taken in a heated state of the system, sudden applica-  
 -tion of contagion or miasmata &c. The remedies are a recum-  
 -bent posture, fresh air, few attendants, Vol. Alkali, stimulat-  
 -ing on dowers to the nose, burnt feathers, cold water when from  
 heat, cataplasms to the feet, frictions, Laudanum when from  
 cold. The exciting causes are to be avoided, when from mias-  
 -mata &c. to prevent a return, exercise & the cold bath &  
 avoiding all the exciting causes. —

*Asphyxia.* This resembles death, by the ab-  
 -sence of motion & the pulse cannot be felt, & it is only a higher  
 degree of Trance, here the mind is gone & there is no recollection  
 of what passed during the fit. The operations of the mind are  
 entirely suspended, the pulse & respiration gone, the causes  
 are 1<sup>st</sup> Violent emotions or passions 2<sup>d</sup> offensive matters taken  
 into the stomach, Intense cold, this is the reason that animals  
 are torpid during the winter, immersion in cold water, charcoal  
 -fired air, wine, intoxication hanging contagion & miasmata &c.





The remedies are to be suited to the causes which produce it, when it, when it arises from drowning warm air, should be introduced into the lungs, frictions with brandy & warm flannels, stimulating injections, warm applications to the body &c. Why do drowned bodies first sink, then rise & float upon the surface of the water?

Fear causes muscular contraction by which the body becomes specifically heavier than the water & consequently sinks in it, so long as this spasmodic contraction continues there is a capacity for life, but as soon as the contraction is over it becomes specifically ~~heavier~~ lighter & consequently floats on the surface, "A very intelligent house keeper once told me that she never cooked fowls after she had killed them untill the anus became open, that it sometimes happened that the sphincter ani remained contracted & if she dressed them in this situation, their meat was tough, but if they were cooked after it was relaxed their meat was tender"

The stimuli applied to revive drowned persons, should be greater or lesser according to the exertions made to save himself from drowning, If great exertions were made, strong stimuli should be used, they likewise should be strong if the body has been a long while under water, when from cold heat should be applied gradually, beginning at 40 then

The United States is a country of great  
resources and great power. It is a country  
of great wealth and great strength. It is a  
country of great honor and great glory. It  
is a country of great fame and great  
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country of great goodness and great  
kindness. It is a country of great  
beauty and great splendor. It is a  
country of great glory and great honor.



50 & lastly 96; when from violent passions or offensive matters taken into the stomach, strong stimuli applied to the skin to raise a counteraction, as boiling water to the head &c. When from contagious, fresh air, from drunkenness cold water, sounds are proper. Life lingers longest on the ears, The stimuli sh'd particularly be applied to parts that are exquisitely sensible, as the soles of the feet, nose lips, pudenda &c. dropping water on the upper lip titillating the nose with a feather. When from great oppression of the system & is proper, as soon as the system begins to react, because the reaction is so great as to kill. When from lightning by effusion of cold water from lineths.

The signs of death are a clamminess upon the skin, an alkaline odour, but the most unequivocal sign is a relaxation of the sphincter ani & vesicæ.

## Diseases of the Moral Faculties.

I have included these among the diseases of the mind & have treated of them in an oration delivered before the Medical Society which is in the 2<sup>d</sup> Vol of my Inquiries, but I will make a few remarks here, I once knew 3 cases in which the moral faculties were very much diseased, once a boy who had Epilepsy, who had no good quality whatever, altho' his memory <sup>still</sup> was unimpaired, the 2<sup>d</sup> was a young man in

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Virginia who had the Hypochondriasis at first which afterwards af-  
 terwards changed to a disease of the moral faculties. The 3<sup>d</sup> was  
 a young Lady, who thought of nothing but mischief & tearing her clothes  
 she was less mischievous when employed, used to mix pins of vari-  
 ous sizes together & make her divide them, I have taught vice  
 to be a disease. Are diseases brought on by predisposing debility  
 of the body? so is vice debility of the mind, are diseases pro-  
 duced by contagion on the body? so is vice by the infection of  
 bad company. Does debility predispose the body to disease?  
 so does idleness wh. directly debilitates the mind, invite vice.  
 Does disease of the body exist in different degrees of morbid ex-  
 citement? so does vice in different degrees of morbid action in the  
 mind. Does the highest degrees of morbid in the body require  
 copious depletion? So the highest degrees of vice require a greater  
 abstinence of stimuli producing it? Do we overcome morbid  
 action in one part of the body? by exciting action in a part  
 less vital? So we overcome vice by exciting a counter passion  
 thus avarice is cured by ambition. Do we accommodate  
 stimuli to excitability in the cure of the diseases of the body?  
 so in diseases of the mind we accommodate moral remedies to the  
 state of the system? Is there a reduction or expenditure of excite-  
 ment in the body by the long continuance of the disease





so that no stimuli will act? so the mind becomes insensible.

Forgiveness alone when aided by religious Gracials can effect a cure  
Capital punishments cannot reclaim the world from vice  
every vice has its specific Physical or Metaphysical remedy.

## Absence of the Passions. —

Sometimes there is a deficiency & even a total suspension of these —  
the patient neither loves nor hates & is alike insensible to plea-<sup>sure</sup>  
or to pain. The remedies for the torpid state of the passions  
must be suited to the state of the system. Tonics cold bath  
pain exercise & a salivation are proper, Case of a Lady who  
disowned her child, but in consequence of being salivated  
acknowledged & even after was very much attached to it.  
Here Gent, we conclude our history of the operations of the  
human mind & diseases of the human. The subject was new & diffi-  
cult, but it is highly necessary to the Physician as it enables him  
to lessen the evils of mortality & interesting to mankind as it affords  
them an alleviation of their calamities; There is nothing in this doc-  
trine repugnant to the soul. It powers of action while in the body  
I only contend are caused by motions of the brain, how it may lie  
after death I am unable to determine. This doctrine is however like  
true whether our soul enters into another immediately or whether not  
for 1000 years, that time to the mind is no more than a minute. —





Of diseases as they generally appear in the Lymphatic system.

## The Venereal Disease.

I believe it to be an ancient, coeval with the enjoyment of the venereal pleasure, I think Gonorrhoea & Syphilis to be grades of the same disease.

Gonorrhoea. is divided into Gonorrhoea benigna & virulenta or Gonorrhoea originally acquired & Gonorrhoea from infection.

The first is brought on by difficult coition 1<sup>st</sup> by bruises on the gland penis 2<sup>d</sup> from Gout, I have seen two cases from that cause

Lavoisier mentions, Gonorrhoea, podagrica, It may be distinguish-  
ed from gonorrhoea virulenta by filaments in the urine &

when dry by a pelucid salt 4<sup>th</sup> by acrid matters in the  
urethra 5<sup>th</sup> Suspension of intermittent fevers with it often ter-

minates alternates 6<sup>th</sup> long absence from venereal enjoyment  
7<sup>th</sup> debility from old age 8<sup>th</sup> in children from teething, 9<sup>th</sup>

Hard labour Monarism, Lastly there is a discharge not gleet  
resembling it very much, it is a Catarrh resembling it very

much of the bladder, It is often confounded with other dis-  
eases, as a discharge from the prostate gland, an Effusion of

semen this is known by hardening. 1<sup>st</sup> Gonorrhoea Viru-  
lenta. It is of great consequence to discover this from the

foregoing, It may be communicated, 1<sup>st</sup> By Coition 2<sup>d</sup>  
By a tainted bed 3<sup>d</sup> using infected necessaries. —





1<sup>st</sup> small clothes such as are used in the disease, or when it was first taken  
 then will often communicate it, also by the matter being applied to a  
 sore in any part of the body. The blood is injured by it, this is proved  
 in by new born children, being infected with it, by their mother  
 having it while pregnant, The usual time for the disease to appear  
 after it is taken from 3 to 12 days, many say a much longer time.  
 It has been said that it has been dormant in the system for a  
 long time, but in such cases it is of the venereal kind, when it  
 appears in a debility simple state, it is easily cured, by diluting  
 drinks as flax seed tea, mercurial injections, milk & water barley  
 & water ℞ Ziij tincture without turpentine, the yolks of an egg  
 Gum Arabic make a good formula for cold ~~weather~~ weather  
 ℞ Si℥ Calomel in ℥iv of water in summer, but there are some  
 times troublesome symptoms, as Chancres, which are removed  
 by dry lint, red precipitate, powder of saffron, lunar caustic ℞  
 2<sup>d</sup> swollen testicle to be treated with local U. as leeches suspens-  
 sary bandage rest, cold water hot, water ℞ if these symptoms  
 should run high U. 3<sup>d</sup> Balboes, they arise from an irritation  
 produced in the Urethra by the virus or from a translocation  
 of it to the inguinal glands, which alone do not sympathize  
 with the parts affected, These last like Scrophulous tu-  
 mors should be opened by the knife or Caustic, but an





opening by nature is preferable to either. 4<sup>th</sup> Optalutia from sympathy from the affected parts 5<sup>th</sup> strictures in the Urethra, these shew great connection with every part of the body. They sometimes produce intermittent fevers, They are cured by bougies, mercurial ointment rubbed above or below the swelled parts, electricity, cold water & vomits, but if they shew a tendency to suppuration efficient cataplasms should be used, the best of which I know A pint stale beer, 1 gill of lie as much bread as will make it into a poultice & a little hog's lard, with which the part should be left to open of itself 6<sup>th</sup> Phymosis this is prevented by keeping the part under the prepuce, cutting is frequently necessary if neglected it grows to the gland penis 7<sup>th</sup> Paraphymosis, is prevented or relieved by cold water or Ice, lead water & the taxis, you should always perform the taxis yourself for the patient, for they are apt to neglect it themselves & then an operation is often necessary to prevent mortification 8<sup>th</sup> Chondoe, in this case a full bladder should be avoided by ejecting the urine as soon as it is felt sleeping in tight drawers & opium & night. 9<sup>th</sup> Gleet, this sometimes arises from weakness or from an ulcer, if from the first, Balsam bark, Chalcbeate, cold bath astringent Injections, Porter wine & water Injected, but one of the most powerful injections for Gleet is as follows VIZ —







*R sacch Saturni* 10 grs  
*Murias Hydrarg* - 1 gr  
*Sp Corni Cervi* 20 gutts  
*Aqua Fontan* 4 ℥

} *M inject bine die*

This acts by exciting a new inflammation in the urethra. It was  
 a remedy of a Quack, 1gr Calomel every night. Mr Winter recom-  
 mends fresh infection. Sometimes there is a discharge of semen  
 in the sleep, the *Gonorrhoea dementia*, use tonics & gentle salivation.  
 Sometimes there is a dry gonorrhoea in which there is a burning  
 in the urethra & without any discharge in consequence of the ex-  
 ertment being beyond the secreting point. The remedies are of  
 purging &c. catarrh of the bladder is cured, by medicines acting  
 upon the neck of that organ, as Balsams, tincts, Cantharides  
 &c. There have been many disputes whether gonorrhoea & lues venery  
 be the same disease or not. I believe they are only different  
 grades of the same disease. In the latter stages the matter is re-  
 tained in the system & affects the mouth nose &c. with ulcers  
 &c. The acrimony of the matter is much increased by reten-  
 tion. It affects all the bones not well defended with muscles.  
 The remedies are mercury internally & externally, mercuri-  
 al ointment, first bathing the part to which it is to be appli-  
 ed the quick silver pill, that is Mercury triturated with soap







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is the best as it seldom purges & secrecy being often necessary & by it more mercury can be taken without salivating, but as there is little difference in all the preparations of Mercury they may be used in succession. Warts if they arise should be extirpated & dressed with red precipitate, sometimes they must be cut 3 or 4 times before they are cured. For Nodes, Gum Glands. The remedies should be accommodated to the state of the system. Mercury should not be given in irritable or debilitated state of the system, without being accompanied with a generous diet. The reason why we see some people still retaining the venereal disease after having gone from place to place & try'd  $\frac{1}{2}$  a dozen different Physicians, is nothing but that Mercury in all its various forms have been used. Opium sometimes does good by raising the system to the proper mercurial point, or when the ulcers does good from a wrong action it does good, it does this I mean when the venereal virus ~~does good~~ is eradicated, for untill it is removed the Opium can do no good. The nitric acid has been much used in this disease, it must be given through a quill. Sometimes the venereal disease is combined with itch, scurvy, Gout, Rheumatism &c & the remedies should be directed to these also, but Mercury should not be used in Scurvy untill its worst symptoms are removed, Gout & Hypochondriasis is often mistaken for







Hypochondriasis counterfeits every form of the venereal disease. When Rheumatism is combined with it, treat it as such, viz with purges of low diet & Mercury.

## CANCERS.---

These are generally seated in the glands thro' at times in many other external & internal parts of the body. They are generally preceded by tumours. Schirre sometimes run into cancers, In men they are most common in the face from the many changes of atmosphere the irritation from washing &c. In women they are most common in the breast & uterus, they are most dangerous when on the lips; on account of their connection with the glands of the throat & In the breast when they reach the axill pits & when in the vagina & ovaria it is generally fatal, but when in the glands penis & other muscular parts it is easily cured, They seldom attack untill the 45 year of life, Recollect what was said of the acrid fluids in old age, The urine sweat tears &c are acrid, It is owing to this that some in old people are hard to cure & frequently become cancerous, They are more common in cold than in warm climates, Pain sometimes accompanies & a dull pain preceeds them, tho' not always, for I have known a tumour occasioning considerable pain not end in Cancer, I have known the worst of cancers not to be attended with

COPIES



pain, you see then that no Pathognomonic or diagnostic sign can be given even in this disease. The pains when they occur are not constant but lancinating & often cannot be distinguished from Rheumatism. The remote & exciting causes are shiver suppressed menses or habitual charge, pile repelled eruptions, veritations upon any part of the body by pressure &c. neglected vitiated sores, Bruises, Tows, that alarm excite & uneasiness are apt to end in cancers, for the mind seems to determine virulability to the part it thinks most. The matters formed & discharged from cancers is of the most active & corrosive nature, a man caught a cancer by kissing a Lady that had a running cancer upon her lip. We see this acrimony in a decayed teeth, the matter formed there is so powerful as to corrode gold & silver pivots.

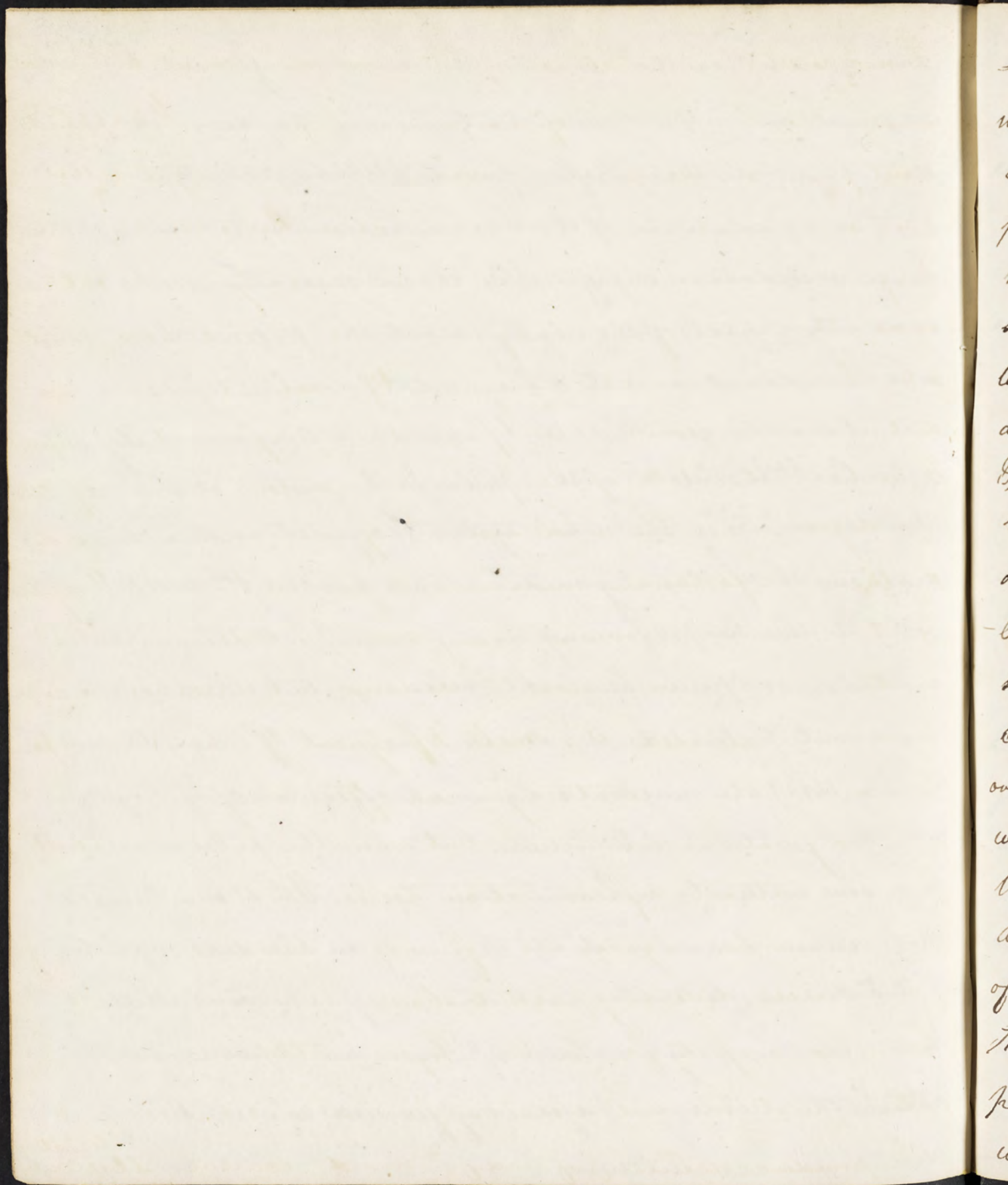
The absence of pain in this disease is however to be supplied by the vigilance of the surgeon, who should remove every tumor from the face &c. that's likely might end in cancer, tumors should be more especially removed when on the lips & breasts? when they are on muscular parts, they may be removed by Caustic but when on glandular parts the knife should be used, the caustic salt & spirits powder of savin poke root or juice &c. this in the morning is possessed of considerable activity, when the tumors are still more alarming & in the muscles.













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Lunar caustic, caustic alkali &c. but above all Arsenic As it is most manageable. It is the basis of martin's cancer powder. It is applied a wet pucle on the powder of arsenic & then applying it to the part, or by solution of it when ulceration has taken place, the knife is seldom successful, the cancer generally breaks out in some other part of the body. But the patient here is not to be abandoned, small & frequent of a salivation and low diet should be resorted to & should be performed by cups & leeches & the state of the pulse & the system should regulate the degree, when the whole system is affected with a cancerous diathesis the following medicines are proper 1<sup>st</sup> milk & vegeta-  
-ble diet, this has performed many cures 2<sup>d</sup> certain narcotic substances as Opium, hemlock belladonna, but these have never cured but palliated 3<sup>d</sup> small & frequent & when there is pain or when the pulse indicates a general affection of the system with too great morbid action, but when the pulse is weak & the same without inflammation tonics &c. should be used As the mind has so great an influence in the cure or contrary of this disease, diverting pursuits should be recommended There is no necessity for the the Physician to pronounce to his patients that his disease is a confirmed cancer, because it will produce debility of body & mind, consequently <sup>-tract</sup> coun



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the intention of our medicines. We should say it may probable end  
in Cancer, I shall make a few remarks which may perhaps lead  
some of you to a more successful mode of treatment of this disease.

1<sup>st</sup> I have observed that diseases wh. are seated most exclusively in  
the nervous system take the strongest hold & are hardest to eradicate  
as Epilepsy &c. 2<sup>d</sup> we know that cutting the nerves of the stomach  
soon impair digestion &c. & 3<sup>d</sup> as the mind acts only thro' the  
medium of the nerves, dividing the nerves leading to the cancerous  
tumor may prevent the ill effects of the mind upon which is of-  
ten very great 4<sup>th</sup> Pain does not always attend them, May we  
not conclude that cancers are seated primarily in the nerves  
& hence we led to use Asafœdita Electricity &c.

RICKETS. These are attended with a large  
head & knees, knees projecting forwards tumid belly swelled  
joints. They succeed Intermittents & measles, there is in general  
a wasting of the whole body. It is a misplaced state of fever to  
the bones, It is now a rare disease to what it has been. The pre-  
disposing causes are said to be making the child walk too soon  
but the contrary is true, It has been said to be owing to a  
deficiency of oil in the bones, the remedies are by purging  
& other depleting remedies when attended with great mov-  
-and action, If weak unobedient action Chalkbeates bark



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change of climate, fish oil is said to cure it, how does this act? whether by preventing the perspiration of the oily matter which ought to go to the nourishment of the bones, or being absorbed itself and answering this purpose? I am unable to decide these questions.

Of General diseases as they appear in the Skin. These are important to 1<sup>st</sup> Because they are connected with the state of the whole system, 2<sup>d</sup> because they are offensive to the patient &c. I shall consider them different grades of the same disease & consequently an unit as much as a fever. The remote causes are first too great or too little excitement in the blood vessels, 2<sup>d</sup> vitiated state of the fluids 3<sup>d</sup> vitiated state of the stomach or alimentary canal 4<sup>th</sup> Sometimes it is unconnected with any disease of a part or of the whole system. The proximate cause is morbid action in the cutaneous vessels & sebaceous glands. When they affect the skin they cause 1<sup>st</sup> efflorescences 2<sup>d</sup> sores producing secreted matter which causes scales 3<sup>d</sup> scirrhi, The remedies are to be accommodated to the causes which produce them, 1<sup>st</sup> see if they alternate with any general disease as Gout &c. they have been cured both with animal & vegetable diet, In plethoric habits depletion should be used & decoction of *Eupatorium perfoliatum* oil & wine, Arsenic





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From 1/16 to 1/10 of a gr at a dose, but above all a saturation. If the cutaneous disease succeeds one that has been of a long continuance & situated in important or dangerous parts, it /the cutaneous disease/ should be approached with a gentle & timid hand, a breaking out in child-duen will often yield to a solution of sacch saturni, I have seen Hydrocephalus brought on by repelled eruptions, I once heard of death being brought on by a tetter being cured on the end of a child's finger, Ulcers behind the ears may be cured provided a seton be put in the back of the neck & purges, low diet &c be substituted. Cutaneous diseases in old people should not be cured; If they arise from a morbid acridities in the stomach, remove it by an emetic, chalks, alkalies & the usual remedies for dyspepsia, even Clin's vitriol will remove it when all others fail. When these eruptions are from a vitiated state of the fluids, as from Scurvy &c let the remedies be to sweet them. The system is sometimes generally affected by the bite of insects &c should not be neglected when there is great morbid action in the blood vessels, the following remedies have been found beneficial, 1 cold water 3<sup>d</sup> lead water 3<sup>d</sup> sweet oil & milk, <sup>when there is weak morbid action</sup> the saliva of a dog, salt & water prepared by hog's lard equal parts, Unguent, Citrinum, Rayli-mood's ointment as follows R<sup>e</sup> Alum Unitaric acid Zi sulphur Zi<sup>ii</sup> hog's lard. ʒss the unguent saturninum, and an ointment

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made of hogs lard & sulphuric acid, 10 grs of corrosive sublimate dissolved in 3 $\frac{1}{2}$  of water, Colomel applied with the knife, during the use of any of these, purges & low diet should be used at least two doses of purging medicine a week, When these fail remove the cuticle & promote a discharge by blisters, or the arsenical solutions. We will now proceed to speak of some of those cutaneous which require a specific treatment

**Prurigo.** This is either general or local affection, it is a distressing affection & partial itching affects the vagina, glans penis, palms of the hands soles of the feet &c. the remedies are warm and cold baths, lead water, ung Citrinum sulphur & lard equal parts. If general & local, mercurial frictions, ointment &c. Itching in the anus, when a symptom of gout should not be removed, Death has followed the removal of it, I have used a decoction of the Cortex Quercii with efficacy.

**Herpes or Itch.** This is cured by all the remedies above mentioned both general & local, I have known it to go away by removing from the city to the country, all the cutaneous diseases are sometimes cured by Fever.

**Ring Worm.** This is produced by an egg deposited by an insect & possesses locomotive powers. The remedies are take a little gum powder with water & diluted nitrolic acid or

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Nitric. It is most common in the Eastern countries to leave de-  
pnefious, according to Bolney.

Itch. It is worse in the North  
of Europe & West Indies than here. the remedies are sulphur  
dry, or moist, a shirt boiled in sulphur & then worn is excel-  
lent; mercurial ointment. we should persevere in the use of these  
remedies even after the disease has disappeared, but before you  
begin to cure the Itch inquire if the patient has he retained of  
any other disease by it, if so it is better to bear the small mal-  
ady, than suffer a return of the greater.

### *Tinea Capitis* or tape worm.

This affects children chiefly. The remedies are general & local, the  
first are purges low diet &c. the latter are shaving the head  
applying the ointment, ung citrum or wash the head with soap  
and water & then a cataplasm of charcoal & water, I have cured  
two cases with this, one in one night & the other in 3 days, I have  
substituted an alkaline powder which I think preferable  
& which I have cured many obstinate cases, viz R Chalk  $\mathfrak{z}\text{ij}$   
sal tart  $\mathfrak{z}\text{ij}$  M and apply to the head mixed with hog's  
lard or moistened with water, It is often produced by  
uncleanliness D<sup>r</sup> cured a scrophulous ulcer <sup>on the neck,</sup> by putting

1871  
The following is a list of the names of the persons who have been admitted to the office of the Secretary of the Board of Education, since the last meeting of the Board, on the 1st of January, 1871.

1. Mr. J. H. Smith  
2. Mr. J. H. Smith  
3. Mr. J. H. Smith  
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100. Mr. J. H. Smith



lies in the patient head & thereby exciting a new discharge.

## Pedicularious or Lousy disease.

This disease is the effect of uncleanliness, It occupies the regions of the armpits pubes &c. The remedies are a decoction of tobacco corros sublimat & tinct of larkspur with spirits, &c.

ULCERS. These belong likewise to the diseases of the skin. I have but little to add here to what I have said in my Inquiries, I have been much more successful since I have treated them according to the principals of my theory of the unity of disease, I shall however add a few remarks, 1<sup>st</sup> a sticking plaster 2<sup>d</sup> a decoction of walnut leaves, tobacco, digitalis, holding a hot Iron near them, pledgets dip't in a decoction of peruv bark, dirty wool burnt under the sore washing it in lime water, salt dissolved in wine cured Dr. Becl does of an ulcer of 5 years standing, fermented poultices, change of climate Dr. Cleghorn says that sores will with difficulty heal in Minora especially in hot weather, Cold & wet weather affect the ulcers in the P. H. C, an easy state of mind is of great importance in the cure of an ulcer.

BURNS. These should be treated as in other local diseases, when they bring the system into sympathy of Purge low diet cold water lead water &c.



I have found stramonium ointment of little service,  
Oil of turpentine is much recommended & may be used  
in recent cases only.

## Blood.

of local diseases as they appear in the blood &c.

**Blood** This was once thought to be the source of all  
diseases. The supposed viscosity of the blood is owing to slow circula-  
tion. Putrefaction cannot take place in it while it cir-  
culates altho' much has been attributed. The different  
colours of blood depends on oxygen & bile, these colours are  
black red green & yellow, the red colour is owing to ox-  
ygen, the others to an absorption of bile, the remedies are  
to be suited to the causes of the diseases. The black co-  
lour is owing to a stagnation of bile & the absorption  
of it, Tonics or depletion may be used as occasions may  
require.

## In the secreted fluids.

These secretions of the body are liable to change in quantity  
quality &c. the remedies are detesting drinks when too  
viscid or acrid &c.

## On the skin & hair

The black colour of the negroes was probably owing at



first to a Leprosy contracted in Africa & transmitted from one generation to another; The hair is liable to fall out & to split, this is owing to a cessation of growth. It may be prevented by cutting of the ends & washing the head with brandy & water.

### In the features of the face. —

Deformity is a disorder & is owing to irregular growth of flesh or bone, in the beginning it may be cured, but when of a long continuance is of a long continuance is incurable, It is reason & Religion that give dignity to the human countenance Negroes have vacant countenances for the want of them.

### In the cellular Membrane

There are owing to water, halitus & air, water in dropsy; halitus in hysteria & great debility of the system & air occurs from wounds & fractures in the Pleura, both of which last is cured by pressure, Halitus is cured by pressure & tonics & air by pressure & frictions "

In the organs of speech, trachea, lungs  
spleen omentum Kidney & Bladder

**Hoarseness.** This cannot be caused by the muscles of the organs of speech, tumors in the lungs, calcareous matter deposited in the trachea & lungs, Ulcers ex topi in the trachea, dryness of the trachea, there is sometimes a <sup>stom</sup> sign



Cataract often independent of it. It sometimes alternates with head ache, goes off in warm weather & returns in cold it is greater in cold & is occasioned by the suppression of ~~urine~~ perspiration & is quick in its appearance, I have seen it the only symptom of  $\gamma$  fever, the cure if from tumours cures or opening them if from topi or ulcers a salivation, when from cold or alternating with other diseases if the pulse be asthenic &c. when from want of tone in the trachea, tonics, vapour bath emollients drink blisters, vapour of hot vinegar, if all these fail a salivation.

## Paraphonia, or, whispering

This may arise from a weakness in the glottis & tumours in the trachea, It occurs after fever, catarrhs, paralysis of the lungs & I have known it succeed typhus fever, when it is curable, the remedies are blisters salivation &c. a squeaking voice arises from a diminution of the cavity of the glottis & perhaps the trachea It is cured by a salivation. — — — — —

## Aphonia or total loss of Speech. — — — — —

This arises from a paralysis of the muscles of the



4/4

Larynx & Glottis is cured by blisters electricity & a salivation.

## Stuttering.

This is a convulsive motion of the larynx, tongue & lips, it is sometimes suspended in diseases as Intermittents & remitting fevers, It may be cured by learning to speak going very slowly, It is sometimes induced by terror, I have once seen it hereditary, It is guttural, lingual & labial. the chief indication seems to be to give tone to the organs affected when it is in the Glottis, what would be the effect of hallowing, irritation of demosthenes, or electricity? when lingual only what would be the effect of pebbles, when labial, what would be the effect of gently irritating substances, and salivation for all.

## Tracheal Gleet.

This is a puerile excretion & secretion of the trachea. It is sometimes very offensive to the taste & smell & predisposes to consumption. the remedies are tonics, I have known it to discharge externally, Could not a similar artificial discharge be made in an alarming or troublesome disease.

## Lungs.

They are affected from a disproportion to the size of the thorax producing dyspepsia & from irritability producing asthma.

We come next to a difficult part of our course viz the diseases of the Urinary Organs.



I shall attempt a new theory on this subject, but shall only deliver facts in support of it.

## Suppression of Urine.

This is frequently owing to a stone, calculous &c. in the bladder. I shall therefore mention how they are formed. There is always in us originally a calca<sup>reous</sup>~~reous~~ matter & it is owing to a superabundance, or decomposition of this last that calculous are formed. This calcareous diathesis is present in all animals, a stone of 24 lb was once taken from a horse but these animals suffer less from their horizontal position, some nations are more subject to it than others, Stone and calculi are not only found in the bladder & kidneys, but likewise in the viscera, more especially in the lungs, also, in the joints, near acmen & even the discharge from the skin.

Women are less subject to it than men owing to their having a short urethra, & from calculi passing with the urine thro' the urethra in them more easily than in men, these diseases are more common in early life than in middle life, Malt liquors have been accused of it, abounding in acid they have certainly a tendency to produce it, The Muscles on which stones are formed are of various kinds, they consist most frequently



of different compound particles of blood, some waters produce it more  
 than others, those depositing most earthy matters are most likely to  
 produce it but to this are some exceptions, well water more than  
 running water is the cause of this disease, some drinks are more  
 remarkable to produce it than others, It is often hereditary; the  
 remote causes are pus, mucus, extraneous matter, abrasions of the  
 mucus of the bladder, It is excited by exercise hard drinking, hard  
 riding, long standing which weakens the kidneys, a decomposi-  
 tion of of calculi takes place, 1<sup>st</sup> favour to long retention of  
 urine, after the bladder is full; indigestion sedentary life, lying  
 on the back, imperfect partial or slow discharge of urine,  
 from a weakness of the acceleratories urino, the older people  
 know the more frequently they are necessitated to make water  
 they should be extorted to discharge the contents of the blad-  
 der completely, when gravel is in the kidneys pain is felt in  
 one or both sides, the pain extending down the thighs, a retrac-  
 tion of the testicles itching of the penis, numbness of the leg  
 sickness & vomiting, bloody urine, suppression of urine &  
 a large quantity of pale  $\text{d}^{\circ}$ ? when in the ureters the symp-  
 toms are nearly the same but more acute, when in the blad-  
 der a frequent desire to make water & when passing gives  
 great pain an itching on the glands penis.



The pain from gravel is preeminent over all others in point of intensity. The calculi are of different matters & they all effervesce with the Nitric acid, without loosing any of their weight thereby. Dr. Black says that the substance of the stone is an animal concretion, the earth, the earth the same of <sup>as</sup> the bones. The remedies are such as are proper during the paroxysm & such as are proper during the intervals. For the paroxysm is regulated by the pulse vomits, injections, lenient purges, particularly castor oil, liquid laudanum warm bath, anions to the pubes & perineum, delugent drinks & when the urine is obstructed the Catheter must be introduced. To obviate a return of the paroxysm, that class of medicines called Lithontrips should be used, as caustic alkali, salt soap, lime water, vitriolic acid, aqua Nephritica / or solution of potash impregnated with carbonic acid / astrigent vegetables as Uva Ursi, wild carrot turnip seed &c. they have been said to dissolve the stone but it is not so. as tonics they obviate <sup>de</sup>sensibility & destroy sensibility. Gout after 30 years causes no pain, so is stone after a long continuance no pain is felt. The remedies that have been said to cure stone have only destroyed the sensibility of the parts & thereby suffered the stone to lie all the life in the system without pain, Cold bath to the external regions



of the kidneys if the stone be there & functions at the same time.  
 injecting solvents into the bladder, as lime water saliva gastric  
 juice, this last was once thought to answer but from Dr. Dorey's  
 experiments we are led to hope very little from it, he found the  
 gastric juice of hogs to be more powerful than that of any other  
 animal calculi in different persons or in the same person at dif-  
 ferent times are composed of different matters, consequently we  
 can have no universal solvent. Gentle exercise is proper, it does  
 good by the perspiration it excites, for the urine is found to con-  
 tain less of the lithic acid when there is great determination  
 to the pores, hence the benefit in living in a warm climate. More-  
 ly relates the case of a man who was entirely cured by going to  
 the West Indies that was severely afflicted with the stone, drink-  
 ing large quantities of running water, when the calculi is in the  
 kidneys green tea, a diet of sugar, black Berry jam or boiled  
 sugar, avoiding all the exciting causes, as aliment lying on the  
 back, incomplete discharge of urine, riding in carriages on <sup>rough</sup> ~~con-~~  
 roads, continuance, cold fatigue. All the causes of morbid ex-  
 citement should be avoided, the success of medicines in this  
 disease depends upon their being used, when there is apparently,  
 the least necessity suppression of urine arises from the following  
 causes, 1<sup>st</sup> from soaked kidneys small pox blisters



of Cantharides, the remedies are of cold air purging &c.  
 2<sup>d</sup> from pressure of the surrounding parts especially the Colon  
 as Cholic, here of purges & Clysters are proper. —

## Ischuria. —

This arises from causes acting 1<sup>st</sup> Internally as gravel or stone  
 2<sup>d</sup> from pressure of the adjoining parts, when it arises from piles  
 the remedies for that disease are proper, when from obstructions  
 of the menses remove them. sometimes there is a suppression  
 from causes acting on the muscular fibres as spasms, convul-  
 sive, hysteria tetanus, sometimes from an over distention of  
 the bladder, then the catheter must be used the remedies  
 are of purges going into cold air & warm bath, sometimes  
 it is from a paralysis of the fibres of the neck of the bladder  
 & occurs in the last stages of certain fevers. the remedies  
 are the same as in general disease, also the catheter must  
 be used. when from partial causes it is of a chronic & re-  
 quires powerful stimulants, as Opium tinct of Cantharides  
 warm & cold bath electricity salivation, if all these fail  
 tapping above the pubes must be resorted too, it some-  
 times arises from obstructions in the urethra which is  
 cured by filling the bladder with water & discharging



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with force. when from the use of Cantharides, &c. demulcent drinks  
30 gutts of Laud & agill of spirits acts like a charm. the Liver  
Spleen, Lungs &c. I shall say nothing of having spoken of them un-  
der the heads of the hepatic, pleuritic, splenic &c. states of fever

## In the heart & Bloodvessels

The heart is subject to spasm, palpitation, polypii &c. These two first  
are in the reach of medicine only. Spasm may be known by a  
slow pulse & is cured by V. Palpitation by small & frequent  
V. purges low diet &c. The arteries are subject to ossification  
aneurism & polypii, the veins to varicose which is commonly in  
the legs.

## In the Nerves & Brain.

I have called the excess of sensibility supersensation & the excess  
of sensibility & irritability constitutes mobility. Torpor is the ab-  
sence of both, Morbid sensibility is sometimes confined only to  
the sense of touch, but sometimes extends to the senses of seeing  
hearing tasting & smelling. Case of a Lady that was cured by a  
salivation, the excess of sensibility, I mentioned when on fevers  
was a favourable prognosis. For the chronic state of this ex-  
cess of sensibility, gentle friction cold air, salivation exercise  
& V. if it arises from a wounded nerve destroy it with the  
knife or caustic. — — —



Morbid excess of sensibility discovers itself by sudden starting  
 in sleep & convulsions from the least touch &c. I once attend-  
 ed a Lady who was convulsed by feeling her pulse, she  
 was cured by 1/2 of salivation. In this irritable state of the  
 system there is generally little sensibility. I have known it  
 to be removed by rheumatism, this suggests the idea of giving  
 pain to relieve it. Mobility is seen in hysteria Epilepsy &c.  
 Van Swieten's bandage should not be neglected neglect-  
 ed & also cold, bath & exercise. Sopor is produced by  
 heat cold & narcotics the Remedies are to be accommoda-  
 ted to the cause, if from heat cold is proper & vice versa  
 Sopor appears by the languid motion of the muscles  
 coldness of the skin &c. & for the acute form of purges  
 & low diet & for the chronic hot bath & a salivation  
 Exercise, defect of sensibility & irritability appears  
 in the typhus state of fever & hence patients often burn  
 their feet &c. without being sensible of it. It appears  
 chiefly in atonic madness & fatuity. The remedies  
 are the same as for those diseases viz hot & cold  
 Bath mucous pills &c. —————  
 we come next to speak of an important part of  
 Practice of Medicine viz. —————



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# In the senses & first in Eyes. —

## Squinting. —

This is owing to a weakness of one or more of the muscles of one or both eyes

The remedies are placing the child before a looking glass, & making it view both of its eyes reflected, from this, this should be done at least twice a day

2<sup>d</sup> viewing small objects 3<sup>d</sup> spectacles confined over the eye so as to direct the pupil in a proper direction 4<sup>th</sup> gentle stimulating applications

5 avoiding to view objects sideways or upwards, There is sometimes a defect at the ordinary distance at wh objects are viewed, those who have it are called Myopes, those with it see better in the dark than others

It depends upon to great a convexity of the chryptaline lens, a depending situation of the head favours it. The remedy is concave glasses, suited

ed to the convexity of the lens, There is another preternatural defect of vision called Presbyto, who move the objects from them when they wish

to see well, It is owing to a great flatness of the chryptaline lens

It is the first symptom of declining age & vision. The remedy is convex glasses suited to the flatness of the lens; —

## Gutta Serena. —

This is either partial or general & arises from a compression of the optic nerve & palsy of the retina, Hallooing, coughing intense light

Apoplexy &c will produce, the remedies are by supping purges low diet, seton in the neck, errhines electricity salivation &c



the steam of hot coffee & spirits of wine have been recommended. Sometimes it appears to be in one eye for a considerable time without the patient knowing it. It may be however known by the patient not able to thread a needle, or snuff a candle as he ought. when recent it is easily cured. I will now give a few directions about preserving the eyes 1<sup>st</sup> avoid reading by too much light, or having it on one side, or in front, it should proceed from behind the back & over the shoulders 2<sup>d</sup> avoid a glare of light, there are many cases of blindness from the above causes, houses have often their eyes injured by coming out of a dark stable into the sun 3<sup>d</sup> avoid reading too small print or the same print a length of time, thus you have seen the pupils of the eyes recoil at a long confinement to one object. the same as the leg by long standing on it. the most easy posture at first will become painful after a long continuance 4<sup>th</sup> avoid pressure on the eyes 5<sup>th</sup> use spectacles as soon as the <sup>sight</sup> eye begins to fail, let not the eye be placed so that it will be long in one position to view objects & that the muscles may not be strained, looking up as when reading in bed & down as when by the fire is very unadvisable, because it strains the muscles the next come to deafness.



**Deafness.** — This brings on languor low spirits & sometimes impairs the mental faculties & intellectual faculties, This languor sometimes diffuses itself over the whole countenance, & causes are general & local, the general causes act on the whole system as 1<sup>st</sup> cold in the head after head 2<sup>d</sup> catarrh obstructs the Eustachian tube 3<sup>d</sup> repelled eruptions as old sores, 4<sup>th</sup> stoppage of the usual evacuations 5<sup>th</sup> certain diseases of the stomach & bowels as costiveness 6<sup>th</sup> Intoxication & a salivation, The local causes are large quantities of wax in the ears than natural, tumours obstructing the meatus Auditorius, swelling of the parotid glands, relaxation of the drum of the ear, deafness is not uniformly from this last cause, palsy of the auditory nerve hence in old age we die of an universal palsy, the palsy shews itself 1<sup>st</sup> in the eyes, then in the sphincter of the bladder, the alimentary canal, by costiveness, then in the ears &c till at length the whole body is affected, certain extraneous matter getting or falling into the ears &c till at length insects, foet stones &c preternatural dryness of the parts about the ear, the remedies are to be accommodated to the causes & first of general causes when from general inflammation attended with general fever, vertigo head ache, congestion &c by purges, low diet blisters & oxhides are proper, when from repelled eruptions restore them, or substitute blisters &c when from diseases of the stomach & bowels the remedies



for them must be used, when from catarrh obstructions of the  
 Eustachian tube, snuff, a solution of sal ammoniac & of when  
 from obstructed menses, restore if possible or supply their place  
 by of when from continued laxatives & a from Insulation  
 the remedies to suit that are proper, when from a salivation the  
 remedies used to check it, or carry it off are proper, when from  
 local causes accommodate the prescription according to the na-  
 ture of the local substances, an infusion of oak galls & bark to  
 be injected in the ear are proper, when wax is the cause wash it  
 out with milk & water or extract it with the forceps, when from  
 a relaxed state of the parts or drum of the ear, tonics stimulating  
 injections, a solution of sal ammoniac on a loud noise, when  
 from tumours, excision & dissection ointment & when from an  
 affection of the parotid gland the same, holding down the  
 head pressing the jugular veins might probably be of service  
 a rupture in the ear is incurable, by art; when from palsy  
 Oil of amber tinct Cantharides, common salt electricity &  
 Cold Bath, a salivation has cured deafness when it arose  
 from Palsy. I have found the common salt to be the best thing that  
 I have, I always advise it from Palsy & wax a little to be thrown into the  
 ear & a piece of cotton at night & washed out next morning.  
 when from fruit stones attraction spirit of wine, & amber when from dryness com-







a morbid sensibility of the taste by the sameness of food. It is sometimes hereditary. It is cured by resolution. There is sometimes a bitter sweet saline taste mostly & acrid taste, in the mouth & proceeds from the stomach, in which case vomits & blisters &c. are proper. If from the salivary glands use detergent or astringent mouth waters. —

**Touch.** Insensibility to heat & cold takes place in disease. It will be removed when you remove the disease itself, touch is sometimes very acute in fevers particularly to heat & cold as in consumption. The remedy for it is resolution. To prevent the effects of the solar light & heat the dress of a white turban is used in Turkey a high crowned hat with a white turban is proper to keep off the heat of the sun. Never stand in the sun, drink as little as possible in the forenoon, never drink very cold water, water moderately warm quenches thirst best, heat may be lessened in a house by letting down the window shutters & excluding the light, the fewer windows in an house the cooler it is, sleeping on a mat-trap instead of a bed in summer, when a disease takes place from the heat of the sun. If for indirect debility & warm bath, but take care that the system is not below the point of reaction, also the pediluvium & warm bath, the former stimulates & creates a new action. Cold air, we may defend ourselves from by stimulants to the nose feet & mouth, to prevent its morbid effects a full meal



fermented & distilled liquors, but above all a draught of strong coffee taken just before going out, protecting feet & when riding to have wool put round the stirrup. Irons, shoes or boots allowing most motion to the feet are best, washing the feet in cold water every morning winter & summer serves very well to defend them from cold protecting the hands with gloves the ears with caps of wool & the whole body with thick clothes, avoid sitting by the fire in weather not very cold. when a part is frostbitten, it should be first put in cold water & brought by degrees to animal heat, the cold water is warm compared to the diseased part. Feet applied to the breast & then covered with something to protect their breathe, swallowing tobacco juice has saved life from cold. I once heard of a young man that was thrown from his horse, & swallowed some of the tobacco juice, while he lay on the ground insensible he was found in a profuse sweat & was roused to a healthy enjoyment of his natural warmth & got perfectly well. —

**FAMINE.** symptoms. a diminished exertion by stool, cold feet moral faculty deranged, loss of perception delirium, fever, absence of appetite death. Children & old people suffer more readily from hunger & thirst. desire to live has great influence in preserving it. Life will be longer preserved when water can be had, lasts by obviating asphyxiation.



Remedies are taking small quantities of water cold & warm, chewing tobacco, calcareous earths, strong smell oils, Gum arabic, sugar, these have preserved life a long time. Bathing the body in salt & fresh water, tying a tight belt round the abdomen.

*Thirst.* the remedies are taking water only, taking warm water, chewing tobacco & bullets.

*Diseases of the Organs of generation of both sexes & first of the males.*

*Impotence.* This is congenial from malconformation, acquired by intemperance in venery Gonorrhea, hypochondriasis, or a belief of impotence. The remedies for it when acquired by intemperance in venery Gonorrhea are tonic diet & drinks & cold to the perineum, when from hypochondriasis or a belief or a belief of impotence, the remedies are the same as for hypochondriasis.

*A Stellicidium.* of the liquor of the prostate gland or the injection of seminal fluid when asleep, the remedies are a loose diet, preventing the rectum from pressing upon the vesicula seminalis, chalybeates & local cold.

*Seminal weakness.* This is brought on in young men by an excess in onanism, a young man told me with tears in his eyes that he was obliged to lie his penis down every night to prevent his committing this sin, I refer you to Dr. Ferri's book, It is brought on in boarding schools were a



number of Boys are huddled together, It brings on many diseases, It is to be prevented by making them sleep alone, & by keeping them out of bad company &c. **Nocturnal Emissions.**

The remedy for which are preserving a lax state of the bowels, a vegetable diet, lying on the side altogether, wearing tight drawers so as to prevent an erection of the penis, Opium this acts by inducing sleep, as to prevent dreaming without which I believe there can be no emission, local cold bath, tinct Cantharides, salivation, matrimony the genital organs acquire strength by their natural use, ligatures around the penis before going to bed, to all these religious books & good company & lascivious ideas avoided, secondly of the diseases of the Females. **Puror Uterinus.** This is known

by a flushing of the face, turgescence in the vagina & lascivious looks words & actions &c. it sometimes induces mania, the remedies are by purging low diet & removing the patient not only from the company but the sight of man & from every thing that would tend to produce lascivious Ideas, If you can make her ashamed you will do much to affect a cure.

**Barrenness.** It causes are general & local, This is caused by general weakness, flour albus, hysteria, cancerous & schirous ovaria & uterus, intemperance in venery, a distended rectum &c. I believe may likewise to produce it. an excessive desire to



to bear children is the cause that many do not have them. Women bear children under influence of the most dangerous diseases, as Consumption flower albus Epilepsy mania &c. the remedies when it arises from general debility are tonics exercise, sea bathing cheerful company introducing a pod of pepper into the vagina. The remedies when it arises from organic affections are to remove them, when from flower albus the same as for that disease, when from an excess of sensibility a fit of severe sickness, when from obstructions travelling & a change of climate, conjugal affection after a long absence? — Of the diseases peculiar to women

Children Negroes Gold age & spirit of —  
Women. They are subject to all the diseases of men & have besides some peculiar to themselves, from the laxity of their fibres & from menses, leucorrhoea, parturition &c. here if we pay particular attention to the pulse & prescribe by accordingly & give tonics now & then according to the state of the system, we should often prevent Epilepsy, Palsy, achinia cancer & death, as in suppression of menses no remedy should be prescribed without attention to the pulse, so in cessation, we prevent these diseases, the absence of menses also the obstruction & retention of them were they general or local diseases, If fever or tense pulse attends &c. If great debility, tonics, as rust of Iron with



Elem Pulgii aromatics as Cloves, mace ginger &c.

Leucorrhoea. — It is a thin whitish mucus discharge from the vagina, its colour however varies, It is sometimes so acrid as to excoriate & inflame the pudenda. It is a corrupe of the vagina. I have seen it in robust Virgins when it's a general disease but it is more common in weak habits, where there is generally an obstruction of the Liver. It is sometimes mixed with the menses & supplies their place. The remedies are general & local are injections &c. R sacch sat Si Corros sublim 1 gr aqua Zeriij is an useful injections, the general remedies, are Bark wine, sweet pitt wine &c. a chronic use of mercury. It is sometimes a fatal disease & the patient dies with the symptoms of Pneumonicula. This is a distressing disease as it prevents child birth & sometime proves fatal from the excess of the discharge. It may be called a uterine consumption & should be treated like that disease or a proternatural secretion of menses from the trachea. It is distinguished from Gonorrhoea by its ceasing during pregnancy.

Pregnancy. This is disease I infer from many causes, it is proven, by the signs being the same as those of other parts of the body. are parts inflamed disposed to bleed - chia  
Yes, so does the uterus in a state of pregnancy, hence the, Co-



which are nothing but a bleeding performed by nature. Does Inflam-  
 -mation produce schirre abscess, cancer in other places? so it does here,  
 that the menues are a secretion & exude from their not coagu-  
 -lating. Does Inflammation produce a tense pulse? so does Pregnancy.  
 Does Inflammation produce chilliness & icy blood &c? so does  
 pregnancy? let us next attend to the membranes from Inflamma-  
 -tion of other parts? so they do here. Dr Hunter found the mem-  
 -brane decidua, to be just like the membrane of the trachea in  
 Rhyanche trachealis. Does Inflammation produce icky blood? so  
 it does here invariably. Does sickness of the stomach. nausea &c  
 attend all kinds of morbid action? so it does here. Breeding  
 sickness, this is to prevent Plethora & disease & abortion by taking away  
 the appetite. There is too much morbid excitability, transferred to the  
 uterus: if this breeding sickness is absent. It generally begins on the 3  
 4. 5 & 6 weeks after conception, It is relieved of Opium, lime juice  
 Opium chewing ginger bread biscuit &c I have known Opium to give  
 instant relief, but alone all fresh air & exercise, lying in bed.  
 Tooth ache is frequently a symptom, it is said to dispose or pro-  
 -duce abortion, but this is not a fact; It should be drawn  
 if this be objected too, a blister behind the ear & land should  
 be given. A diet of vegetables & taking magnesia or some  
 laxative medicine whenever they a course.



**Costiveness.** This is rather a sign of Pregnancy & is relieved by Magnesia &c. Involuntary flow of urine sometimes takes place, I have known it in one case to be the first sign of Pregnancy. The remedies are all those mentioned or formerly recommended for that disease with the addition of bandages around the abdomen to depress the uterus & keep it off the stomach.

**Cough.** The remedies are the same as above; Lauder's, the remedies as formerly mentioned.

## Menorrhagia

This sometimes occurs in Pregnancy & even regularly every month. If the blood comes from the vagina, no danger need be apprehended, unless the quantity be greater than usual. The remedies are the same as formerly mentioned.

**Convulsions.** I used to think these were always fatal in pregnancy, but I do not think so now, & has convinced me of the contrary, it should be used very copiously, I have drawn 500 grs. Mr. H. drew 100. During pregnancy great care should be taken to avoid pressure on the breasts & nipples, & diseases of these, are frequently induced in this way, The nipples before parturition, should be frequently out in order to stretch them & prepare them to pour out the fluids when called for. It has been a disputed question whether they should be used during Pregnancy, but we might as well



dispute the propriety of it in Malignant fevers. During pregnancy the remedies are by purges & low diet. By not only lessens the pain of child bearing, but shortens the process, prevents swelled legs sore breasts &c. gentle exercise is proper. In the months in which abortion is feared, by should be used, after abortion exercise change of place &c. The disease of parturition is much more acute than that of Pregnancy: before parturition small & frequent by, during labour, if the parts be full & tense, or if violent convulsions supervene, or if the parts dilate with great difficulty, by is a most invaluable remedy, by prevents Febrile fever &c. — after parturition rest silence & few visitors as possible. D.<sup>r</sup> Wisc. of Paris has lately recommended purging immediately after parturition. The diseases after parturition are sore lips, deficiency of the menses, sore breasts & nipples, these sometimes occur from cold & fevers, the remedies are by gentle stimulating poultices of Bread & milk &c. washing them with brandy, milk & water &c. if these fail the lie poultice should be used it is as follows  
 Take here 1/2 pint, lie a gill, bread a sufficient quantity to make a Poultice. As little hog's lard, the child should be put to the nipples as soon as possible, swelled legs are relieved, by by purging low diet &c. I have known them to terminate in gangrene, also with & water, peruvian Balm cold water & the belly should be bound up 6 or eight weeks after delivery to prevent flaccidity.



Milk Fever. this yields to lenient purges, deturging drinks &c.

**Purpural Fever.** This is a rare disease in this City in consequence of the depletions during Pregnancy. It comes on at different times sometimes 6 weeks before delivery. it generally begins with cold feet dry skin & then moist tongue at first white & moist then brown & dry, cold back topper in the extremities, the pulse varies, sometimes Typhoid, typhus, synocha & in short all kinds of pulses, a sense of uneasiness in the belly & side, pain sometimes extends to the short ribs & scapula, also the bladder & rectum, face sorrowful, sighing tremors subultus, tendinous, delirium, sometimes so weak as not to be able to turn in bed, cough nausea, vomiting diarrhoea, costiveness, green yellow & black stools very foetid & passed involuntary. lochia sometimes suppressed, the milk is small or unusually great in quantity, milkeny spots on the joints &c. all these & many more are noticed by authors, its duration is from 24 hours to 3-10-15<sup>th</sup> & sometimes to the 22<sup>d</sup> day, when it assumes the typhoid state, the pulse sometimes slow, great difficulty of breathing & sometimes abscess attended on the legs, dissection shows Inflammation or mortification in the omentum, uterus ovaria, intestines liver & spleen. Its causes are but two. 1<sup>st</sup> acid matters in the uterus & intestines aided by hot & confined air. 2<sup>d</sup> an Inflammatory constitution of the atmosphere, hence it has been thought to be an Epidemic, Gordon remarked that every woman that was



delivered had this fever & supposed it was an Epidemic. It often  
 terminates like a malignant fever & sometimes runs to a typhus.  
 the remedies are of if the pulse be tense or full or when weak or  
 depressed in the beginning of it especially if an Inflammatory ac-  
 tion be present at the time. I have used it for these 30 years past  
 Gordon says he found small bleedings very improper but large  
 ones very good, he says the indications for if were more urgent  
 than in Pneumonia, gentle laxatives, which should be regulated  
 by the pulse & they should be given to create diarrhoea & pre-  
 vent constipation, Dr. Dulcet, used emetics, they are most proper  
 when bilious & intermitting fevers are present, or when accompa-  
 nied with nausea & vomiting. It has been disputed whether Opium  
 be proper or not, but it is both improper & proper ac-  
 cording to the state of the system & pulse. It is generally very proper  
 about the 6 or 7<sup>th</sup> day, when there is an excessive diarrhoea -  
 the dispute about baths & blisters may be settled in the same way  
 here the state of the system & pulse should regulate their use -  
 Fomentations to the belly, volatile liniment, fresh air & Exercise  
 In dangerous cases, Salivation, the sooner the disease comes on  
 after parturition the better. Prognosis, Constipation, cold sweats  
 are unfavourable, a constant flux or retention of the lochia is  
 unfavourable, a moist & lax skin & sweats & unfavourable  
 vomiting dark coloured matter is unfavourable, Absence  
 of milk & profuse sweats unfavourable, when Petechiae



appear, great danger is to be apprehended, the weaker the pulse the greater the danger.

## Diseases peculiar to Children

Children sometimes die immediately after birth by suffocation in the liquor amni, when they cannot be relieved by other remedies sometimes blowing into the mouth revives them. If from trismus nas centrinum which is brought on first by a retention of the meconium 2<sup>d</sup> by cutting the umbilical cord with dull instruments, 3<sup>d</sup> from a hot or smoky room. To prevent it from the first cause purges are proper, from the 1<sup>st</sup> spirit's turpentine to the umbilicus & from the last an airy room. They are sometimes tongue tied, here the ligament under the tongue should be cut with a pair of round edged scissors. This should be deferred until the child is a month old or any time between that & the 3<sup>d</sup> month.

Imperforated Pore for this there is no remedy.

Red Gums. Here there are eruptions & red spots on the skin, it is not dangerous Spina Bifida. This I have generally found fatal but saunter is said to have cured it.

Aptho. This is a fever from the action of air Galiment upon the Bodies of Children soon after Birth, it is more fatal at N. York than at Phil<sup>a</sup>. Suppose the sea air makes the difference, gentle purges, washing the mouth with Molasses & water is good. Milk is sometimes found in the breasts of Children for which discentient plaisters are proper.



One should peremptorily forbid their being squeezed, I have seen tumours formed by these means w<sup>h</sup> required extirpation.

**Belly Ache.** For this magesia the alkaline salt &c. &c. should be given & the animal regimen pursued. It has been proposed to obviate the belly ache and other diseases of the alimentary canal of children, by keeping them from the breast, but this is founded on improper observation & wrong inferences, such children that are brought up exempted from the mother are more subject to acute diseases & seldom live long.

**Costiveness,** here syrup P<sup>h</sup>e<sup>i</sup>, corn meal pap &c. should be given.

**Deutition.** Diarrhoea, gonorrhoea & convulsions sometimes attends this. The remedies are Op<sup>u</sup> purges cool air and Gentling the gums.  
**Cutaneous Eruptions.** These cure should be succeeded by purges & sores behind the ears should not be healed without a substitute for them or purging afterwards.

**Warts.** On the side or tip of the tongue sometimes occur the remedy is excision scissors, sometimes there is an inability to make water from the prepuce being confined upon the glans penis, the remedy is circumcision, sometimes boys have a paraphymosis from playing too much with that organ, the remedies are cold water, & a gentle pressure, lead water, gentle scarifications &c.

**Prolapsus Ani.** The way to reduce that, is to wrap a cloth round the finger, push up the gut to its proper place & retain it there, with astringent applications, Children are sometimes with risings on their heads, by



Bruises, in coming into the world, or from falls. It has been said to be owing to the bones, but it is an enlargement of the cartilages only & will go off of themselves, when pins they should be extracted, By walking or attempting to walk, children often fall & bruise their heads, a fall upon the head should always be attended, there is less danger when blackness, a wound &c attend it, The remedies are of purges & low diet, they should be permitted to creep before they walk & by that way acquire the use of their hands, after 3 or 4 years there is less danger to be apprehended from falls, as the bones become much firmer, Injuries to the limbs are seldom dangerous, except the hip joint, they should be treated by of purges &c all stimulating applications are hurtful, It is remarkable how seldom the die from cherry stones &c which they thrust up the different cavities of the body, they should be extracted.

**Cholera Infantum.** the remedies, are of purging  
Emetics Opium &c. — vide my Inquiries.

**Tales Infantiles** The symptoms of this are paleness, restlessness, vomiting of milk, henty inordinate appetite, partial digestion bright sweats, finally the hypocrates countenance, Remedies are Bark wine, animal food, cold Bath Country air & Exercise.



*Erysipelas Infantilis*. This is one of the diseases of children & is mentioned only by Underwood. It sometimes passes suddenly from one part of the body to another. It generally affects the lips, thighs, legs, legs &c. It is often fatal. The remedies are of purges & antiphlogistics or Tonics according to the state of the system. I have seen a case cured by Tonics only. In all diseases of children at the breast great attention should be paid to the diet of the nurse or Mother who suckles the child. if the disease be of great morbid excitement, the mother or nurse should be kept upon a low diet, when there is weak morbid action the diet must be nourishing.

**WORMS.**— The worms that infect the human body are the *Lumbrici* or round worm, the *tenia* or tape worm & the *ascides*. the round worm exists necessarily in the bowels of children, in order to take off the excess of aliment they are apt to take in. They are only hurtful when excessive in number or when they get into improper places. They then produce many diseases, as Apoplexy, Epilepsy, Hydrocephalus internus, coma, convulsions, griping, attempts to swallow in sleep, difficulty of swallowing, dry cough & sudden starting in sleep, cardalgia, vomiting, frothy expectoration, colic, constipation, singultus, subitaneous tenditum, slimy stools, night sweats, pain in the belly & lying upon it, pushing the nose, slow or intermitting pulse, atrophy, sour breath, inordinate appearances of chyle in the urine, a sudden rising or subsiding in the abdomen. This is owing to the Liver being distended & oppressed with blood & chyle



As soon as the Liver has performed its duty & relieved itself into the  
intestines, the tumor subsides, a swelling of the albugani & upper lip.  
But all these symptoms are liable to lead us astray, I know but one  
that can be depended upon and that is a discharge of them, but even this  
is not a sign of their being a cause of disease, It is not always to be de-  
pended upon, as we see them discharged in measles and small pox &c.  
A sudden swelling & subsiding of the abdomen & shyle in the urine  
are symptoms that will strike your attention, they are more com-  
mon in Girls than in Boys in the ratio of 3 to 1, In fevers worms are  
puerent, The remedies for the round worm are chemical & mechan-  
ical the mechanical are purges, powder of tin steel, cowage & common sand  
the chemical are fruit of the vegetable kind, as sugar mallowes, sweet  
foxts, pink root, cabbage tree of Jamaica & any thing sweet. &c. of  
the saline kind as common salt in true in the form of Gunpowder  
arsenic, calomel, Tin and all the preparations of Iron, these two  
last act Chemically as well as mechanically, I generally prescribe  
the rust of Iron & common salt of each 10 or 20 grs every morning & if there  
is no worms the prescription is not lost for it strengthens the sto-  
-mach & is excellent in Chronic diseases supposed from worms,  
fasting & taking a pint of cold water in the morning & then taking  
a purge of calomel & oil of has discharged them, In acute disca-  
-ses supposed to be from worms Calomel & Jalap are the



Best remedies, I have found sugar given to children always to prevent worm diseases. Nature seems to have implanted in children an appetite for these things on purpose to prevent worms, there are salt sugar Gripe fruit, It is worthy of notice that children are less subject to worms than formerly. Cholera Infantum was once thought to be the effects of worms, but however improper this may be, their effects should not be overlooked in examining the causes of disease. I have only to add that worms may exist & be not discharged by stool & that the diseases or effects they produce may exist from habit after they have been expelled.

*Ascarides* or tape worm. This is seldom the cause of disease & is very rare in this country. I have only had 4 cases in the 15<sup>th</sup> a Girl of 14 there were no apparent symptoms of disease. She should be immediately expelled & for this purpose we should use the most powerful of the mechanical remedies, the powder of the root of fern, of tin & the rust of Iron are the best, Case of a Man who had discharged some 200 feet of worm before I saw him, I ordered him rust of Iron which discharged some feet immediately after taking it. Dr. Physick knows a family in wh. it is hereditary.

*The Ascarides*. are seated chiefly in the rectum & are to be expelled by clysters of tobacco, salt & water &c. attention must be paid to the diet of the mother or nurse. Pure air, cleanliness, port wine, exercise, cold bath &c. is very good to prevent the summer complaint of children. But this is not the case! their diseases are more



early known & much more simple & easily cured than those of adults  
 1<sup>st</sup> these diseases are fewer in number 2<sup>nd</sup> The associated actions in children are less discovered, hence medicines act more promptly on them  
 3<sup>rd</sup> Nature operates with medicines more in children in relieving them, than in adults 4<sup>th</sup> The Premonitory symptoms are more perceptible in children, which are observed in their unusual crying, fretfulness, languor at times, &c. 1<sup>st</sup> Because they are not so complicated, their constitutions not being broken down by long continued excess of intemperance 2<sup>d</sup> They have less mind about them & do not feel the dread of death 3<sup>d</sup> they are more unequivocally made known to us by their pulse, cries & countenances. All the symptoms are less dimitted in children than in adults, hence blisters to the feet of children in diseases of the brain relieve more quickly than in adults.

## Diseases peculiar to Negroes

first of Yaws! This is an African disease see the 6 vol of the Edinburgh disp Miscell. the sores appear in one month after the disease is perceived, In weak habits it is attended with tumours, It is propagated by contact and rarely affects whites. The remedies are 1<sup>st</sup> mild vegetable & animal diet 2<sup>d</sup> Warm bath, this is said to have been used with great success, 3<sup>d</sup> Mercury is an alterna-



live, when the disease has got to its greatest height, 11<sup>th</sup> Strong  
 sudorifics. 5<sup>th</sup> a Physician in the West Indies says, that  
 inoculation for the small pox will cure it, when there fail  
 plentiful it should be used & volatile tinct of Gum guaiac,  
 when the disease is nearly subdued.

## Sores on the soles of the feet.

These should be treated as Ulcers in other parts of the body,  
 by escharotics &c. Case of a boy being cured by scrubbing  
 in a stream of water, It is most common when they go into  
 slavery. It is said to be contagious like the taking of snuff  
 in a family. Chlorotic girls have the same disease. the  
 diet is a cordial or stimulus, the remedies are the same  
 as for hypochondriasis, but it is rarely cured. An ap-  
 petite for human flesh sometimes occurs in Negroes of  
 the West Indies. It is also a symptom of hypochondri-  
 asis & is induced by a torpor of the stomach.

Wet fall. Negroes are much less subject to bi-  
 lious complaints than the whites, this is owing to their  
 not taking so much animal food & their living in smo-  
 ky cabins, thereby drawing away the dampness &c.  
 which are common in their masters houses, all fevers  
 except the bilious are harder to cure in the Blacks  
 than in the whites.

## Diseases of Old Age.



# DISEASES of Old Age. —

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They come on first with pains & weakness in the knees & limbs & an inability to walk, pains in the bones & joints, especially the hip joint, making the Rheumatiz of Cullen. Catarrhus semilabris involuntary flow of tears, increased secretion of mucus in the nose, continence, inability to retain urine, dysuria from gravel, piles, colic, deafness imperfect vision & ereptures. It is remarkable that most of the diseases of old people are seated below the heart, this is owing to a weakness in the heart not being able to send the blood so forcibly, to the upper part of the body. The remedies are 1<sup>st</sup> heat, this begins & supports life & is the best preservation of old age, It is obtained by moving to a warm climate, The heat of the tropical sun, when moving is irresistible, may be supplied by the warm bath, stove rooms, warm clothing, Old people die in bed from the want of warm clothing? a bed fellow to supply the natural heat in them. A generous diet & drink, the diet should be stimulating in proportion to the diminution of the excitement in the system, They should be allowed to eat between meals & good wine given them, Young company, Old people should spend as little time together as possible, The cough & rheumatism should be relieved, sometimes



there is Pneumonia Notha, for which *Op* is proper. Indeed *Op* is much more proper for old people than is commonly imagined, it smoothes the descent down the hill of life; when we consider the appetite of old people, the quality of food taken in *Op* their sedentary life we cannot deny that acute diseases often occur & that *Op* is often necessary. I led an old woman of 84 twice for Bleeding. Venereal pleasures as they debilitate the system should be very sparingly indulged at the age of 80. Continence should be obviated by a regular attendance at the necessary every morning, the stimulus of food afterwards in the stomach makes a counter action to that of the focus in the intestines & destroys the inclination to stool. Deafness should be removed by the means formerly mentioned for that disease & the loss of sight by the use of spectacles. Respect should be had to clean & fine clothes to make up for beauty. Few people die of old age, some one of the diseases already mentioned, clips the last fine spun thread of life. Death in an old age is brought on by a want of excitability in the moving fibres, this death is without pain.

### Means of lessening the pains of death

In diseases wh<sup>ch</sup> have resisted the powers of medicine. since we cannot prevent premature death in this it becomes more Physicians to make it as easy as we can, Physicians acquire more reputation & grateful returns are made to them who ease the transit out of life than in curing the most violent diseases.



Pain is often the constant attendant of death & we must endeavour as far as we can to moderate its force or remove it altogether. Before entering on the means by which this is to be done, it is proper to settle a question started by Lord Bacon. viz. "In diseases which seemed certainly to be Mortal whether it was lawful & proper for a Physician to give such medicines as would soon kill in order to remove the sufferer from his pain" — But to this I answer by no means, the idea is not only contradictory but is the offspring of unsound Philosophy. I object to it for the following reasons, We do not know what diseases are utterly incurable, there was a time when the venereal disease Cancer, Hydrocephalus Internus was thought to be incurable. 1<sup>st</sup> disease does not extinguish the desire of Life; patients are willing to suffer any pain & submit to any operation, when death & they are the only two alternatives we are ignorant of the line which separates life from death. For these reasons I entreat never give medicines for pain when removing it removes the patient also, nor never despair of life as long as there is any remaining. But there are cases of death where no pain attends 1<sup>st</sup> In diseases of the head, when the brain is prostrated, as in apoplexy Epilepsy &c. The pain which attends parturition was suspended by downy sleep & Epilepsy. The fever which Opium produces with other narcotics, kills without producing any degree of pain, 2<sup>d</sup> in diseases in which the mind is unpaired as in Yellow Fever &c.



3<sup>d</sup>. When all the excitement & excitability is suspended. 4<sup>th</sup> From cold & lastly in death proceeding from old age when sensibility & excitability are exhausted. The causes of pain in the dying hours are of two kinds, viz two high or two low morbid excitement, when it is too high the remedies are 1<sup>st</sup> abstinence, this acts like 1<sup>st</sup> in lessening sensibility, Case of a person fasting 3 days to lessen the pain of his execution. Here there is no excitability left for stimulants to act on or the new unpleasurable sensations overcome the painful unpleasurable, 3<sup>th</sup> there are not proper in diseases of pain relating to the stomach, brain & lungs. In weak or deficient morbid excitement the remedies are 1<sup>st</sup> cordials & tonics of all kinds 2<sup>d</sup> the appetite for food which occurs sometimes just before death should be indulged. The pleasures which the food imparts to the organs of taste, here a weak and pleasurable sensations overcomes the most powerful disagreeable one viz. the disease & action of the stomach upon the food which is taken serves to direct excitement from other parts & take it to itself for the purpose of digestion. — But above all in this state of excitability Opium. — It promotes sleep & in the coma or delirium which so often attends, brings back departing reason at a time, when the use of it for an hour may be of great consequence to the patient 4<sup>th</sup> the warm bath especially in the last stage of chronic diseases, 5<sup>th</sup> Sweet oil rubbed upon



the body 6<sup>th</sup> lying on the back, I think, I once saw death brought on suddenly in a child by turning from her back to her side in bed. when she had strength & pulse enough to last her many hours. 7<sup>th</sup> drinks should be given in a lying posture. When the feet or other parts are cold in w<sup>h</sup> way death first appears, wrap them up in flannel, apply warm bricks, bladders or bottles filled with hot water &c. & dying people should not be deserted.

People die bravely, it has been said who die in company, but if they wish to be alone they should be indulged, Case of a Woman telling her daughter that she would not die while she was in the room, Music & news papers when religion will not be attended to should be tried to ease the mind. Hope in all cases should be held up to view. The opinion of the Physician if he thinks the patient incurable should be delivered only (if at all) to the friends of the patient & they if they think proper may communicate it to him! Nothing should be said by any one in his presence about burying him, until sometime after the signs of life had ceased. Reason of this life lingers longer on the ears after apparent death in the body. —

The comfortable Hopes of Christianity should be brought in to view & the visits of Clergymen recommended. Shave.



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them frequently the means of removing mental anguish & bodily pain. The influence of the doctrines & comforts of Christianity may be carried off from the declarations that martyrs have made "that they felt no pain while their bodies were hanging up in the flames of fire" the Materia Medica should be taken not only from the animal, vegetable & mineral kingdoms, but from the kingdom of heaven itself. It may be said in favour of all the above remedies, that they are equally proper in the treatment & cure of diseases, as in lessening the pains & horrors of a dying moment. The time will come, when instead of the practice formerly attended to, of neglecting patients, who are thought incurable, that we shall have hospitals erected for their reception. — Some Physicians you will see who will do nothing for patients in these situations, under a pretence of not tormenting them with Medicines. But this practice is foolish & inhuman, for while there is life, there is hope. —



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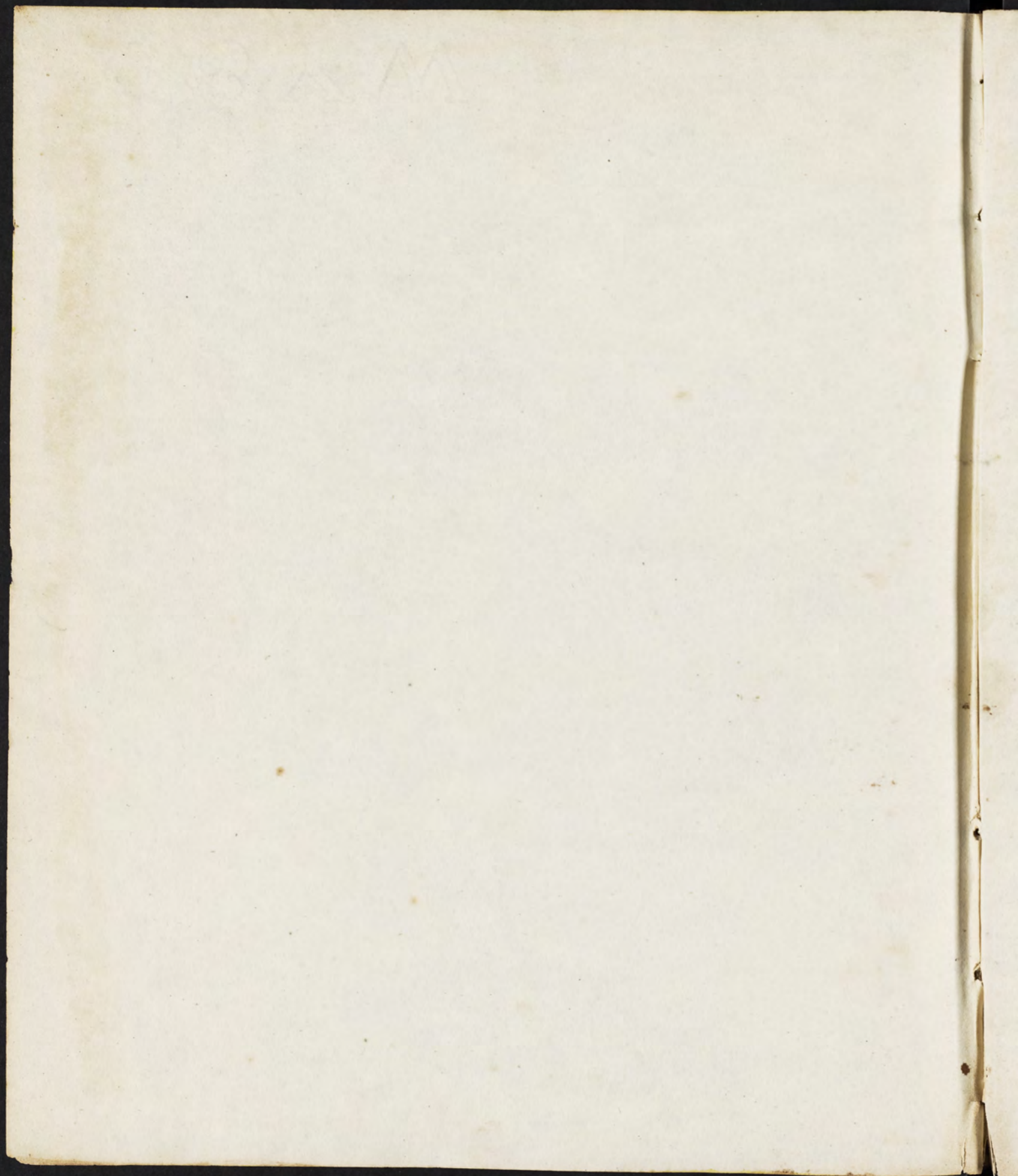
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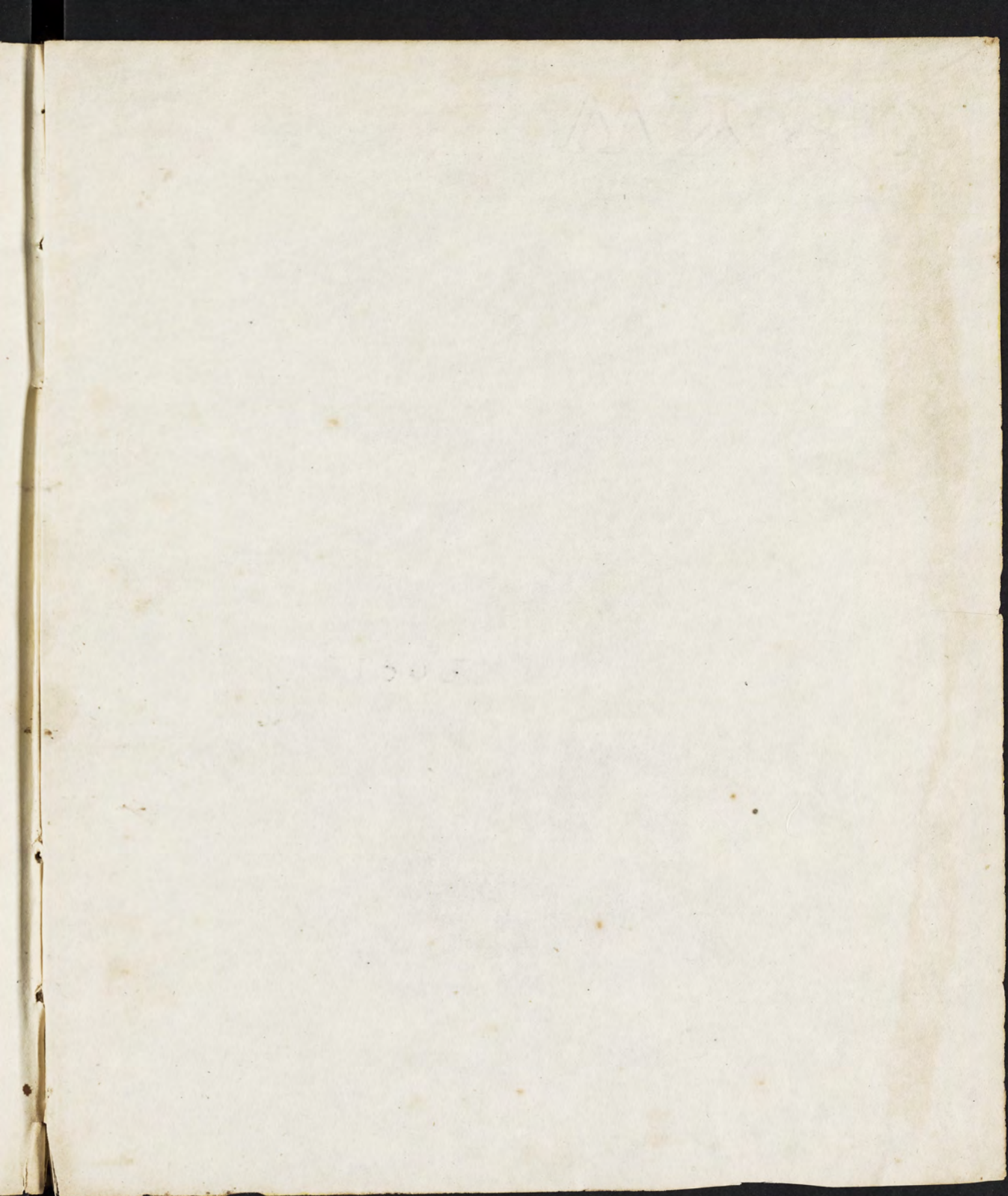
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